

Counseling Psychology (PSYC 321)

Summer 2013, Section A01

12:00 - 2:15 p.m. MTWR in Planetary Hall 212

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Office Hours: 2:30 - 4:30 Wednesdays

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Textbook: Pomerantz, Andrew M. (2013). *Clinical psychology* (3rd edition). Thousand Oaks, CA: Sage.

Welcome! This course will introduce you to the theory and practice of counseling. You will have the opportunity to practice intervention techniques through role-play exercises with your classmates. I expect you to attend class regularly and to complete all reading assignments before each class. I will use class time for lectures, discussions, videos, and class demonstrations of counseling techniques.

Requirements. Two Exams. Your exams are each worth 100 points (200 points total). The exams are 80% multiple choice (40 questions worth 2 points each) and 20% essay questions (4 questions worth from 4 to 6 points each) based on classroom activities and the textbook.

Two individual counseling video recorded role-plays. You will practice counseling techniques in two video recorded role-plays with classmates for approximately 5 to 10 minutes each. For each role-play, you need to also write a one-page progress note. The two role-plays and progress notes are each worth 25 points for a total of 50 points.

Missed Exams. You can make-up a missed exam if you have a note from a physician that you could not attend the exam. The professor will consider other reasons for missing an exam and will decide whether or not to allow the student to make-up the exam. Make-up exams may have a different format from the original exam.

Extra Credit. You can earn up to 6 points of extra credit that is added onto your point total for the class. There are three ways to earn these points. First, you can participate as a volunteer for three hours in psychology department research (2 points per hour). Alternatively, you can write a psychology journal article summary and critique (half summary and half critique) on a content area covered by your book that is three typed pages (2 points per page). Finally, you can write a summary and critique (half summary and half critique) about human service experiences you have engaged in (job or volunteer experience) that is three typed pages (2 points per page).

Honor Code: The Honor Code of George Mason University deals specifically with cheating and attempted cheating, plagiarism, lying, and stealing. Students should be familiar with the code and connected policies, set out at <http://catalog.gmu.edu/> This course will be conducted in accordance with those policies.

Technology. You will need to video record your role-plays. The Student Technology Assistance and Resource Center has equipment in Johnson Center Room 229 (phone 703-993-8990) that you can borrow.

Academic Accommodations. If you are a student with a disability and you need academic accommodations,

please see me and contact the Disability Resource Center (DRC) at 703-993-2474. All academic accommodations must be arranged through that office.

Official Communications via GMU E-mail: Mason uses electronic mail to provide official information to students. Examples include communications from course instructors, notices from the library, notices about academic standing, financial aid information, class materials, assignments, questions, and instructor feedback. Students are responsible for the content of university communication sent to their mason e-mail account, and are required to activate that account and check it regularly.

Grading. I will base your final grade on your point total as defined below.

A+ = 242 - 250 (97% or more) A = 232 - 241 (93 - 96%) A- = 225 - 231 (90 - 92%)
B+ = 217 - 224 (87 - 89%) B = 207 - 216 (83 - 86%) B- = 200 - 206 (80 - 82%)
C+ = 192 - 199 (77 - 79%) C = 182 - 191 (73 - 76%) C- = 175 - 181 (70 - 72%)
D = 150 - 174 (60 - 69%) F = 000 - 149 (below 60%).

Course Topics, Reading Assignments, and Exam Dates.

5/20 Ch. 1: Clinical Psychology: An introduction; pp. 3-25.

5/21 Ch. 4: Cultural Issues; pp. 71-98; Ch. 5: Ethical Issues; pp. 99-124.

5/22 Ch. 7: Diagnosis and Classification Issues; pp. 147-170.

5/23 Ch. 8: The Clinical Interview; pp. 171-197.

5/27 * No class, Memorial Day Holiday *

5/28 Ch. 9: Intellectual Assessment; pp. 198-222.

5/29 Ch. 10: Personality and Behavioral Assessment; pp. 223-252.

5/30 Ch. 11: General Issues in Psychotherapy; pp. 255-280 and *** ROLE-PLAY 1 due ***

6/3 *** EXAM 1 ***

6/4 Ch. 12: Psychodynamic Psychotherapy; pp. 281-308.

6/5 Ch. 13: Humanistic Psychotherapy; pp. 309-330.

6/6 Ch. 14: Behavioral Psychotherapy; pp. 331-359.

6/10 Ch. 15: Cognitive Psychotherapy; pp. 360-387.

6/11 Ch. 16: Group and Family Therapy; pp. 388-416.

6/12 Ch. 17: Clinical Child and Adolescent Psychology; pp. 419-447 and *** ROLE-PLAY 2 Due ***

6/13 Ch. 18: Health Psychology; pp. 448-472 and * EXTRA CREDIT due *

6/17 Ch. 19: Forensic Psychology; pp. 473-499.

6/18 Ch. 3: Current Controversies in Clinical Psychology; pp. 48-70.

6/19 No class, Reading day

6/20 *** EXAM 2 *** (1:30 - 4:15)