

Face Mask Sewing Pattern

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Craft Passion

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Before you start sewing, please pre-wash all fabrics before sewing, and wash it again prior to wearing it. In this tutorial, I used quilting weight cotton on both layers, which is good enough for basic filtration. Besides, I sewed some in cotton flannel as the lining too, the filtration is even better but not recommended for small kids as it might be a little difficult for them to breath through properly.

Materials

- Material:
- 1. Main Fabric (cotton), 12" x 6", prewash
- 2. Lining Fabric (cotton or flannel), 10" x 6", prewash
- 3. Round Cord Elastic Band 1/16" (you can buy from hair accessories section, or here), 16"
- Face Mask Sewing Pattern, download and print separately. Updated with Men's size.

Tools

- 1. Sewing essential
- 2. Sewing Machine or hand sew
- 3. Iron
- 4. Seamstress tracing wheel and paper

Instructions

1. Download and print out the Face Mask Sewing Pattern separately.
2. Pin to fabric, trace and cut out the fabric pieces.
3. Sew, clip curve along on the seam allowance, turn face mask right-side out. Topstitch.
4. Sew ears to the face mask. Insert elastic cord to the ear-pocket.

More Details on how to sew the Face Mask

Download and print out the [Face Mask Sewing Pattern](#) separately. Don't scale the printing, it is in letter size paper (8.5" x 11") so you should have no problem printing it in full scale. There is a 2" scale marking for you to check if you are printing it in the right size.

Cut out the pattern of your size. [Remark: It is a pdf document and will be open in a new tab or window, or asking you to download. Please make sure your computer has the supported software for it to open correctly. Unblock your computer "pop-up blocker" for this site if you have it enable.]

Fold the main fabric into halve with the wrong side facing each other, pin the paper pattern onto the double-layered fabric. Cut the fabric with 1/4" allowance, except the ear side. Cut the fabric at the ear side with 1" seam allowance.

Insert the tracing paper between the layer, trace sewing lines with tracing wheel.

Remove pins and paper pattern, get set to sew.

Repeat the same as the main fabric, except the ear side seam allowance. Cut the fabric at the ear side with zero seam allowance.

Turn the face mask main piece with right side facing each other, sew the centerline of the face mask.

Clip curve along with the seam allowance, be careful and don't accidentally clip on the stitches.

Press seam allowance to one side, topstitch near to the seam line on the side where the seam allowance is.

Repeat the sewing on the lining part.

Flip the lining and place onto the main face mask, align the center seam line, pin and sew the top and bottom lines.



Turn the face mask right side out. Press seam neatly and topstitch near the edge.

This is how it looks like from the inside at this stage. The main fabric of the side ear area is longer than the lining piece. This is going to be the pocket of the elastic band.

Fold in 1/4" at the raw edge of the side ear, fold again so that the first fold edge is 1/4" from the lining raw edge.

Sew a straight line down, don't forget to perform a few back stitches to lock the thread end.

Measure and cut the length of the elastic band needed (usually around 6"-8" depending on the size of the face).

Insert the elastic band through the pocket and tie a dead knot to the ends.

Repeat the same to the other side. Pull the elastic band until the knots are hidden in the pocket.

Wear and breathe normally!

UPDATE: A different way to wear the elastic band that will put less stress on the ears.

Instead of splitting the elastic band into 2, use the full length and insert through the pockets as shown in the picture, tie a knot and hide the knot in the pocket.

Wear the face mask with the elastic band sits at the back of the head.

No more stress on the ears with this method.













