# Athletic Training Program Course Sequence

**Freshman Fall**
- BIO 2011: Human Anatomy and Physiology I (4 cr)
- AHS 1060★: Intro to the Athletic Training Profession (2 cr)

**Freshman Spring**
- BIO 2012: Human Anatomy and Physiology II (4 cr)
- AHS 2160★: Anatomical Aspects of Sports Medicine (3 cr)
- PED 2160★: Emergency Care and Personal Safety (3 cr)

**Sophomore Fall**
- AHS 2151★: Eval/Mgmt of Injuries: Lower Extremity (3 cr)
- AHS 1010: Contemporary Health Issues (3 cr)
- AHS 2840★: Practicum in Athletic Training (2 cr)
- PHY 1051: General Physics I (4 cr)

**Sophomore Spring**
- AHS 2152★: Eval/Mgmt of Injuries: Upper Extremity (3 cr)
- AHS 3120: Kinesiology (3 cr)
- AHS 2510★: Therapeutic Interventions I (3 cr)
- PED 2120: Psychosocial Aspects of Physical Activity (3 cr)
- AHS 2821℗: Athletic Training Clinical 1 (2 cr)

**Junior Fall**
- AHS 3510★: Therapeutic Interventions II (3 cr)
- AHS 2170: Strength Training Principles (2 cr)
- AHS 3140★: Admin of AT and Sports Med Programs (3 cr)
- CHE 1041: General Chemistry I (4 cr)
- AHS 3822℗: Athletic Training Clinical 1 (2 cr)

**Junior Spring**
- AHS 3811★: Eval/Mgmt of Injuries: Head, Neck and Trunk (2 cr)
- AHS 3813★: Pharmacology/General Medical Conditions (2 cr)
- AHS 3150: Physiology of Exercise (4 cr)
- PED 4020★: Applied Nutrition and Weight Control (3 cr)
- AHS 3820℗: Athletic Training Clinical 2 (2 cr)

**Senior Fall**
- AHS 4620★: Senior Seminar in Athletic Training (2 cr)
- AHS 4710★: Health Evaluation & Intervention (2 cr)
- AHS 3820℗: Practicum in Exercise Leadership (3 cr)
- AHS 4824℗: Athletic Training Clinical 3 (2 cr)
- AHS 4220℗: Scientific Foundations of Strength & Conditioning I (3 cr)

**Senior Spring**
- PED 4910: Senior Thesis in Physical Education (3 cr)
- AHS 4825℗: Athletic Training Clinical 5 (2 cr)
- AHS 4221℗: Scientific Found of Strength & Conditioning II (3 cr)
- AHS 2161: Intro to MFR (3 cr)

**Symbol Key:**
- ★: These courses require a minimum grade of B-.
- ■: These courses are highly recommended but are NOT required courses to complete the athletic training major.
- ℗: All clinical courses are graded P/NP.