## **STOUFFVILLE BMX - 2024 NEW RIDER INFORMATION**

Welcome to Stouffville BMX! We are always excited to welcome new riders to our club and the track!

## How does the track work?

If you want to come out and try the track, we offer a complimentary one day trial membership through our sanction BMX Canada (one use only). You will need to contact us at stouffvillebmx@hotmail.com to obtain the link to sign up so we know when to expect you. You can use the one day trial membership during one of our Monday night practices 6:30-8:00pm. We also have loaner bikes and helmets for your first time out if you need equipment. Availability is first come/first serve.

## What should I wear?

Please be sure to wear long sleeves, long pants, closed toe shoes and we also recommend gloves. **Full face helmets are required**. You can bring your own bike to ride, but please make sure they are free of pegs, chainguards, kickstands or any other attachments that might impede riding over the track features.

# Do you have bike or helmet rentals?

Yes! We offer bike rentals for \$8 per session and full face helmet rentals for \$5 per session. Rentals are available on a first come/first serve basis. All equipment must be returned at the end of your riding session.

# What is the BMX Canada membership license?

Once you've had a chance to come and check things out, and you want to continue on your BMX journey, you will need to take out a regular BMX Canada license, available online, at an annual price of \$85 for pedal riders and \$45 for Striders (valid for 365 days from date of purchase). This license gives you access to over 300 tracks associated with our sanction throughout North America. A full BMX Canada license is required to participate in any of our Stouffville BMX club programming (Practices, Races, Clinics, Special Events).

You can obtain a license on-line at https://www.bmxcanada.org

## What is the Track Schedule?

The club operates club programming on the following nights:

**MONDAYS: PRACTICE NIGHT** (\$7 practice fee, BMX Canada license required)

6:30-8:00pm Open Gate Practice (all levels, pedals only, no striders)

**WEDNESDAYS: RACE NIGHT** (\$14 race fee, Striders \$6, BMX Canada license required)

5:30-6:30pm Race Registration & Pre-race Practice. Followed by Racing ASAP. A fun, family friendly race environment for all levels, all ages of riders. Please note if you do not want to race, you can still practice for \$7 from 5:30-6:30pm. Striders will have their own practice time 6:30-6:45pm right before racing. Striders lead off our racing.

#### MONDAY RIDING PROGRAMS (Ride & Learn BMX)

For pre-registered riders only, BMX Canada license required. These are now sold out.

5:00-6:15pm Session 1 (April 22, 29, May 6) and Session 2 (May 20, 27, June 3)

### TUESDAY RIDING PROGRAMS (Developing BMX)

For pre-registered riders only. BMX Canada license required.

6:00-8:00pm Session 1 (April 23, 30, May 7) and Session 2 (May 21, 28, June 4)

#### SATURDAY RIDING PROGRAMS (R.A.D BMX)

For pre-registered riders only. BMX Canada license required.

8:00-10:00am (Coach Brendan to provide Saturday dates)

For the full 2024 Schedule please visit the schedule page on our website <u>http://www.stouffvillebmx.ca/</u> and keep updated through the club's social media platforms on Instagram @stouffvillebmx and Facebook Group Stouffville BMX at Bruces Mill.

If you need additional information, please message us at stouffvillebmx@hotmail.com

Additional Resources for New Riders:

NEW RIDER MANUAL: <u>https://issuu.com/pullmagazine/docs/usa bmx new rider manual</u>