

# PRACTICE SCHEDULE (B) 3-DAY

Friday	Class	Saturday
9:30 - 9:55am	13 & Under Cruiser	8:00 - 8:25am
9:55 - 10:15am	14 & Over Cruiser	8:25 - 8:50am
10:15 - 10:40am	7 & Under Boys & Girls	8:50 - 9:15am
10:40 - 11:00am	8-10 Boys & Girls	9:15 - 9:40am
11:00 - 11:25am	11-13 Boys & Girls	9:40 - 10:05am
11:25 - 11:50am	14-16 Boys & Girls	10:05 - 10:30am
11:50am - 12:15pm	17 & Over Men & Women	10:30 - 10:55am
12:15 - 12:45pm	Pros	10:55 - 11:20am

**INCLUDES: SOONER, EAST COAST,  
CIRCLE CITY, GREAT SALT LAKE &  
BADGER STATE NATIONALS**

**Friday Sign Ups: 9:00am - 12:00 pm**

**Friday Race Begins: 1:00 pm**

**Balance Bike: 1:00 pm**

**Saturday Sign Ups: 7:30 - 9:30 am**

**Saturday Race Begins: 11:30 am**

**Balance Bike: 11:30 am**

**Sunday Race Begins: 8:00 am**