

# PRIVATE LESSONS

(Ratio-1:1) \$250

A one-on-one lesson with our experienced instructors catered to your child's individual needs. Get the best personalized instruction with these lessons. **The lessons run for 30 minutes Monday through Thursday for two weeks.**

- Schedule:**
- 9:40-10:10am – Session 1, 2, 3, 4, 5
  - 10:15-10:45am – Session 1, 2, 3, 4, 5
  - 10:50-11:20am – Session 1, 2, 3, 4, 5
  - 11:25-11:55am – Session 1, 2, 3, 4, 5
  - 4:00-4:30pm – Session 1, 2, 3, 4, 5
  - 4:35-5:05pm – Session 1, 2, 3, 4, 5
  - 5:10-5:40pm – Session 1, 2, 3, 4, 5
  - 5:45-6:15pm – Session 1, 2, 3, 4, 5



Please contact Andy, the swim lessons coordinator at 858-755-4904 if you have any questions about private swim lessons or our weekend lessons that are available on Saturdays and Sundays.

## SUMMER SWIM LESSON POLICIES

- Please arrive 5 minutes prior to your swim lesson.
- For classes that are full you may reserve a spot on the waitlist by completing the registration process. Your account will not be charged unless you are placed in a lesson. You will be contacted the Thursday before the next session starts if space is available.
- There is no pro-rating for summer swim lessons.
- There are no make up lessons. Swim lessons occur rain or shine.
- Children who are not COMPLETELY potty-trained must wear a Huggies Swim Diaper and a reusable swim diaper.
- There are NO REFUNDS once you have paid for lessons, you will only be eligible for credit with the Boys and Girls Clubs of San Dieguito Aquatics Department.
- For additional questions or assistance on swim lesson registration you can contact Andy Eaton, Aquatics Coordinator at 858-755-4904 or [aeaton@positiveplacesd.org](mailto:aeaton@positiveplacesd.org)

## Our Community's Full-Service Aquatics Center

Doug & Marianne Pardee Aquatics Center  
533 Lomas Santa Fe Drive, Solana Beach, CA 92075  
858-755-4904

[www.PositivePlaceSD.org](http://www.PositivePlaceSD.org)

[Aquatics@PositivePlaceSD.org](mailto:Aquatics@PositivePlaceSD.org)

GREAT FUTURES START HERE.



BOYS & GIRLS CLUBS  
OF SAN DIEGUITO



# SUMMER SWIM LESSONS

Pardee Aquatics Center \* Solana Beach  
[www.PositivePlaceSD.org](http://www.PositivePlaceSD.org)



## SESSION REGISTRATION & CANCELLATION DEADLINE DATES

**Session #1: June 18 - June 28**

*Registration & Cancellation Deadline: June 13*

**Session #2: July 2 - July 12**

(No Class on Wednesday July 4th- Class will be held July 6th)

*Registration & Cancellation Deadline: June 27*

**Session #3: July 16 - July 26**

*Registration & Cancellation Deadline: July 11*

**Session #4: July 30 - August 9**

*Registration & Cancellation Deadline: July 25*

**Session #5: August 13 - August 23**

*Registration & Cancellation Deadline: August 8*

*Classes have a limited capacity and will fill. Registration is on a first come first serve basis. Late cancellations will receive a credit, minus \$30.*



Doug & Marianne Pardee Aquatics Center  
533 Lomas Santa Fe Drive, Solana Beach, CA 92075  
858-755-4904

[www.PositivePlaceSD.org](http://www.PositivePlaceSD.org)


[Aquatics@PositivePlaceSD.org](mailto:Aquatics@PositivePlaceSD.org)

# SWIM LESSON SCHEDULE


All swim lesson participants must register for classes online at our website [www.PositivePlaceSD.org](http://www.PositivePlaceSD.org). If you need assistance please email [aeaton@positiveplacesd.org](mailto:aeaton@positiveplacesd.org). You must complete a separate registration for each individual child. Once you have completed all forms and online payment your spot will be reserved.


*Financial Assistance is available for those who qualify. Scholarship applications must be filled out and approved before registration. Please inquire at the Pardee Aquatics Center office.*


## TODDLER CLASSES (16 mo.-3 years old)

 **SEA TURTLES (Ratio-1:6) \$80:** Adult and child are in the water together with an instructor. This class emphasizes helping toddlers adjust to the water through fun songs and games. This class runs for 30 minutes on Monday, Tuesday, and Thursday for two weeks, with a ratio not to exceed 6 students (with parent) per instructor. *Children who are not COMPLETELY potty-trained must wear a Huggies Swim Diaper and a reusable swim diaper. Pool is 83 degrees or warmer!*

## PRE-SCHOOL CLASSES (3-5 years old)


 **SAND DOLLAR (Ratio-1:3) \$125:** This class is for beginners with an emphasis on basic water skills and safety in a comfortable aquatic environment. This class runs for 30 minutes Monday through Thursday for two weeks, with a ratio not to exceed 3 students per instructor. This Class for first time swimmers. *Children who are not COMPLETELY potty-trained must wear a Huggies Swim Diaper and a reusable swim diaper. Pool is 83 degrees or warmer!*


 **SAND CRAB (Ratio-1:3) \$125:** This class builds confidence in the water while focusing on basic water skills and body position. Beginning freestyle will be introduced, as well as mastering front and back streamlines. This class runs for 30 minutes Monday through Thursday for two weeks, with a ratio not to exceed 3 students per instructor. Swimmer must be able to do a supported back and front float.


 **SEA HORSE (Ratio-1:3) \$125:** This class refines beginning freestyle skills, and increases swimming competency, as well as mastering side breathing for 20 feet. Children are introduced to beginning backstroke. This class runs for 30 minutes Monday through Thursday for two weeks, with a ratio not to exceed 3 students per instructor. Swimmer must be able to do a unsupported back and front float.


 **SEA STAR (Ratio-1:4) \$125:** This class builds endurance while mastering freestyle technique for 25 yards and refines backstroke for 15 yards. This is the most advanced level for children 3-5 years old. This class runs for 30 minutes Monday through Thursday for two weeks, with a ratio not to exceed 4 students per instructor. Swimmer must be able to do freestyle with side breathing.

## YOUTH CLASSES (6 years old and up)

 **PENGUIN (Ratio-1:3) \$125:** This class is for beginners and focuses on basic water safety skills and freestyle stroke technique. This class runs for 30 minutes Monday through Thursday for two weeks, with a ratio not to exceed 3 students per instructor. This Class is for first time swimmers who are 6 years of age or older.

 **OTTER (Ratio-1:4) \$125:** This class focuses on body position and balance, building a proficiency in freestyle for 25 yards and backstroke for 15 yards. This class runs for 30 minutes Monday through Thursday for two weeks, with a ratio not to exceed 4 students per instructor. Swimmer must be able to do 15 yards of freestyle.

 **SEAL (Ratio-1:5) \$125:** This class focuses on mastering freestyle and backstroke for 50 yards and introduces beginning breaststroke. This class runs for 30 minutes Monday through Thursday for two weeks, with a ratio not to exceed 5 students per instructor. Swimmer must be able to do 25 yards of freestyle and backstroke.

 **RSD SWIM TEAM PREP (Ratio-1:5) \$125:** This class focuses on increasing competency in all four strokes and safety skills beyond all preceding levels. Emphasis is on building endurance while continuing to improve stroke technique in all strokes. This class prepares swimmers for our Rancho San Dieguito (RSD) Swim Team! This class runs 30 minutes Monday through Thursday for two weeks, with a ratio not to exceed 6 students per instructor. Swimmer must be able to do 50 yards of freestyle and backstroke. Rancho San Dieguito Swimming is our award winning year round swim team with practice groups for children ages 6-18. If you are interested in joining the swim team please inquire about tryouts at the Aquatics desk.

# SUMMER SWIM LESSON CLASSES

	<b>SESSION 1</b> June 18–June 28 <i>Register/Cancel by June 13</i>	<b>SESSION 2</b> July 2–July 12 <i>Register/Cancel by June 27</i>	<b>SESSION 3</b> July 16– July 26 <i>Register/Cancel by July 11</i>	<b>SESSION 4</b> July 30–Aug. 9 <i>Register/Cancel by July 25</i>	<b>SESSION 5</b> Aug. 13–Aug. 23 <i>Register/Cancel by Aug. 8</i>
<b>SEA TURTLES</b> 	10:15- 10:45 am 4:00- 4:30 pm	10:15- 10:45 am 4:00- 4:30 pm	10:15- 10:45 am 4:00- 4:30 pm	10:15- 10:45 am 4:00- 4:30 pm	10:15- 10:45 am 4:00- 4:30 pm
<b>SAND DOLLAR</b> 	9:40- 10:10 am 10:15- 10:45 am 10:50- 11:20 am 4:00- 4:30 pm 4:35- 5:05 pm 5:10- 5:40 pm	10:15- 10:45 am 4:00- 4:30 pm 4:35- 5:05 pm	9:40- 10:10 am 10:15- 10:45 am 4:00- 4:30 pm 5:10- 5:40 pm	9:40- 10:10 am 10:50- 11:20 am 4:00- 4:30 pm 4:35- 5:05 pm 5:10- 5:40 pm	9:40 - 10:10 am 10:50- 11:20 am 4:00- 4:30 pm 4:35- 5:05 pm 5:10- 5:40 pm
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<b>SEA STAR</b> 	5:10-5:40 pm 5:45- 6:15 pm	10:15- 10:45 am 5:10- 5:40 pm 5:45- 6:15 pm	4:35- 5:05 pm 5:45- 6:15 pm	10:15- 10:45 am 10:50- 11:20 am 5:45- 6:15 pm	9:40- 10:10 am 4:35- 5:05 pm 5:45- 6:15 pm
<b>PENGUIN</b> 	9:40- 10:10 am 10:50- 11:20 am 4:35- 5:05 pm 5:45- 6:15 pm	9:40- 10:10 am 4:35- 5:05 pm 5:10- 5:40 pm 5:45- 6:15 pm	9:40- 10:10 am 4:35- 5:05 pm 5:10- 5:40 pm 5:45- 6:15 pm	9:40- 10:10 am 10:50- 11:20 am 4:00- 4:30 pm 4:35- 5:05 pm 5:45- 6:15 pm	10:15- 10:45 am 10:50- 11:20 am 4:35- 5:05 pm 5:45- 6:15 pm
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