



April 2<sup>nd</sup> - May 4<sup>th</sup> 2012

## Del Mar Union School District

### Menu

Each entrée features milk, compostable packaging & utensils!

	<i>Monday</i> <b>April 2nd</b>	<i>Tuesday</i> <b>April 3rd</b>	<i>Wednesday</i> <b>April 4th</b>	<i>Thursday</i> <b>April 5th</b>	<i>Friday</i> <b>April 6th</b>
<i>Option 1</i>	<i>Barilla Whole Grain Penne with Hearty Meat Sauce Fresh Fruit of the Day</i>	<i>BBQ ABF Pulled Chicken Sandwich with Potatoes Fresh Fruit of the Day</i>	<i>ABF Coleman Naturals Homemade Bagel Dog Crisp Coleslaw Fresh Fruit of the Day</i>	<i>Handmade Bean and Cheese Burrito (V) Fresh Fruit of the Day</i>	<i>Pan-Seared Chicken Potstickers with Baby Carrots and Jasmine Rice Fresh Fruit of the Day</i>
<i>Option 2</i>	<i>Coleman Naturals Gluten Free Chicken Strips with Potatoes (GF) Fresh Fruit of the Day Parker's Crazy Crackers</i>	<i>Egg and Cheese Breakfast Burrito with Potatoes Fresh Fruit of the Day</i>	<i>Cheese Pizza (V) Fresh Fruit of the Day</i>	<i>Chicken Tenders with White Rice and Corn Fresh Fruit of the Day</i>	<i>Genuine Annie's Mac and Cheese Fresh Vegetable of the Day (V) Fresh Fruit of the Day Honey Roasted Soy 'Nutz'</i>
	<b>April 16th</b>	<b>April 17th</b>	<b>April 18th</b>	<b>April 19th</b>	<b>April 20th</b>
<i>Option 1</i>	<i>Barilla Whole Grain Spaghetti with Hearty Meat Sauce Fresh Fruit of the Day</i>	<i>Handmade Bean and Cheese Burrito (V) Fresh Fruit of the Day</i>	<i>Cheese Pizza (V) Fresh Fruit of the Day</i>	<i>Baked Chicken Tenders with Rice and Corn Fresh Fruit of the Day</i>	<i>Barilla Whole Grain Penne with Hearty Meat Sauce Fresh Fruit of the Day</i>
<i>Option 2</i>	<i>Coleman Naturals Cheeseburger on Whole Grain Bun Fresh Fruit of the Day</i>	<i>ABF Chicken Fajita Platter with Mexican Rice (GF) Fresh Fruit of the Day</i>	<i>Pan-Seared Chicken Potstickers with Baby Carrots and Jasmine Rice Fresh Fruit of the Day</i>	<i>Whole Grain Pasta with Perfect Pesto Sauce (V) Fresh Fruit of the Day Honey Soy Nutz</i>	<i>Tikka Masala Chicken with Fluffy White Rice (GF) Fresh Fruit of the Day</i>

Notes: Each day's menu is based on Enhanced Food-Based Menu Planning as determined by the USDA. Menu subject to change.

USDA and DMUSD are Equal Opportunity Providers and Employers

V= Vegetarian

GF= Gluten Free

	<b>Monday</b> <b>April 23th</b>	<b>Tuesday</b> <b>April 24th</b>	<b>Wednesday</b> <b>April 25th</b>	<b>Thursday</b> <b>April 26th</b>	<b>Friday</b> <b>April 27th</b>
<b>Option 1</b>	<i>Hand-Carved ABF Roasted Turkey with Stuffing, Mashed Potatoes, and Gravy Fresh Fruit of the Day</i>	<i>Coleman Naturals Hamburger on a Whole Grain Bun Fresh Fruit of the Day</i>	<i>Teriyaki Chicken Bowl with Jasmine Rice Fresh Fruit of the Day</i>	<i>Cheese Ravioli with Marinara Sauce (V) Fresh Fruit of the Day</i>	<i>Barilla Whole Grain Spaghetti with ABF Chicken Meatballs in Marinara Sauce Fresh Fruit of the Day</i>
<b>Option 2</b>	<i>Genuine Annie's Mac and Cheese Fresh Vegetable of the Day (V) Fresh Fruit of the Day Lightly Salted Sunflower Kernels</i>	<i>Baked Chicken Tenders with Rice and Corn Fresh Fruit of the Day</i>	<i>Cheese Pizza (V) Fresh Fruit of the Day Honey Soynutz (V)</i>	<i>Pan-Seared Chicken Potstickers with Baby Carrots and Jasmine Rice Fresh Fruit of the Day</i>	<i>Shepherd's Pie with Beef and Mashed Potatoes (GF) Parker's Crazy Crackers Fresh Fruit of the Day</i>
	<b>April 30rd</b>	<b>May 1st</b>	<b>May 2nd</b>	<b>May 3rd</b>	<b>May 4th</b>
<b>Option 1</b>	<i>Gluten Free Quinoa Pasta with Hearty Meat Sauce (GF) Fresh Fruit of the Day</i>	<i>Hand Rolled Cheese Enchiladas with Refried Beans (GF) Fresh Fruit of the Day</i>	<i>ABF Coleman Naturals Homemade Bagel Dog Crisp Coleslaw Fresh Fruit of the Day</i>	<i>Barilla Whole Grain Spaghetti with Marinara Sauce (V) Fresh Fruit of the Day String Cheese</i>	<i>Coleman Naturals Gluten Free Chicken Strips with Potatoes (GF) Fresh Fruit of the Day Parker's Crazy Crackers</i>
<b>Option 2</b>	<i>Handmade Chicken Burrito Fresh Fruit of the Day</i>	<i>Baked Chicken Tenders with Rice and Corn Fresh Fruit of the Day</i>	<i>Cheese Pizza (V) Fresh Fruit of the Day Honey Soynutz (V)</i>	<i>BBQ ABF Pulled Chicken Sandwich with Potatoes Fresh Fruit of the Day</i>	<i>Shredded Chicken "Taqitos" with Mexican Rice Fresh Fruit of the Day Fresh Veggie of the Day</i>

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