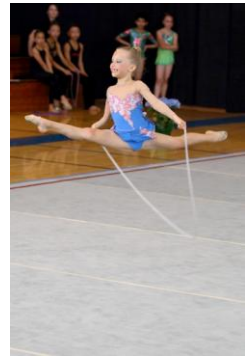


SAN DIEGO RHYTHMS PRESENTS

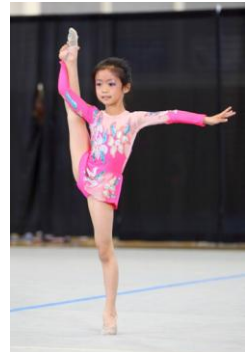
Rhythmic Gymnastics

For Ages 4 and up

*GYMNASTICS choreographed
to MUSIC and includes
Elements of BALLET, PILATES
and MODERN DANCE*



www.sdrhythms.com
858 945 4114
info@sdrhythms.com



The Most Beautiful Olympic Sport

Exercises with HOOPS, BALLS, ROPES, RIBBONS, and CLUBS



- Rhythmic Gymnastics will create**
- ✓ Perfect POSTURE & BODY LINES
 - ✓ Develop FLEXIBILITY & BALANCE
 - ✓ Improve PHYSICAL FITNESS & COORDINATION



*Small Classes, every child receives a lot of
personal attention*

FREE TRIAL CLASS

Limited Scholarship is available



Carmel Valley
Boys & Girls Club
3800-A Mykonos Ln.
San Diego, CA 92130

