

LEARN CAPOEIRA!

Kids Class Spring Session At the Ocean Air Recreation Center

Capoeira is a Brazilian martial art that combines combat, dance, music and culture. Capoeira is a form of self-defense that helps instill self-confidence by challenging kids to learn unique movements in a positive environment.

Children's Classes (ages 5 through 12)

Saturdays 12:30-1:15pm

8-week Session begins March 31st and runs through May 26th (No class on April 14th)

Cost \$70

Instructor Salim Odero brings over 14 years of experience training and teaching Capoeira



Spring Session Registration Opens March 12th, Space is limited!



Register at Ocean Air Recreation
Center
4770 Fairport Way
San Diego, CA 92130
(858) 552-1687

