



## SCHOOL'S OUT

**EMPOWERED LEARNING. MEANINGFUL FUN. HEALTHY CONNECTIONS.**

### **KIDS M-POWER ARTISTS' WORKSHOPS**

#### **Mentoring. Marketing. Meaningful Action.**

Leap into empowered and creative action to support other children. During this workshop, students collaborate with local artists and marketing professionals to create marketable, recyclable, and functional art. Later, we bring it to market, and donate the earnings to help other kids locally and internationally. Inquire about bringing this program to your school or scout troop.

**When:** Every third Saturday from 2:00-5:00 pm, February 18

**Location:** The Center for Healthy Lifestyles, 533 Lomas Santa Fe Drive, Solana Beach (Yellow Garden Cottage)

Suggested donation (\$5 per project to cover material cost & rental fees)

**Ages:** 5 years old - Adult (Kids under the age of 8 years must be accompanied by an adult)

**Community Service Hours Available and scout badges**

### **FEBRUARY BREAK OPTIONS**

#### **Daily Art & Fun Camp**

Come create art with friends and learn skills in drawing, painting, clay & beading, cooking & more. Includes some outdoor games & hunts. At the same time, we will be reinforcing healthy friendship and team-building skills.

**When:** Week of February 20

**Times:** 9:30 to 2:30 pm Inquire about extended hours

**Location:** The Center for Healthy Lifestyles, 533 Lomas Santa Fe Drive, Solana Beach (Yellow Garden Cottage)

**Fee:** Daily Rate: \$40, Weekly rate, \$175

#### **ECO-ADVENTURES Field Trips**

##### **Exploration. Stewardship. Fun.**

Live-it-Up with our *Eco-Adventures* Team. Seek and hide treasures as you experience the amazing outdoor environment that surrounds us. Cut loose with us on geocache adventures, using GPS technology, as we hike & trek through interesting terrain to discover buried treasures. Along the excursion, we will be learning about local plant and wildlife, and explore ways to protect and restore the wild. Positive interaction with the environment can create wonder and awe, inspiring the next generation to be good stewards and help them to see how they can have a positive impact in their world today. **"It's not just the destination, it's the joy of the journey."**

**When:** Week of February 20 and Spring Break (Week of April 16)

**Times:** 10:00-1:00 pm Inquire about extended hours

**Location:** Vary each day. San Elijo Lagoon, Glen Park, Torrey Pines, & 15th St. Del Mar Call for specific drop off locations

**Fee:** Daily rate, \$40; 3-day rate \$110 (If trip is cancelled due inclement weather, full refund or credit will be issued.)

#### **ART OF BEADING & JEWELRY MAKING WORKSHOPS For all ages**

Saturdays 3:00 to 4:30pm. Choose to create bracelets, key chains, earrings, or a necklace. Using lovely crystal, stones, glass, metal and wood beads, a variety of wire, and the tools, learn fundamentals of design, basic beading and wiring techniques. Amazing small motor practice. Supplies are included. Bring a broken piece to repair.

Come try this fun, functional, & reusable form of art!

**Ages:** 5 and up

**When:** Saturdays (ongoing)

**Times:** 3:30 pm to 5:00 pm (Must register in advance.)

**Location:** The Center for Healthy Lifestyles, 533 Lomas Santa Fe Drive, Solana Beach

**Fee:** \$20 per class (\$10 for first time students) Inquire about sibling and group discounts

#### **Aqua-Adventures Beach & Surf**

Spring Break & Summer Programs

Surf Camps After-School Surf

Surf Lessons Swim Lessons



We Are Coaches

Call or e-mail to register

**WE ARE COACHES, INC.**

a California non-profit

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Financial aid available for qualified applicants