



SCHOOL'S OUT

EMPOWERED LEARNING. MEANINGFUL FUN. HEALTHY CONNECTIONS.

KIDS M-POWER ARTISTS' WORKSHOPS

Mentoring. Marketing. Meaningful Action.

Leap into empowered and creative action to support other children. During this workshop, students collaborate with local artists and marketing professionals to create marketable, recyclable, and functional art. Later, we bring it to market, and donate the earnings to help other kids locally and internationally. Inquire about bringing this program to your school or scout troop.

When: Every third Saturday from 2:00-5:00 pm, February 18

Location: The Center for Healthy Lifestyles, 533 Lomas Santa Fe Drive, Solana Beach (Yellow Garden Cottage)

Suggested donation (\$5 per project to cover material cost & rental fees)

Ages: 5 years old - Adult (Kids under the age of 8 years must be accompanied by an adult)

Community Service Hours Available and scout badges

FEBRUARY BREAK OPTIONS

Daily Art & Fun Camp

Come create art with friends and learn skills in drawing, painting, clay & beading, cooking & more. Includes some outdoor games & hunts. At the same time, we will be reinforcing healthy friendship and team-building skills.

When: Week of February 20

Times: 9:30 to 2:30 pm Inquire about extended hours

Location: The Center for Healthy Lifestyles, 533 Lomas Santa Fe Drive, Solana Beach (Yellow Garden Cottage)

Fee: Daily Rate: \$40, Weekly rate, \$175

ECO-ADVENTURES Field Trips

Exploration. Stewardship. Fun.

Live-it-Up with our Eco-Adventures Team. Seek and hide treasures as you experience the amazing outdoor environment that surrounds us. Cut loose with us on geocache adventures, using GPS technology, as we hike & trek through interesting terrain to discover buried treasures. Along the excursion, we will be learning about local plant and wildlife, and explore ways to protect and restore the wild. Positive interaction with the environment can create wonder and awe, inspiring the next generation to be good stewards and help them to see how they can have a positive impact in their world today. **"It's not just the destination, it's the joy of the journey."**

When: Week of February 20 and Spring Break (Week of April 16)

Times: 10:00-1:00 pm Inquire about extended hours

Location: Vary each day. San Elijo Lagoon, Glen Park, Torrey Pines, & 15th St. Del Mar Call for specific drop off locations

Fee: Daily rate, \$40; 3-day rate \$110 (If trip is cancelled due inclement weather, full refund or credit will be issued.)

ART OF BEADING & JEWELRY MAKING WORKSHOPS For all ages

Saturdays 3:00 to 4:30pm. Choose to create bracelets, key chains, earrings, or a necklace. Using lovely crystal, stones, glass, metal and wood beads, a variety of wire, and the tools, learn fundamentals of design, basic beading and wiring techniques. Amazing small motor practice. Supplies are included. Bring a broken piece to repair.

Come try this fun, functional, & reusable form of art!

Ages: 5 and up

When: Saturdays (ongoing)

Times: 3:30 pm to 5:00 pm (Must register in advance.)

Location: The Center for Healthy Lifestyles, 533 Lomas Santa Fe Drive, Solana Beach

Fee: \$20 per class (\$10 for first time students) Inquire about sibling and group discounts

Aqua-Adventures Beach & Surf

Spring Break & Summer Programs

Surf Camps After-School Surf

Surf Lessons Swim Lessons



We Are Coaches
Call or e-mail to register

WE ARE COACHES, INC.

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Financial aid available for qualified applicants