



September 12th-23rd

## Del Mar Union School District Menu

Each entrée features milk, compostable packaging & utensils!

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>12-Sep</b>	<b>13-Sep</b>	<b>14-Sep</b>	<b>15-Sep</b>	<b>16-Sep</b>
Option 1	Herb Roasted ABF Chicken with Veggies and Mashed Potatoes Fresh Fruit of the Day	ABF Boneless BBQ Chicken with Corn and Mashed Potatoes Pretzels	Coleman Naturals ABF Cheeseburger with Whole Grain Bun and Roasted Potatoes Fresh Fruit of the Day	Whole Grain Barilla Baked Ziti Fresh Fruit of the Day String Cheese	Whole Grain Barilla Spaghetti w/Meat Sauce Fresh Fruit of the Day
Option 2	Down Home Turkey Chili Mac Fresh Fruit of the Day	Whole Grain Barilla Pasta Marinara Fresh Fruit of the Day Sunflower seeds	Veggie Chow Mein Honey Roasted Soynutz Fresh Fruit of the Day	Homemade ABF Chicken Noodle Soup Fresh Fruit of the Day Dr. Sears Popumz	Slow Roasted Fiesta Carnitas Burrito Fresh Fruit of the Day Salsa
	<b>19-Sep</b>	<b>20-Sep</b>	<b>21-Sep</b>	<b>22-Sep</b>	<b>23-Sep</b>
Option 1	Famous British Shepherd's Pie Pretzels	ABF Coleman Naturals Homemade Bagel Dog Crisp Fresh Coleslaw Fresh Fruit of the Day	Teriyaki ABF Chicken Bowl Fresh Fruit of the Day	Handrolled Bean & Cheese Burrito Fresh Fruit of the Day	Shredded ABF Chicken Enchiladas Fresh Fruit of the Day
Option 2	ABF Chicken Chow Mein Loaded with Veggies Fresh Fruit of the Day	Chicken Tenders with Rice and Corn Fresh Fruit of the Day	Whole Grain Barilla Spaghetti & Meatballs Fresh Fruit of the Day	Coleman Naturals ABF Hamburger with Whole Grain Bun and Roasted Potatoes Fresh Fruit of the Day	Homemade Painted Hills Meat Lasagna Fresh Fruit of the Day

Notes: Each day's menu is based on enhanced food-based menu planning. Menu subject to change.