

DEL MAR UNION SCHOOL DISTRICT
 CHILD NUTRITION SERVICES
 (858) 523-6170

AUGUST 30
 TO
 SEPTEMBER 24

LUNCH PRE-PAYMENT FORM

STUDENT'S NAME: _____

SCHOOL: _____ TEACHER: _____

PARENT'S NAME: _____ PHONE: _____

Entrees below include a choice from the crunch and munch side menu.
 Please make checks payable to **DMUSD**.

Credit cannot be issued due to a meal not picked up.

MENU ITEMS SUBJECT TO CHANGE WITHOUT NOTICE.

| Day | Date | Entrée | Meal w/Milk |
|-----------|------|--|---------------------------------|
| Monday | 30 | Cheese Pizza Strip | \$4.25 <input type="checkbox"/> |
| Tuesday | 31 | Teriyaki Beef Dippers W/ finger potatoes | \$4.25 <input type="checkbox"/> |
| Wednesday | 1 | Chicken Sliders | \$4.25 <input type="checkbox"/> |
| Thursday | 2 | Cheese Pizza Quesadilla | \$4.25 <input type="checkbox"/> |
| Friday | 3 | Crunchy Chicken Strips | \$4.25 <input type="checkbox"/> |

Week Total _____
 Weekly pre-payment due by August 18

| | | | |
|-----------|----|------------------------------|--|
| Monday | 6 | Holiday-No School | \$4.25 <input checked="" type="checkbox"/> |
| Tuesday | 7 | Cheese Lasagna | \$4.25 <input type="checkbox"/> |
| Wednesday | 8 | Chicken Nuggets | \$4.25 <input type="checkbox"/> |
| Thursday | 9 | Chicken Patty Sandwich | \$4.25 <input type="checkbox"/> |
| Friday | 10 | Orange Chicken W/ Brown Rice | \$4.25 <input type="checkbox"/> |

Week Total _____
 Weekly pre-payment due by August 25

| | | | |
|-----------|----|--------------------------------------|---------------------------------|
| Monday | 13 | Mini Corn Dogs | \$4.25 <input type="checkbox"/> |
| Tuesday | 14 | Hamburger | \$4.25 <input type="checkbox"/> |
| Wednesday | 15 | Chicago Style Cheese Pizza Strip | \$4.25 <input type="checkbox"/> |
| Thursday | 16 | Honey BBQ Dippers W/ Finger Potatoes | \$4.25 <input type="checkbox"/> |
| Friday | 17 | Poppin' Popcorn Chicken | \$4.25 <input type="checkbox"/> |


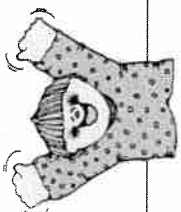



Week Total _____
 Weekly pre-payment due by September 1

| | | | |
|-----------|----|--------------------|---------------------------------|
| Monday | 20 | Chicken Hot Dog | \$4.25 <input type="checkbox"/> |
| Tuesday | 21 | Cheesy Pizza Bagel | \$4.25 <input type="checkbox"/> |
| Wednesday | 22 | Chicken Nuggets | \$4.25 <input type="checkbox"/> |
| Thursday | 23 | Mini Cheeseburgers | \$4.25 <input type="checkbox"/> |
| Friday | 24 | Cheese Quesadilla | \$4.25 <input type="checkbox"/> |

Week Total _____
 Weekly pre-payment due by September 8

Monthly Total _____
 Monthly pre-payment due by August 18
 (If not paying weekly)

AUGUST / SEPTEMBER 2010 Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
|  Cheese Pizza Strip | 31 Teriyaki Beef Dippers w/ finger potatoes | | | |
|  Labor Day Holiday |  7 Cheese Lasagna | 1 Chicken Sliders | 2 Cheese Pizza Quesadilla | 3 Crunchy Chicken Strips |
| 6 Mini Corn Dogs |  14 Hamburger | 8 Jungle Dats Wild Animal Shaped Chicken Nuggets & Jungle Crackers | 9 All Natural Chicken Patty sandwich | 10 Orange Chicken With Brown Rice |
| 13 Chicken Hot Dog | 21 Cheesy Pizza Bagel  | 15 Chicago Style Cheese Pizza Strip | 16 Honey BBQ Dippers w/ finger potatoes | 17 Poppin' Popcorn Chicken |
| | | 22 All Natural Chicken nuggets | 23 Mini Cheeseburgers | 24 Cheese Quesadilla |

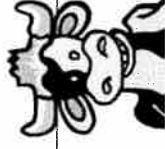


Child Nutrition Services
(858-523-6170)

Mission Statement: The Del Mar Union School District is committed to providing students quality, nutritious meals.

HEALTHY MEAL FACTS

- Milk is rBST & antibiotic FREE
- Flavored Milk DOES NOT contain High Fructose Corn Syrup
- Entrees are *baked* not fried
- A complete meal includes an entrée, low-fat or fat free milk, fruit, vegetable and a snack



All Menus Subject to Change

USDA and DMUSD are Equal Opportunity Providers and Employers

CRUNCH & MUNCH SIDES

- Variety of fresh and canned fruits
- Vegetables
- Snack items



CHOICE OF Moo-ARVELOUS MILK

- 1% Plain White Milk
- Fat Free Chocolate Milk