

AUGUST/SEPTEMBER 2010 Lunch Menu

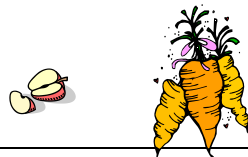
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|---|--|--|---|---|---|
|  30 Cheese Pizza Strip | 31 Teriyaki Beef Dippers w/ finger potatoes | | | |  Child Nutrition Services (858-523-6170) <i>Mission Statement:</i> The Del Mar Union School District is committed to providing students quality, nutritious meals. HEALTHY MEAL FACTS --Milk is rBST & antibiotic FREE -- Flavored Milk DOES NOT contain High Fructose Corn Syrup -- Entrees are <i>baked</i> not fried --A complete meal includes an entrée, low-fat or fat free milk, fruit, vegetable and a snack |
|  6 Labor Day Holiday |  7 Cheese Lasagna | 1 Chicken Sliders | 2 Cheese Pizza Quesadilla | 3 Crunchy Chicken Strips | |
| 13 Mini Corn Dogs |  14 Hamburger | 8 Jungle Day Wild Animal Shaped Chicken Nuggets & Jungle Crackers | 9 All Natural Chicken Patty Sandwich | 10 Orange Chicken With Brown Rice | |
| 20 Chicken Hot Dog | 21 Cheesy Pizza Bagel  | 15 Chicago Style Cheese Pizza Strip | 16 Honey BBQ Dippers w/ finger potatoes | 17 Poppin' Popcorn Chicken | |
| | | 22 All Natural Chicken nuggets | 23 Mini Cheeseburgers | 24 Cheese Quesadilla | |
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All Menus Subject to Change

USDA and DMUSD are Equal Opportunity Providers and Employers

CRUNCH & MUNCH SIDES

- Variety of fresh and canned fruits
- Vegetables
- Snack items



CHOICE OF Moo-ARVELOUS MILK

- 1% Plain White Milk
- Fat Free Chocolate Milk



