

Resources

Books

Apter, Terri. You Don't Really Know Me: Why Mothers and Daughters Fight and How Both Can Win

Bronson, Po & Ashley Merryman. Nurture Shock.: New Thinking About Children.

Cohen-Sandler, Roni. Stressed Out Girls: Helping Them Thrive in the Age of Pressure

Cohen-Sandler, Roni & Siver, Michelle. I'm Not Mad, I Just Hate You!: A New Understanding of Mother-Daughter Conflict

Coloroso, Barbara. The Bully, the Bullied and the Bystander: From Preschool to High School – How Parents and Teachers Can Help Break the Cycle of Violence

Deak, JoAnn, & Bakerm, Teresa. Girls will be Girls: raising Confident and Courageous Daughters.

Dellasega, Cherly & Nixon, Charisse (Ph.D.s) Girl Wars: 12 Strategies that will End female Bullying.

Elman Madorsky, Natalie & Kennedy-Moore, Eileen. The Unwritten Rules of Friendships: Simple Strategies to Help Your Child Make Friends

Gadeberg, Jeanette. Raising Strong Daughters

Garbarino, James. Raising Children in a Toxic Environment

Garbarino, James & deLara, Dr. Ellen. And Words Can Hurt Forever: How to Protect Your Adolescents from Bullying, Harassment, and Emotional Violence

Lamb, Sharon. The Secret Lives of Girls

Orenstein, Peggy. School Girls: Young Women, Self-Esteem, and the Confidence Gap

Pipher, Mary. Reviving Ophelia

Simmons, Rachael. Odd Girl Out: The hidden culture of aggression in girls

Snyderman, Nancy. Girl in the Mirror: Mothers and Daughters in the Years of Adolescence

Szalavitz, Maia. Help at Any Cost

Thompson, Michael Ph.D. Best Friends, Worst Enemies. Understanding the Social Lives of Children.

Weill, Sabrina. The Real Truth About Teens and Sex: From Hooking Up to Friends with Benefits – What Teens are Thinking, Doing and Talking About and How to Help

Wiseman, Rosalind. Queen Bees and Wannabes: Helping your daughter survive cliques, gossip, boyfriends, and other realities of adolescents