

Abrakadoodle's Art Adventure: Grades K-2 (Ashley Falls)



Learn about artists, art styles and techniques by creating a masterpiece each week! Experiment with a wide range of art materials such as watercolors, tempera and acrylic paints, sculptural materials of all kinds, oil and chalk pastels, specialty papers, printing inks, and so much more! Kids paint, print, sculpt and create with multi-media, multicultural art lessons inspired by master and contemporary artists!

Discover your hidden talents! Celebrate your creativity and have a blast! All materials are included.

\$169.00 – Check payable to Abrakadoodle

After School Hoops: Grades 1-3 & 4-6 (Ashley Falls, CDM, Del Mar Heights, OA, Sage, Sycamore, Torrey Hills)



After School Hoops® is a weekday afternoon basketball program for aspiring young players. The one hour instructional classes combine fundamental skills instruction with organized team competition, with the goal of providing an enjoyable and educational after school athletic setting. Developing players benefit by improving their individual skills such as passing, dribbling, shooting, rebounding, and defending while, at the same time, learning how to work within the framework of a team. Boys and girls of all skill levels are encouraged to participate.

One of the many merits of After School Hoops® is it provides children with an organized after school opportunity where they can learn, socialize, and most of all, have fun. Parents and teachers often express concern that idle and unsupervised after school hours provide too many negative temptations for their children. Using athletics as the vehicle, After School Hoops® provides children with an opportunity to improve their overall physical fitness, develop sportsmanship and athletic integrity, and gain an understanding of the game of basketball.

\$135.00 – Check payable to One on One Basketball

Algebra: Grades 4-6 (CDM)

In today's technologically advanced world dependent on an abundance of integrated information, what sets apart the successful thinker is a strong foundation of systematic thought rooted in mathematics and logic. At Algebra class, we employ the most comprehensive and methodical approaches in teaching math and logic; teaching step-by-step approaches to problem solving techniques and propelling students to develop their creative thinking. Algebra will allow students to establish an appreciation for problem solving at a young age. Unifying real world applications with mathematical concepts, Algebra will cover the fundamentals of Algebra including linear equations, inequalities, graphs and Cartesian functions.

\$195.00 – Check payable to Mahvash Ardakani

Art Innovators (formerly KidzArt): Grades K-2 (CDM, Del Mar Hills, OA, Sage, Sycamore, Torrey Hills)



KidzArt is now Art Innovators!!! Same great program, just a new name! Art Innovators is a drawing based art enrichment program which builds self-confidence, focus, and problem solving skills in a safe and non-competitive environment. Students will learn to draw life-like people and animals, still-life scenes, landscapes, and other representational pieces while using Prismacolor markers, chalks, oil pastels, and watercolor pencils. Art Innovators creates a FUN environment where students can experience relaxation, introspection, and true self expression through art. Through this process, confidence is built whether your child is a beginner or advanced student.

\$165.00 – Check payable to Art Innovators

Art of Jewelry Design, Beading, and Wire Basics: Grades 2-4 (Ashley Falls, Del Mar Heights, Sage, Sycamore, Torrey Hills)

Each week you will be designing and creating a new, unique piece of jewelry such as a bracelet, key chain, necklace, or earrings. You will have the chance to choose from beautiful crystal, glass, metal and wood beads, and learn to use a variety of wire. You will be introduced to the tools and materials used in jewelry making, as well as learn the fundamentals of design, basic beading and wiring techniques. More advanced projects will be available for experienced jewelers. All participants will get to fine tune their creativity, fine motors skills, and feel proud of their pieces which look store-bought. This great jewelry makes great gifts or can be kept for your own collection! All supplies are included. *Peg Windisch has happily been teaching innovative kids programs for over 15 years.* For more information, please visit www.wearecoaches.com.

\$139.00 - Check payable to We Are Coaches, Inc.

Billy Garton Soccer Enrichment Program: Grades 1-3 (Torrey Hills)



Join Billy Garton, former professional soccer player with MANCHESTER UNITED, for a fun filled soccer session, incorporating the fundamentals for playing soccer.

As a qualified teacher and licensed coach, Billy and his experienced staff, will provide all participants with a well-rounded and exciting program.

All players will get valuable physical exercise, a must for all children during the school day. This exercise is incorporated into fun and stimulating games, where the children will work on coordination skills, ball manipulation with both feet and hands where appropriate, social skill development (sharing, working in pairs, groups and teams), respect for opponents and teammates, and sportsmanship (learning how to deal with success and disappointment in the correct manner).

Children will also work on dribbling and moving with a soccer ball, spatial awareness, control of ball and body (different speed of movement) and balance.

The program will be modified with higher order skills being introduced for the more capable player/athlete.

\$185.00 – Check payable to Billy Garton

Brain Busters: Grades 1-3 (CDM)

Have you ever wondered how to combine critical thinking, logic puzzles, Algebra, and Geometry in a way that is easily accessible and enjoyable? If so, this is the class for you! We will explore the properties of real numbers, expressions, equations, and geometric figures in fun and engaging activities that will encourage children to explore these topics. This class will sharpen and develop tools students' need for the rapidly changing world around us. Not only are math and critical thinking vital to later academic endeavors, they're fun too!

\$165.00 – Check payable to Mahvash Ardakani

Center for Martial Arts' Korean Karate & Self-Defense: Grades K-6 (Ashley Falls, CDM, Del Mar Heights, Del Mar Hills, OA, Sage, Sycamore, Torrey Hills)



In this high energy class, children learn traditional Korean Martial Arts while building confidence, self-discipline, physical agility, and self-defense ability. Taught by a caring, positive, and highly trained role model, students learn the importance of knowing the appropriate times to practice and use martial arts in a responsible way. Preparing students for the demands of school by providing a highly structured environment, this class is physically and mentally stimulating and tons of fun!

The Center for Martial Arts has been teaching after school enrichment programs throughout San Diego County for over 19 years. With a large number of students returning year after year, all levels of martial artists are welcome.

An approved traditional white uniform is required and may be purchased from The Center for Martial Arts at a rate of \$38.

For more information please call the CMA main office at (760) 942-6470, email CarmelValley@CMAKicks.com or check us out on the web CMAKicks.com

Check payable to Center for Martial Arts or CMA

\$ 160.00 – Winter/Spring Session Only

\$ 198.00 - Winter/Spring Session with Uniform

Cheerleading and Dance: Grades K-2 (Ashley Falls)



Join us in this fun, high energy cheerleading/dance class! Students will use pom poms and work on the fundamentals of cheer/dance technique including stretches, kicks/jumps, voice projection, cheers, arm motions, sideline dances, and much more! Students will also learn a full routine which will be performed for their families during class on the last day of the session! Includes a cheer camp tee and hair ribbon!

\$125.00 – Check payable to Charlene's Dance N' Cheer

Chess Academy for Beginner, Intermediate, and Advanced Students: Grades K-6 (AF, CDM, Del Mar Heights, Del Mar Hills, OA, Sage, Sycamore, Torrey Hills)



Have you ever heard of Magus Carlsen? He is only 20 years old and is the highest ranked chess player in the history of the game.

Could you be the next Magus Carlsen? Would you like to find out?

The San Diego Chess Academy will help you learn chess—from the basics to the most advanced winning strategies. If you've never played chess before, or if you think you may be the next Magus Carlsen, this program is for you! The class is designed for all levels.

If a beginner, you will learn the basic moves including how to check, checkmate, stalemate, castle, en passant, quick checkmates, hanging pieces, chess notation and some fast attacks.

Intermediate and advanced students will learn opening, middle, and end game principles; pins, forks, skewers, to see checkmates in one or two moves, and how to use open files. They'll also learn different types of checkmates including back rank mates, smother mates, and the always impressive queen sacrifice mates!

Our instructors make each class interesting and fun for all students. There will be prizes passed out for various accomplishments. To find out if YOU are the next Magus Carlsen, sign up today!

\$175.00 – Check payable to Chess Academy (SDCA)

Creative Dance Foundation (CDF)- My First Dance Class: Grades K-2 (Del Mar Heights, Del Mar Hills, OA, Sage, Torrey Hills)



Why Creative Dance Foundation?

The Creative Dance Foundation program through SPAA offers a unique combination of creative movement and an appreciation for ballet. We provide a loving, fun-filled environment to stimulate your child's imagination and enhance his/her social skills, posture,

physical awareness, rhythm, developmental movement patterns and spatial awareness.

We use colorful props, costumes, make-up, imagery, original stories and musical instruments to encourage and stimulate each child's imagination. Children also benefit through improved muscle development and coordination, increased self-control and self-esteem, and imaginative interactions with their peers. Experts have drawn connections with classical music to reading and math, while enhancing a child's physical health and body awareness. How to prepare your child for class: Attire: *Dance Clothing*: Girls: Black leotard, pink tights, and pink ballet slippers. Hair: In a bun. Boys: White T-shirts, black sweat/jazz pants, black socks, and black ballet slippers.

\$185.00 – Check payable to SPAA (Scripps Performing Arts Academy)

Creative Clay: Grades 1-3 (CDM, Del Mar Heights, OA, Sage, Torrey Hills)

Turning a lump of clay into something fantastic is fun and rewarding. You'll be amazed at the array of different shapes, colors, and textures you will create. You will learn the techniques to create a variety of unique projects, pinch clay between your fingers to make slabs, bowls, and mugs, roll and stack coils, create a cylinder, and even sculpt an animal! You'll be making and glazing different projects each week. There will be new projects for beginning and returning students. *Sandra Dodd, a Del Mar resident for 41 years and a commercial artist, taught art at Del Mar Heights for over eighteen years.*

\$220.00 – Check payable to Sandra Dodd

Dance Musical Medley: Grades K-2 & 1-3 (CDM, Del Mar Heights, OA, Sage, Sycamore)



A fun musical medley of dance routines from popular musicals such as Aladdin, Beauty and the Beast, The Little Mermaid and more! Dance With Nance returns for a fun adventure of dance routines to songs from various musicals such as "Part of Your World," "Under The Sea," "Friend Like Me," and "A Whole New World." Enjoy choreographing a dance routine with your friends, and creating backdrop posters for our show to be presented at the parent showcase during the final class of the session! Your child will also

watch their talents on our video and TV monitors! Great props including blow up guitars, pom poms, microphones and costumes will be provided!

The Dance with Nance Co. has had the pleasure of teaching dance musicals for 30 years and is excited to be returning this winter with new dance routines to great songs! Visit our website at www.dancewithnance.com for references and additional information!

\$125.00 – Check payable to Nancy Holden

Discover Hula! Kids Hula Party Dances: Grades 1-3 (OA)

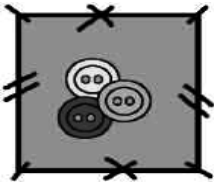


Dance to the rhythm of the Islands! We will take you on an exciting journey as you learn basic footwork, hip movements, and hand gestures of the graceful art of Hawaiian Hula. You will have fun learning how to tell stories with your hands while you dance. You will also learn fun facts and language of the beautiful islands of Hawai'i. No previous dance experience is required. There will be a hula performance on the final class for your family and friends. Tuition includes a hula outfit and flower lei.

Leilani Ibarolle, the hula instructor, is an Ocean Air mom. Leilani's Hawaiian dance background began at age 4 in her native homeland of Maui. Leilani has danced professionally for more than 20 years, taking part in performances in the Hawaiian Islands, Las Vegas, and California. Visit www.MsLeilani.com for more information.

\$129.00 – Check payable to Hula 'O Leilani

Easy Sewing and Quilting: Grades 4-6 (CDM, Sage, Torrey Hills)



Would you like to learn to sew or improve your sewing skills? In this class, you will learn some hand sewing, as well as how to use a sewing machine. This session we'll be making cute turtle pillows, among other things. By the end of the class you will have gained the confidence to start working on projects on your own. This class is popular with both boys and girls. All sewing machines, fabric, and notions will be provided. Warning: Once you start sewing it may be impossible to stop! *Teri Nance has enjoyed sewing and quilting for 30 years.*

\$235.00 – Check payable to Teri Nance

Engineering FUNdamentals with Legos: Grades K-1, 1-3, & 2-4 (CDM, Del Mar Heights, Sycamore, Torrey Hills)

Play-Well
TEKologies



Do you like building things? Design and build motorized machines, catapults, pyramids, demolition derby cars, buildings and other constructions out of LEGO® bricks. While exploring engineering, architecture, and physics, students will develop problem solving and critical thinking skills. Returning students are given new projects that build on previous projects and concepts. For more information about the Play-Well programs, visit www.play-well.org.

\$189.00 – Check payable to Play-Well TEKologies

En Garde, Ready, Fence!: Grades 3-6 (AF, CDM, Del Mar Heights, Del Mar Hills, OA, Sage, Sycamore, Torrey Hills)

The Olympic sport of fencing has never been more fun to learn. Children thrust and lunge their way to victory in a class taught by fun, energetic fencing pros. Students are guaranteed to improve their posture, cardiovascular fitness, and problem-solving skills while they learn the basics of swordsmanship. They are also challenged to learn French and Italian terminology imbedded in this classical sport. Children will wow parents and friends during the last class at our Olympic-style fencing tournament.

\$180.00 - Check payable to Team Touché Fencing

EvOLvE Dance: Grades 2-4 & 3-6 (OA, Sage, Torrey Hills)



Dance! Design! Direct! Do it all in this unique student-led class that goes beyond a traditional dance class. Blending instruction with creative freedom, the EvOLvE class allows dancers to be the decision makers by exploring choreography, music selection, show management, and art and costume design for their end-of-session performance. Dancers love this fun class because it allows peer interaction and truly lets their imagination shine. Parents love this positive and high-energy class because it builds confidence, teamwork and communication skills while also developing dance skills. This class is GREAT FOR BOTH BOYS AND GIRLS. Visit www.dancetoevolve.com for more information.

\$199.00 – Check payable to EvOLvE Dance

EvOLvE Dance- Hip Hop: Grades 2-4 (Ashley Falls)

A fun high-energy hip hop class that will definitely have you movin' to the beats. All music and moves are age appropriate. Visit www.dancetoevolve.com for more information.

\$150.00 – Check payable to EvOLvE Dance

Fit Kids America: Cheerleading: Grades 2-4 (Del Mar Hills, Sycamore)

Show your spirit! Learn all the cheer basics during this fun class! Cheer dances, chants, kicks and jumps are just some of the things you'll learn on your way to becoming a top-notch cheerleader! Each week you will add counts on to a cheer dance. No uniform purchase is necessary. For more information call 760-804-1931 or email info@fitkidsamerica.org.

\$109.00 – Check payable to FKA (Fit Kids America)

Fit Kids America- Hip Hop: Grades 1-3 (Del Mar Hills)

Get ready to learn the latest dance moves at this fun dance class! The class features all your favorite music (appropriate lyrics only). This is a high-energy class where students receive step-by-step instruction in Hip Hop dance. Each routine is broken down into easy to learn individual movements. Classes include a warm up, stretching, choreography, and basic hip hop tricks. Let us bring the dance studio to you! All levels welcome. For more information call 760-804-1931 or email info@fitkidsamerica.org.

\$109.00 – Check payable to FKA (Fit Kids America)

Fit N Fun Kids-After school personal fitness training: Grade 3-6 (Ashley Falls)



Who says exercise has to be boring? Come join our workout with your very own personal trainer and get in shape while having fun.

This one-hour session is designed to get your child moving toward improved cardiovascular endurance, muscle strength and flexibility. With a combination of game play, weight training and creative movement Stacy will help your child catch the "exercise bug." Nutrition and/or body discussions designed to motivate and educate your child on the importance of exercise and good nutrition will be included in each class meeting. Please have your child wear comfortable clothes, good shoes and bring extra water. Each participant will receive a free Fit N Fun Kids' water bottle. *Stacy Modugno is an Ashley Falls mother of 2, and was a former college level athlete at Loyola Marymount University. She has coached championship level 10-12 year old girls basketball as well as softball and volleyball. She recently received her personal training certification from the American Council on Exercise.* For more information, please check out our website at www.fitnfunkids.com.

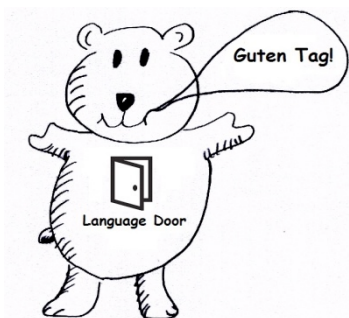
\$160.00 – Check payable to Stacy Modugno

Flag Football: Grades 3-6 (Del Mar Hills, Sycamore)

Are you ready for some football? Learn football basics through drills, obstacle courses and strength training with an emphasis on teamwork. Increase agility, speed and self-esteem. Intramural games will be played each class. No tackling, just fun! A "Super Bowl" will be played during the last class of the session. This class is designed for beginning to advanced levels. For more information call 760-804-1931 or email info@fitkidsamerica.org.

\$109.00 – Check payable to FKA (Fit Kids America)

German Beginning A: Grades 1-3 (Torrey Hills)



Learn German and have fun at the same time. Language Door San Diego will be offering a German Beginning A class. Research has shown children who know more than one language have greater levels of success in other areas of study, including reading, writing, grammar, social studies and math. Learning German will become fun as the teacher will let students draw, sing, play games, while she will immerse them in the language and teach them a variety of vocabulary words.

Class covers: counting, the alphabet, time, months, seasons, days of the week, clothing, animals, food, body parts, colors, activities, culture, and grammar.

\$195.00 – Check payable to Language Door Inc.
Materials Included

Golf at School!: Grades 1-3 & 4-6 (Del Mar Heights, Del Mar Hills, Sycamore, Torrey Hills)



TGA Premier Junior Golf, the number one provider of golf instruction in North San Diego County Elementary Schools, brings the golf course to your school! Our national, award winning, 5 level program is specially designed for children and builds upon the educational concepts they are learning in the classroom. Fun and safety comes first in every TGA class, but our curriculum also focuses on instilling self-confidence and life values through professional golf instruction. Students learn the fundamentals, etiquette and rules of the game in a comfortable environment, and build self-confidence, focus, and motor skills. Best of all, we provide all the equipment, a TGA hat, hatpin, and workbook (for students starting

in yellow level). Children of all skill levels are welcome as two separate classes (one for grades 1-3 and another for grades 4-6) are offered. We hope to see your child teeing it up with TGA! For more information, visit us at www.northsandiego.golftga.com or call 760.295.6622.

\$200.00 - Check payable to Total Golf Adventures or TGA

Guitar Star 1: Grades 3-6 (Del Mar Heights, Del Mar Hills, Sycamore)

Did you ever dream of becoming a true Rock Guitar Star? Join our instructors from SoCal Music Studios in this 2-part series beginner class. Find out what it takes to master the guitar and play in a band. Discover useful tips and tricks on how to make playing your favorite songs simple and fun. No experience is necessary as everything from the strumming and picking, basics of chord playing and solo melodies, and reading music and TAB will be covered. We also will explore the skill and joy of playing together as a group, very much like a band would do. Prizes and give-aways will keep you on your toes throughout this class. So put down those video games and really begin to ROCK OUT!

\$229.00 - Check payable to SoCal Music, LLC

Guitar Star 2: Grades 3-6 (Ashley Falls, OA, Sage, Torrey Hills)

A continuation course of our Guitar Star 1 course, this class spends more time with electric guitars, guitar knowledge in playing styles, song writing, and focusing on more current and popular songs as well as the classics. Students explore the art of jamming and are given the opportunity to perform in play-alongs to get a real band feel. This course is open to all students who have attended Guitar Star 1 or have had previous experience on guitar. All guitars and learning materials are supplied for the entirety of the session and prizes are handed out at the end of the course. Join us this spring, and master what it takes to become a real Guitar Star!

\$229.00 - Check payable to SoCal Music, LLC

Junior Jazzercise: Grades 2-4 (CDM)

FRIENDSHIP, FITNESS AND FUN!!! Junior Jazzercise is a perfect program to get students active and help them learn the importance of exercise and health. This class is a fun-filled introduction to the lifelong benefits of exercise. The program combines fun, easy-to-follow dance moves choreographed to popular music, fitness games, and light strength training. The non-competitive atmosphere is the perfect setting to introduce your child to fitness. Children are not required to have any dance experience. The class will also introduce some life lessons – like having a student lead the class in a stretch – promoting courage and leadership; having the students team up and create a choreographed dance - promoting team work and decision making, as well as creativity.

\$150.00 – Check payable to Susan Jentzsch

Kidz-N-Fun Gymnastics: Grades K-2 & 3-6 (CDM, Del Mar Heights, Del Mar Hills, Sage, Torrey Hills)



This is a safe, non-competitive, action packed gymnastics program for boys and girls. Children will learn many skills at their own pace designed for each individual's ability. We do not teach "levels" where your child will be held back if a specific skill is not learned. Instead, we encourage children to continue to practice a skill while trying a new one. Children will stretch, practice floor exercises, bar, balance beam, vaulting, tumbling, and have fun with our creative obstacle courses. Having fun is the best way for your child to learn. They won't want the fun to end! Let us help keep your kids fit!

\$150.00 – Check payable to Kidz-N-Fun

Kinder Club: Grades K (Del Mar Heights)

Kinder Club



Get ready to have fun as we enrich the kindergarten learning experience. We will do hands-on science projects, fun, messy and creative art projects, book making, clay, puppetry, sports, music and movement, and **PLAY!!!** Projects this session will be different from those done last session.

Mary ZoBell is a credentialed teacher with 15 years teaching experience, including the last 2 years teaching Spanish at DMHS, and a mom of a DMHS kindergartner. For more information, please email Mary ZoBell at maryzobell@gmail.com.

\$350.00 - Check payable to Mary ZoBell

Knitting 101 and THEN SOME- Beginning and Experienced Knitters: Grades 4-6 (Del Mar Hills, OA, Sage, Torrey Hills)



Join this relaxing class where you will love learning to knit. Once you learn the basic two stitches, you will be on your way to a wonderful world of knitting projects. Knitting is a true art form; exciting and shared by many all over the world. You will be amazed as you watch your creative efforts take form into something useful and beautiful. Beginners may start with a scarf or perhaps a small purse. Those who already know the basics are warmly welcomed and in the first class, you will decide what projects you will work on for the session. You are guaranteed to have fun in this class while developing a great lifetime hobby and bonding with your friends. *Ruth Zenari is a long-time member of the hand knitting North Coast Knitting Guild and the San Diego Machine Knitting Guild. She has taught knitting in both the Del Mar Union School District Enrichment Program and Children's Creative Workshops for many years.*

\$220.00 – Check payable to Ruth Zenari
Supplies Included

Lacrosse: Grades 1-3 (Del Mar Heights)

Learn the fundamentals of this up and coming sport! This class is designed to teach the game of lacrosse in a safe environment (no checking or pinky ball used). Lacrosse basics will be taught using drills, conditioning, training and fun! Students will learn ball handling, cradling, throwing and catching. Brought to you by Fit Kids America, Lacrosse is taught by our outstanding instructors with a proven curriculum and passion for the game. Our goals are to educate students about the sport, emphasizing teamwork and sportsmanship, and making sure EVERYONE has a positive experience. Wear comfortable clothing and shoes. For more information call 760-804-1931 or email joan@fitkidsamerica.org.

\$109.00 – Check payable to FKA (Fit Kids America)

Mad Science – Science in Action: Grades K-2 & 3-6 (Ashley Falls, CDM, Del Mar Heights, Del Mar Hills, OA, Sage, Sycamore, Torrey Hills)



During this exciting, hands-on Mad Science program, you'll experiment with robots and discover the incredible things that robots can do! Explore the energy of motion and make your own "bugbot."

Experiment with force and gravity while learning about the science of sports. Become a *Science Spy* and learn how to send secret messages using special codes. Wrestle with the strength of air and experiment with invisible forces that have incredible power. Experiment with substances that create amazing chemical reactions. Class topics include Radical Robots, Moving Motion, Science of Art, Science of Sport, Energy Burst, Aerodynamics, Radical Reactions, Incredible Machine, Secret Messages and Mineral Mania.

\$190.00 – Check payable to Mad Science

Magic Masters: Grades 3-6 (Ashley Falls, Del Mar Hills, OA, Sage, Torrey Hills)



Step up to Magic Masters! Magic is one of the best hobbies in the world because, well, it's magic! Magic is educational. Magic improves thinking and reasoning powers. Magic develops oral presentation skills, teaching competence with confidence, which directly affects positive self-esteem. Magic encourages good social interaction skills. Best of all, being able to perform magic is Fun, Fun, Fun! This course will enable you to mystify and entertain your family and friends with close-up and stand-up effects, including mind reading. Professionally made magic tricks will be included in this course. Some illusions will be made in class. *Larry Frankel is a professional magician, and has been teaching magic for over eighteen years.*

\$200.00 – Check payable to Larry Frankel

Mickey Mouse Kidz Club: Grades K-2 (CDM)

Curtain Call Kidz



Creative Dramatics for Children

Bring your imagination to this high energy, beginning level musical theater class designed to foster self-esteem and boost self-confidence while teaching basic theater arts skills! Join in the fun as we explore the playful world of Walt Disney. Class sessions include drama games, singing, dancing, improvisation activities, performance etiquette, puppets, theme-related crafts, and lots of Mickey Mouse fun! There will be a showcase performance for families and friends on the last day of the session. Costumes will be provided.

Wendy Cotton, instructor, is the owner/director of Curtain Call Kidz, a creative dramatics performance group in San Diego County.

Please visit www.curtaincallkidz.com for more information.

\$175.00 - Check payable to *Curtain Call Kidz*

Monart Drawing – Authors and Illustrators: Grades K-2 & 1-3 (CDM, Del Mar Heights, Del Mar Hills, OA, Sage, Sycamore)



Each week we will take an exciting look at beloved authors and illustrators who help to make our favorite books so memorable. Examples include Dr. Seuss, Eric Carle, Marc Brown, and Maurice Sendak. Our non-competitive, non-judgmental environment encourages artists of all abilities that drawing is a teachable skill where everyone can be successful. Students will be taught how to use various mediums

such as watercolor, oil pastels, colored pencils and more. Each week a fact sheet will accompany a completed drawing.

\$160.00 - Check payable to Monart

Movin' Maestros Music Class: Grades K-2 (Sycamore)



This fun music class builds skills through sing-a-longs, movement, and a variety of instruments to teach students the fundamentals of music. Children will begin to learn about pitch, beats, and synchronization as they develop musicality and rhythm. Movin' Maestros includes dancing, clapping, stomping and singing fun and energetic songs while playing games, creating stories and playing instruments such as a flute, triangle, tambourine, cymbals, and rhythm sticks. This class is great for boys and girls. Visit

www.dancetoevolve.com for more information.

\$150.00 – Check payable to EvOLvE Dance

Next Generation Yoga®: Grades 1-3 (Del Mar Hills, OA, Sycamore, Torrey Hills)



Yoga comes to life in this fun, creative and non-competitive class designed to stimulate a child's growing curiosity. Themed activities, cooperative yoga games, storytelling, music, and crafts engage the natural energy and enthusiasm of the 1st - 3rd grade child. Classes explore yoga poses, breathing exercises, visual imagery and relaxation techniques while conveying lessons in self-expression, body image, social skills, positive thinking, and environmental awareness. Certified NGY teachers exude a love for children and yoga, and have backgrounds in education, dance, social work, child psychology and special education.

For more information about NGY, please visit www.nextgenerationyoga.com or call Jodi Komitor, founder, 866-NGY-YOGA.

A Yoga Mat or towel is required for this class. Students may bring their own or a mat be purchased through NGY.

\$220.00 – Check payable to Next Generation Yoga

Piano Star 1: Grades 3-6 (CDM, Del Mar Heights, Del Mar Hills, Sycamore)

Have you ever wondered how it would feel to play a Bach piece at a concert hall? How about wished you could play like Alicia Keys or Coldplay on the piano? Join our experienced instructors from SoCal Music Studios for the first beginner's class of a 2-part series, and find out what it takes to play and perform piano pieces at the highest level. Our standards-based curriculum explores the basics of music theory and technique in exciting ways within a fun and nurturing setting. Plus, learning how to play music makes you smarter! Students will learn to read musical notation and to play compositions for both hands and learn to play compositions with both hands. Concepts of rhythm, scales and chords are discovered while students play together as an ensemble. Just like the rest of our "Star" courses, prizes and give-aways will keep you on your toes throughout this class. So come see how you can become the next Piano Star!

\$239.00 - Check payable to SoCal Music, LLC

Play It Safe- Defense Strategies for Children: Grades 3-6 (Del Mar Hills, OA, Sage, Sycamore, Torrey Hills)



As seen on Dr. Phil! PLAY IT SAFE is a fun, interactive, age appropriate method that teaches students to respond appropriately to unique challenges they must face such as, dealing with bullies, teasing, stranger awareness and self defense. This **one-day only**, 2-hour empowering class teaches children to recognize inappropriate behavior and to trust their instincts when someone or something doesn't feel right. Students will role-play with a mock "stranger" and a mock "bully," while being coached by instructors. Self-defense techniques are also incorporated into this class. Students will receive an "Awareness" award and valuable reference materials to take home. Girl and Boy Scouts will also earn a patch. Visit www.PlayItSafeDefense.com for more information.

\$30.00 – Check payable to Play It Safe

Robotics and Mechanical Builders Club: Grades 1-3 (Sage Canyon)



The mechanical builders club, run by ClubXcite, is a unique, creative, and technical class for children of all levels interested in building and engineering. Our counselors offer years of personal and academic building experience. Unique to this class is a 4-to-1 student-to-instructor ratio providing a small group setting offering individualized attention. There will be a variety of projects throughout the session including, but not limited to, bottle rockets with ejecting parachute mechanisms, solar powered cars and boats, remote controlled robots that launch disks, rubber band motorized airplane kits, catapults, bridge building, egg drop activity, K'nex building and robotic sets, technical lego sets and much more. Each project will be tailored to the skill level and interests of the students enrolled and students will be able to take many of their projects home. To find out more about ClubXcite please email Stefan@exciteway.com.

\$295.00 - Check payable to ClubXcite,LLC
4:1 ratio and includes take home projects

Soccer for Beginners: Grades K-2 (Del Mar Heights, Del Mar Hills, Sycamore, Torrey Hills)

Join us to learn the fundamentals of soccer. Each player will be trained in a fun environment, where they will develop soccer skills through a series of specific games which include elements of correct demonstration and instruction. Come see the difference in a soccer program taught by passionate instructors and set in a fun learning environment! Players will improve their dribbling, trapping, passing, and shooting. Your child will not believe the skills he or she will learn while playing games. All players participate at all times. Each player will receive a certificate at the end of the session.

\$169.00 – Check payable to British Academy of Soccer Science (BASS)

So You Think You Can Dance?: Grades 2-4 (Torrey Hills)



Love to Dance, Inc. believes you can! Come join us to learn the newest dance crazes sweeping the nation. Students will practice and perform fun styles of dance ranging from Hip Hop to Broadway. Each week we will pick a new dance genre out of a hat and learn exciting choreography that the students will perform at the end of the session, Season Finale. Through this program students will discover just how thrilling and fun dancing can be! So who will be San Diego's next favorite dancer?

Classes will be taught by the professional staff from Love to Dance, Inc. Students can enjoy dancing in a warm and friendly environment suitable for both beginning and advanced students. Class size is limited so sign up today! Students, please wear comfortable clothes to move in and tennis shoes. Call 858.229.0120 or visit www.lovetodanceinc.com for additional information.

\$177.00 – Check payable to Love to Dance, Inc.

Superstar Gymnastics: Grades K-4 (Ashley Falls, OA, Sycamore)



Superstar Gymnastics—where every child is a Superstar! Designed for beginning to intermediate levels, we will meet your child's needs and challenge them to reach their own goals, while still having a blast! The Superstar van transports equipment to your child's school. Our safe and fun equipment includes: a mini trampoline, springboard, block vault, folding mats, incline mats, hula hoops, stomp and catch board, and a parachute! Classes consist of a musical warm-up, stretches, gymnastics circuit, obstacle course, and tons of games! There will be a performance during the last class including an awards ceremony where every gymnast receives a gold medal! Give your son or

daughter the chance to shine like a Superstar!!

\$165.00 – Check payable to Superstar Gymnastics

Theatre and Acting Games: Grades K-2, 1-3, 2-4 & 3-6 (Ashley Falls, OA, Torrey Hills)



Ready for the stage? Let's start with building skills and some games! The Theatre and Acting Games classes offered through the SPAA Theatre program offers a combination of acting and improvisational skills while having fun through specialized activities and scenes. These activities help promote self confidence to get on stage,

develop speaking skills, and an appreciation for theatre. We provide a loving, fun-filled environment to stimulate your child's imagination and enhance his/her social skills, posture, physical awareness, rhythm, developmental movement patterns and spatial awareness. Please send your child with a solid T-shirt and black jazz/yoga/dance/sweat pants.

\$185.00 – Check payable to SPAA (Scripps Performing Arts Academy)

Website Design for Beginners: Grades 3-6 (Ashley Falls, CDM, Sycamore, Torrey)

Give your child a head start by encouraging them to learn HTML (the language of the Internet). Facebook, Twitter, and texting may be cool; but being able to understand and design a web page through HTML code gives students command of the almost limitless possibilities of cyberspace. In this class for beginners, students will learn to write code and make websites functional and fast. In addition to getting a head start in the technology field, students will also improve their typing skills, which will be helpful for years to come. Mac or PC? It makes no difference. Your child will create his or her first website after just ten weeks. Laptops will be provided for small group work or students may bring their own for individualized practice.

\$180.00 – Check payable to JD Katzin

Website Design II: Grades 3-6 (OA)

In this continuation class, students will expand the code for writing websites by adding CSS to the HTML they learned in Website Design for Beginners. Students will continue their knowledge by building multiple page websites that keep the same look and feel, while adding more complexity to the HTML code. Join us as we get even more Internet savvy in this fun hands-on class.

\$180.00 – Check payable to JD Katzin

WeDo Robotics – Vision Tech (Ashley Falls)

WeDo Robotics engages children in hands-on LEGO technology experiments focused on science, mathematics, social studies, and language concepts. It allows young students to start exploring simple robotics concepts at an early age in a fun, easy way. The simplicity and ingenuity of the robotic sets allows children to build and program their projects. The drag-and-drop icon-based software provides an intuitive and easy-to-use programming environment suitable for beginners and experienced users alike. WeDo Robotics helps create a clear link between the virtual world (computers and programming) and the physical world (represented by LEGO models). No prior experience in programming is necessary. For more information, please visit www.visiontechcamps.com.

\$220.00 – Check payable to VisionTech

Weird Science: Grades K-2 (Ashley Falls, Del Mar Heights, Del Mar Hills, OA, Sage, Torrey Hills)



Join Ben Hian or John Taibe, from Radical Reptiles & Friends, for a fun hands-on experience for our youngest scientists. Using chemistry, the mad scientists will discover the magic of physical science through experiments and investigations focused on slime, volcanoes, crystals, color wheels, greenhouses and more!! The class is appropriate for both boys and girls.

\$150.00 - Check payable to Ben Hian

Wicked of Oz: Grades 3-6 (Sycamore)



This musical theatre workshop is a clever combination of the ever popular characters from the Broadway shows "Wicked," "Wizard of Oz" and "The Wiz." Students will perform favorite songs with inspired dialogue that created legends on the Big Screen and the Broadway stage! Every student gets a speaking role.

\$185.00 – Check payable to SPAA (Scripps Performing Arts Academy)
Includes costumed presentation at end of the session

Writing Adventures: Grades 3-6 (Ashley Falls, CDM, OA)

In this all-new session of Writing Adventures, students embark on a magical journey through space aboard the Starship Enterprise in order to save the universe from certain destruction. The Enterprise crewmates must use their writing skills to decipher the Federation's secret messages, to accomplish vital missions in strange and distant galaxies, and to earn prizes at each stage of the journey! By the end of the quest, all of the crewmates are knighted as Writing Knights of the Federation and take home their many treasures and journals of their narrative adventures. Writing Adventures makes fiction writing fun and easy for all skill levels and develops important writing abilities that benefit students for the rest of their lives. The journey is led by Captain Spock (also known as Josh Cangelosi)—an English/communication professor and professional writer/editor. Space aboard the Starship Enterprise is limited, so join this thrilling adventure through the magical world of writing today!

\$200.00 – Check payable to Joshua Cangelosi



The Del Mar Union School District After-school Program staff receives training from Kids Included Together (KIT) on the inclusion of children with special needs.