

After School Hoops: Grades 1-3 and 4-6 (WEDNESDAY)



After School Hoops® is a weekday afternoon basketball program for aspiring young players. The one hour instructional sessions combine fundamental skills instruction with organized team competition, with the goal of providing an enjoyable and educational after school athletic event. Developing players benefit by improving their individual skills such as passing, dribbling, shooting, rebounding, and defending while, at the same time, learning how to work within the framework of a team. Boys and girls of all skill levels are encouraged to join.

One of the many merits of After School Hoops® is that it provides school children with an organized after school event at which they can learn, socialize, and most of all, have fun. Parents and teachers often express concern that idle and unsupervised after school hours provide too many negative temptations for their children. Using athletics as the vehicle, After School Hoops® provides children with an opportunity to improve their overall physical fitness, develop sportsmanship and athletic integrity, and gain an understanding of the game of basketball.

\$125.00 – Check payable to One on One Basketball

Capoeira Kids: Grades 1-3 (MONDAY)

**CAPOEIRA
BRASIL**



The Brazilian art form of Capoeira is a harmonious blending of dance, martial arts, and acrobatics, accompanied by native percussion instruments and the call and response song of participants. Capoeira Brasil San Diego invites you and your children to discover this graceful yet physically powerful form of expression with us.

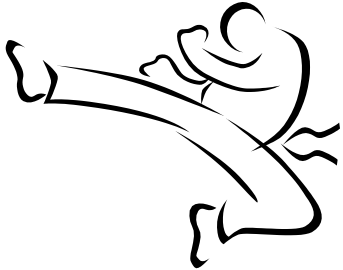
The main focus of our children's program is to provide an outlet for creativeness through two avenues: the development of body expression and the development of rhythmic and musical skills. The development of body expression is taught through educational games that train the acrobatics, kicks, and escapes found in Capoeira. A major effect of the training is increased physical health, since the movements combine to develop an overall increase in agility, balance, coordination, endurance, flexibility, and strength. Of course, the most important thing to kids is that this all happens while having fun!

The other avenue of creative expression is through the development of rhythmic and musical skills. The musical component of Capoeira is as important as the physical. Our program teaches the songs of Capoeira (in Portuguese) and introduces the four main instruments of Capoeira – the berimbau (single-stringed instrument), atabaque (drum), pandeiro (tambourine), and the agogo. This makeshift "band provides children the opportunity to work together as a group while learning general music skills. For some children who might not otherwise be drawn to this activity, music is an important opportunity for self-expression.

Capoeira actually provides children with so much more than this "short" description can explain. From culture to history to movement and music, Capoeira can offer your child an amazing experience!

\$130.00 – Check payable to Capoeira Arts

Center for Martial Arts' Korean Karate and Self-Defense: Grades 1-6 (FRIDAY)



Enjoy learning Martial Arts with friends in an environment of discipline, compassion, and loads of FUN! Your child will learn traditional Korean Martial Arts that will build confidence, self-discipline, physical agility, and self-defense ability from a caring, positive, highly trained role model. Children are also taught that with learning their martial arts comes the responsibility of knowing appropriate times to practice and use their art.

The Center for Martial Arts has been teaching after school enrichment programs throughout San Diego County for over 19 years now. With a large number of students returning year after year, all levels of martial artists are welcome.

An approved traditional white uniform is required and may be purchased from The Center for Martial Arts at a discounted rate of \$30. For more information please call The Center at (760) 942-6470.

Special Offers:

1. Need a Uniform? – Free uniform when enrolling in both sessions prior to the start of the fall session.
2. No Uniform Needed – Are you a returning student that doesn't need a uniform? Receive a 5% discount when enrolling in both sessions now.

Check payable to Center for Martial Arts or CMA

\$124.00 – Fall Session Only

\$154.00 – Fall Session with Uniform

\$279.00 – Free Uniform – Both Sessions (Fall & Winter/Spring)

\$265.00 – *No Uniform* – Both Sessions (Fall & Winter/Spring) 5% Discount

Chess Academy for Beginner, Intermediate, and Advanced Students: Grades 1-6 (THURSDAY)



Have you ever heard of Garry Kasparov? He is the highest rated player in the history of chess. By the age of 22 he had become the youngest World Champion. Since then, no one has been able to play like him.

Could you be the next Garry Kasparov? Would you like to find out?

The San Diego Chess Academy will help you learn chess—from the basics to the most advanced winning strategies. If you've never played chess before, or if you think you may be the Garry Kasparov, this program is for you!

In Chess Academy for Beginners you will learn the basic moves, how to check, checkmate, stalemate, castle, en passant, quick checkmates, hanging pieces, chess notation and some fast attacks.

In the Chess Academy for Intermediate and Advanced Students, you will learn to see checkmates in one or two moves, opening, middle, and end game principles, pins, forks, skewers, and how to use open files. You'll also learn different types of checkmates including back rank mates, smother mates, and the always-impressive queen sacrifice mates!

The staff of U.S. Chess Federation are certified instructors who make each class interesting and fun. There will be certificates and prizes awarded weekly for various accomplishments. To find out if YOU are the next Garry Kasparov, sign up today!

\$135.00 - Check payable to San Diego Chess Academy (SDCA)

Children's Dance Musicals! – "Camp Rock": Grades K-2 (WEDNESDAY) and Grades 2-4 (THURSDAY)



Join Dance with Nance for a brand new exciting dance semester of fun dance routines from Disney's summer dance musical... Camp Rock! Join Mitchie, Tess, Caitlyn and the rest of her friends at Camp Rock and dance to the songs, "We Rock," "Play My Music," "Start the party," "What it Takes," "Here I am," and more! We will enjoy lots of beginner jazz/hip hop, creative and modern dance routines to fun Camp Rock music! Lots of dancing and fun times with friends! Learn how to choreograph your own steps to fun songs!

Dance With Nance Company has had the pleasure of teaching dance musicals for 30 years and is excited to be returning this fall with fun new dance routines to great songs! Visit our website at www.dancewithnance.com for references or additional information!

\$108.00 - Check payable to Nancy Holden (Class size is limited to 12 students)

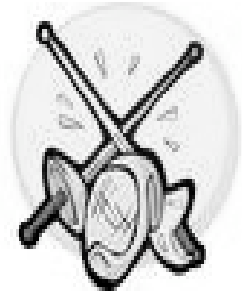
Creative Clay: Grades 1-3 (WEDNESDAY)



Turning a lump of clay into something fantastic is fun and rewarding. You'll be amazed at all of the different shapes, colors, and textures you will make. Flatten a clay slab to make a variety of projects, pinch clay between your fingers to make a bowl or mug, roll and stack coils, create a cylinder, and even sculpt an animal. You'll be making and glazing different projects each week. There will be new projects for beginning and returning students. *A resident of Del Mar for 35 years Sandra Dodd is a commercial artist, who taught art at Del Mar Heights for over eighteen years.*

\$225.00 – Check payable to Sandra Dodd

Fencing: Grades 3-6 (MONDAY)



Team Touché Fencing specializes in teaching children the classic sport of fencing. Our cadre of skilled coaches provides the highest level of instruction in San Diego. They know the beginner techniques to teach children, and they know *how* to teach it. Team Touché Fencing philosophy holds that children learn difficult skills best by participating in fun games. That is why fencing practice is filled with games that kids love, such as "Wizard," and "Teddy Says." Also, students learn to fence with safe plastic and foam swords.

During Team Touché Fencing programs children will have a chance to practice the three Olympic disciplines in fencing: foil, epee, and sabre. Plus, they will even learn the creative art of theatrical combat. On the last day, parents are invited to enjoy their children's original fencing

sketch. Fencing develops students' motor skills and hand-eye coordination. It also bestows good posture and lightning-fast reflexes. This is why we believe everyone should *learn to fence*.

\$110.00 - Check payable to Team Touché

KidzArt: Grades K-2 (FRIDAY)



KidzArt is a drawing based art enrichment program that builds self-confidence, focus, and problem solving skills in a safe and non-competitive environment. Students will learn to draw life-like people and animals, still-life scenes, landscapes, and other representational pieces while using Prismacolors, chalks, oil pastels, and charcoal. KidzArt creates a FUN environment where students will experience relaxation, introspection, and true self expression through art. Through this process, confidence is built in both beginner and advanced students.

\$135.00 – Check payable to KidzArt

Kidz-N-Fun Gymnastics (beginning to intermediate): Grades 1-4 (TUESDAY)



This is a safe non-competitive, action packed program for boys and girls. Children will learn many skills at their own pace from beginning to intermediate levels. We do not teach “levels” where your child will be held back if a specific skill is not learned. Instead, we encourage children to continue to practice a skill while trying a new one. Children will stretch, then practice floor exercises, bar, balance beam, vaulting, tumbling, and then have fun with our creative obstacle courses. Having fun is the best way for your child to learn. They won’t want the fun to end! Let us help keep your kids fit!

\$120.00 – Check payable to Shannon Polivka

Magic Stars: Grades 3-6 (WEDNESDAY)



Magic is one of the best hobbies in the world because, well, it's magic! This performance-oriented course will enable students to mystify and entertain their family and friends with close-up and stand-up effects, including mind reading. Professionally made magic tricks will be included in this course. Some illusions will be made in class. Plus, each student will receive a gift box for his or her magic. Magic is educational. Magic improves thinking and reasoning powers. Magic develops oral presentation skills, teaching competence with confidence, which directly affects positive self-esteem. Magic encourages good social interaction skills. Best of all, being able to perform magic is Fun, Fun, Fun! Larry Frankel is a professional magician, and has been teaching magic for over seventeen years.

\$160.00 – Check payable to Larry Frankel

Monart Drawing – Drawing Disney: Grades 1-3 (TUESDAY)



Learn to draw your favorite Disney characters including Aladdin, Bambi, The Lion King, 101 Dalmatians, Snow White & More, with Monart!

Throughout this course we will not only learn to draw our beloved Disney characters, we will provide exciting facts and learn how to use a lot of different medias along the way! We will explore using different media such as watercolor, colored pencils, oil pastels, chalk, mixed media, and much more. A fact sheet will accompany the artwork home each week.

Aryan K., Age 7 (above)

\$116.00 - Check payable to Monart

Robotics Engineering I: Grades 1-3 and Grades 4-6 (THURSDAY)



Robotics Engineering I introduces students to the emerging new fields of Robotics. Children participating in our Robotics workshops are guided through a hands-on experience where they learn to design, build, and program robots using the LEGO Mindstorms Construction System 2.0. With gears, pulleys, beams, axels, and many more building elements, kids learn to create mechanical masterpieces. Within this

eight-week program, kids will design multiple robots and learn to incorporate light and touch sensors to their robot and finally program their robot to participate in fun robotics challenges. Each class is object oriented and ends in fun challenges that teach kids new concepts in robotics engineering.

\$270.00 – Check payable to VisionTech

Soccer for Beginners: Grades K-2 (TUESDAY)



Join us and learn the fundamentals of soccer. Each player will be trained in a fun environment, where they will develop soccer skills through a series of specific games with elements of correct demonstration and instruction. Come see the difference in a soccer program taught by passionate instructors that set a fun learning environment!

This program is designed to teach kids soccer through fun training methods and games. Players will improve their dribbling, trapping, passing, and shooting. Your child will not believe the skills he or she will learn while playing games. All players participate at all times. Each player will receive a certificate at the end of the course.

\$145.00 – Check payable to British Academy of Soccer Science (BASS)

Volleyball: Grades 3-6 (THURSDAY)



Learn to play the game of volleyball. All levels are welcome as this class will prove helpful to beginners and experienced players alike. Classes are designed by two-time Olympians Lina and Petia Yanchulova, who participated in Sydney 2000 and Athens 2004. Learn the fundamentals in a fun and engaging environment. Along with teaching solid technical skills, there will be lots of opportunities to play. Volleyball is a sport you can enjoy for the rest of your life – get the right start! All equipment is provided.

\$80.00 – Check payable to Star Sports

Weird Science: Grades K-2 (MONDAY)



Join Ben Hian, from Radical Reptiles & Friends, for an early science experience.

Using chemistry to make experiments, the mad scientists will discover the magic of physical science through experiments and investigations including slime, soap boats, BBQ crystals, and funny putty. Check out how fun science can be!

\$120.00 - Check payable to Radical Reptiles

YEAR LONG LANGUAGE COURSES

Mandarin Bilingual Course – Level I: Grades K-2 (WEDNESDAY)

This course is mainly designed for non-native Mandarin speaking students. The native Mandarin instructors of this MB (Mandarin Bilingual) Course will use English to teach Chinese (Mandarin) language whenever English is needed. For example, the instructors use English to help students best understand and grasp the fundamental learning tools; the instructors explain the keys of the pronunciation for each different phonetic symbol and so on.

Mandarin Intensive Course – Level I: Grades K-2 (WEDNESDAY)

This course is mainly designed for students who have already been exposed to Mandarin Chinese, e.g. speaking Mandarin Chinese at home. This MI (Mandarin Intensive) Course gives children the opportunity to rapidly expand the knowledge of written and spoken Mandarin in a rich immersion environment.

你好
Nǐ Hǎo

“Mandarin World Academy” includes six levels (Level I – Level VI) to help children build up a solid foundation to reach Five Standards (Communication, Culture, Connections, Comparisons, and Communities) for Chinese (Mandarin) Language learning. This program uses well-implemented academic and activity-based curriculum to enhance students’ proficiency of Chinese (Mandarin) as a Foreign Language. The program curriculum features (1) Academic excellence with structural learning in all four language skills: listening, speaking, reading and writing (2) Integrating Culture and connecting with other subjects and disciplines (3) Fun and interactive activities to engage children’s interest. Let’s have fun learning Mandarin!

At Level I, Pinyin (Phonetic Symbols) will be emphasized, as well as speaking Mandarin with correct tones, and beginning training to form the good habits of writing Chinese Characters. This course is offered in a fun-filled environment throughout the school year for 23 weeks. Each lesson is one hour long with a limited class size.

Please email to info@AAIG.US for more information or questions.

\$490.00 – Check payable to AAIG

Sing 'N Speak Spanish: Grade K (Year 1), Grades 1 – 4 (Year 1), Grades 2 - 5 (Year 2), Grades 3 - 6 (Year 3)



Sing 'n Speak Spanish is a highly interactive fun language program that fully integrates music into a four-year curriculum. Classes include visuals, singing coupled with descriptive movements, humor, puppets, stories, games, activities, and role-playing! Students learn Spanish easily and become enthusiastic about learning a second language. It is a proven system, with over 650 yearlong courses taught since 1998 in schools throughout San Diego County. Classes meet weekly after school and continue throughout the school year. Each lesson is 45 minutes long with a maximum of just 12 children per class. For more information refer to our website, www.singnspeak.com. Tuition includes all materials – music CD's, songbooks, workbooks and prizes.

For more information or for payment options, call Julia Burnier at 619-223-2508 or e-mail at julia@singnspeak.com. \$455.00 for classes October through May – Check payable to Sing 'n Speak Spanish, Inc.

Note: Most Kindergarteners who take Year 1 Spanish benefit by repeating Year 1 Spanish in first grade.

Note: Students repeating a course may also enroll in the next higher level course for a twice a week Spanish class.

Note: Year 3 Spanish will be offered at Del Mar Heights (Fri), Ocean Air (Wed), Sage Canyon (Wed), Sycamore Ridge (Wed), and Torrey Hills (Thu). Year 4 Spanish will be offered (for the 1st time!) at Sage Canyon (Tue) and at Carmel del Mar (Tue). Total class time for Year 3 and Year 4 Spanish will be 1 hour. The first 15 min. of class will be review, giving students from other Del Mar schools (where Year 3 or 4 Spanish are not offered) the time to be driven to a campus where Year 3 or Year 4 is offered. After 15 min., the 45 min. lesson will begin.