

### **After School Hoops: Grades 1-3 and 4-6 (WEDNESDAY)**



After School Hoops® is a weekday afternoon basketball program for aspiring young players. The one hour instructional sessions combine fundamental skills instruction with organized team competition, with the goal of providing an enjoyable and educational after school athletic event. Developing players benefit by improving their individual skills such as passing, dribbling, shooting, rebounding, and defending while, at the same time, learning how to work within the framework of a team. Boys and girls of all skill levels are encouraged to join.

One of the many merits of After School Hoops® is that it provides school children with an organized after school event at which they can learn, socialize, and most of all, have fun. Parents and teachers often express concern that idle and unsupervised after school hours provide too many negative temptations for their children. Using athletics as the vehicle, After School Hoops® provides children with an opportunity to improve their overall physical fitness, develop sportsmanship and athletic integrity, and gain an understanding of the game of basketball.

\$125.00 – Check payable to One on One Basketball

### **Capoeira Kids: Grades 1-3 (TUESDAY)**

**CAPOEIRA  
BRASIL**



The Brazilian art form of Capoeira is a harmonious blending of dance, martial arts, and acrobatics, accompanied by native percussion instruments and the call and response song of participants. Capoeira Brasil San Diego invites you and your children to discover this graceful yet physically powerful form of expression with us.

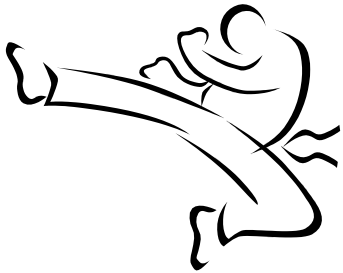
The main focus of our children's program is to provide an outlet for creativeness through two avenues: the development of body expression and the development of rhythmic and musical skills. The development of body expression is taught through educational games that train the acrobatics, kicks, and escapes found in Capoeira. A major effect of the training is increased physical health, since the movements combine to develop an overall increase in agility, balance, coordination, endurance, flexibility, and strength. Of course, the most important thing to kids is that this all happens while having fun!

The other avenue of creative expression is through the development of rhythmic and musical skills. The musical component of Capoeira is as important as the physical. Our program teaches the songs of Capoeira (in Portuguese) and introduces the four main instruments of Capoeira – the berimbau (single-stringed instrument), atabaque (drum), pandeiro (tambourine), and the agogo. This makeshift "band provides children the opportunity to work together as a group while learning general music skills. For some children who might not otherwise be drawn to this activity, music is an important opportunity for self-expression.

Capoeira actually provides children with so much more than this "short" description can explain. From culture to history to movement and music, Capoeira can offer your child an amazing experience!

\$130.00 – Check payable to Capoeira Arts

## **Center for Martial Arts' Korean Karate and Self-Defense: Grades 1-6 (WEDNESDAY)**



Enjoy learning Martial Arts with friends in an environment of discipline, compassion, and loads of FUN! Your child will learn traditional Korean Martial Arts that will build confidence, self-discipline, physical agility, and self-defense ability from a caring, positive, highly trained role model. Children are also taught that with learning their martial arts comes the responsibility of knowing appropriate times to practice and use their art.

The Center for Martial Arts has been teaching after school enrichment programs throughout San Diego County for over 19 years now. With a large number of students returning year after year, all levels of martial artists are welcome.

An approved traditional white uniform is required and may be purchased from The Center for Martial Arts at a discounted rate of \$30. For more information please call The Center at (760) 942-6470.

### Special Offers:

1. Need a Uniform? – Free uniform when enrolling in both sessions prior to the start of the fall session.
2. No Uniform Needed – Are you a returning student that doesn't need a uniform? Receive a 5% discount when enrolling in both sessions now.

Check payable to Center for Martial Arts or CMA

\$124.00 – Fall Session Only

\$154.00 – Fall Session with Uniform

\$279.00 – Free Uniform – Both Sessions (Fall & Winter/Spring)

\$265.00 – *No Uniform* – Both Sessions (Fall & Winter/Spring) 5% Discount

## **Chess Academy for Beginner, Intermediate, and Advanced Students: Grades 1-6 (MONDAY)**



Have you ever heard of Garry Kasparov? He is the highest rated player in the history of chess. By the age of 22 he had become the youngest World Champion. Since then, no one has been able to play like him.

Could you be the next Garry Kasparov? Would you like to find out?

The San Diego Chess Academy will help you learn chess—from the basics to the most advanced winning strategies. If you've never played chess before, or if you think you may be the Garry Kasparov, this program is for you!

In Chess Academy for Beginners you will learn the basic moves, how to check, checkmate, stalemate, castle, en passant, quick checkmates, hanging pieces, chess notation and some fast attacks.

In the Chess Academy for Intermediate and Advanced Students, you will learn to see checkmates in one or two moves, opening, middle, and end game principles, pins, forks, skewers, and how to use open files. You'll also learn different types of checkmates including back rank mates, smother mates, and the always-impressive queen sacrifice mates!

The staff of U.S. Chess Federation are certified instructors who make each class interesting and fun. There will be certificates and prizes awarded weekly for various accomplishments. To find out if YOU are the next Garry Kasparov, sign up today!

\$135.00 - Check payable to San Diego Chess Academy (SDCA)

## **Children's Dance Musicals! – "Camp Rock": Grades K-2 (FRIDAY) and Grades 2-4 (THURSDAY)**



Join Dance with Nance for a brand new exciting dance semester of fun dance routines from Disney's summer dance musical... Camp Rock! Join Mitchie, Tess, Caitlyn and the rest of her friends at Camp Rock and dance to the songs, "We Rock," "Play My Music," "Start the party," "What it Takes," "Here I am," and more! We will enjoy lots of beginner jazz/hip hop, creative and modern dance routines to fun Camp Rock music! Lots of dancing and fun times with friends! Learn how to choreograph your own steps to fun songs!

Dance With Nance Company has had the pleasure of teaching dance musicals for 30 years and is excited to be returning this fall with fun new dance routines to great songs! Visit our website at [www.dancewithnance.com](http://www.dancewithnance.com) for references or additional information!

\$108.00 - Check payable to Nancy Holden (Class size is limited to 12 students)

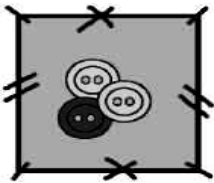
### **Creative Clay: Grades 1-3 (THURSDAY)**



Turning a lump of clay into something fantastic is fun and rewarding. You'll be amazed at all of the different shapes, colors, and textures you will make. Flatten a clay slab to make a variety of projects, pinch clay between your fingers to make a bowl or mug, roll and stack coils, create a cylinder, and even sculpt an animal. You'll be making and glazing different projects each week. There will be new projects for beginning and returning students. *A resident of Del Mar for 35 years Sandra Dodd is a commercial artist, who taught art at Del Mar Heights for over eighteen years.*

\$225.00 – Check payable to Sandra Dodd

### **Easy Sewing and Quilting: Grades 4-6 (TUESDAY)**



If you would like to learn to sew or to improve your sewing skills, then this is the class for you! You will learn how to use a sewing machine, handsew, gain confidence, and learn a lot of new skills. We always do a new and different project each session. No prior sewing experience necessary. This class is popular with both boys and girls. Come and join us for some creative fun! *Teri Nance has been enjoying sewing for 28 years. She has been teaching in the Del Mar After School Enrichment Program for four years and also teaches in the Children's Creative Workshops.*

\$190.00 – Check payable to Teri Nance

### **Dancing with the Stars of Del Mar: Grades 3-6 \*Boys and Girls\* (MONDAY)**



Ever dreamed of dancing like the stars on t.v.? Just like the television show, you will learn the basics of ballroom dance, including Tango, Rumba, Waltz, Meringue, swing, and many more. Social dance has made a comeback in a big way and you can be a part of the largest ballroom dance program in San Diego County. The lessons to be taught through this program include self-esteem, confidence, poise, etiquette, respect, courtesy, teamwork, social awareness, and diversity. Dance is a form of communication. Children learn to express themselves through movement; therefore, communicating with one another through the artistic language of dance. Once joined together on the dance floor, self-esteem is the most notable change. Postures improve, heads are held high, focus and concentration levels excel and discipline is achieved. Boys have tucked in their shirts; girls stand up straight and prepare for their lead.

The partners make eye contact, listen for the music to start, and come together to dance. Students participating in this enrichment program will have the opportunity to represent their school in the San Diego County Schools' Dancesport Championship in May of '09. A one of a kind event and a once in a lifetime opportunity!

\$155.00 – Check payable to EduDance

## Engineering FUNDamentals with Legos®: Grades 1-3 (THURSDAY)

Play-Well  
TEKologies



Play-Well TEKologies provides project-based programs designed to teach principles and methods of engineering, architecture, and science, utilizing LEGO® and other building systems. The multi-level curriculum creates stepping stones for students to gain a broader understanding of principles and practical uses of engineering, math and architecture, and prepares them to become the engineers of tomorrow.

\$160.00 – Check payable to Play-Well TEKologies

## KidzArt: Grades K-2 (WEDNESDAY)



**KidzArt**

KidzArt is a drawing based art enrichment program that builds self-confidence, focus, and problem solving skills in a safe and non-competitive environment. Students will learn to draw life-like people and animals, still-life scenes, landscapes, and other representational pieces while using Prismacolors, chalks, oil pastels, and charcoal. KidzArt creates a FUN environment where students will experience relaxation, introspection, and true self expression through art. Through this process, confidence is built in both beginner and advanced students.

\$135.00 – Check payable to KidzArt

## Kidz-N-Fun Gymnastics (beginning to intermediate): Grades 1-4 (FRIDAY)



This is a safe non-competitive, action packed program for boys and girls. Children will learn many skills at their own pace from beginning to intermediate levels. We do not teach “levels” where your child will be held back if a specific skill is not learned. Instead, we encourage children to continue to practice a skill while trying a new one. Children will stretch, then practice floor exercises, bar, balance beam, vaulting, tumbling, and then have fun with our creative obstacle courses. Having fun is the best way for your child to learn. They won’t want the fun to end! Let us help keep your kids fit!

\$120.00 – Check payable to Shannon Polivka

## Mad Science - Science Spies & Roaring Racecars: Grades 3-6 (FRIDAY)



During this exciting, hands-on program you’ll become a Mad Science Detective and discover how science is used to solve crimes! Collect fingerprints, make observations, and gather clues as you investigate. See how crime labs identify unknown substances and test for “trace evidence.” Explore the science of movie-making, 3-D images and special effects. Finally, you’ll experiment with simple machines and make your very own Mad Science propeller-driven Race Car! Class topics include Mad Science Machines, Detective Science, Walloping Weather, Movie Effects, Kitchen Chemistry, Earth Works, Science of Toys, and Bugs. Each student will make and take home a science project during each class.

\$155.00 – Check payable to Mad Science

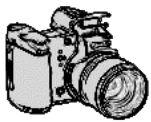
### **Parlez-vous Français: Grades 1-3 (WEDNESDAY)**



Give your child the fantastic opportunity to share with millions of people one of the world's international languages! "Parlez-vous français" is a very complete and exciting program, which includes visuals, games, activities, stories, and songs to achieve oral communication as well as reading and writing in French. In a playful and stress-free atmosphere, students will be introduced to the French language. Each lesson is 45 minutes long with a maximum of ten children. Please e-mail questions to [viviane.c@sbcglobal.net](mailto:viviane.c@sbcglobal.net).

\$256.00 – Check payable to Viviane Conley

### **Photography: Grades 3-6 (THURSDAY)**



Learn what the grown-up photographers are doing! This class will teach the art of photography including: digital, "4-eye camera"~ learn how to take one photo four ways, self-portraits, hand-colored prints, collages, and sun prints! In ten weeks you'll have a portfolio to show off!! Cameras provided.

\$120.00 – Check payable to Camp Imagine, Inc.

### **Volleyball: Grades 3-6 (TUESDAY)**



Learn to play the game of volleyball. All levels are welcome as this class will prove helpful to beginners and experienced players alike. Classes are designed by two-time Olympians Lina and Petia Yanchulova, who participated in Sydney 2000 and Athens 2004. Learn the fundamentals in a fun and engaging environment. Along with teaching solid technical skills, there will be lots of opportunities to play. Volleyball is a sport you can enjoy for the rest of your life – get the right start! All equipment is provided.

\$80.00 – Check payable to Star Sports

### **Weird Science: Grades K-2 (WEDNESDAY)**



Join Ben Hian, from Radical Reptiles & Friends, for an early science experience.

Using chemistry to make experiments, the mad scientists will discover the magic of physical science through experiments and investigations including slime, soap boats, BBQ crystals, and funny putty. Check out how fun science can be!

\$120.00 - Check payable to Radical Reptiles

## YEAR LONG LANGUAGE COURSES

### **Mandarin Bilingual Course – Level I: Grades K-2 (TUESDAY)**

This course is mainly designed for non-native Mandarin speaking students. The native Mandarin instructors of this MB (Mandarin Bilingual) Course will use English to teach Chinese (Mandarin) language whenever English is needed. For example, the instructors use English to help students best understand and grasp the fundamental learning tools; the instructors explain the keys of the pronunciation for each different phonetic symbol and so on.

### **Mandarin Intensive Course – Level I: Grades K-2 (MONDAY)**

This course is mainly designed for students who have already been exposed to Mandarin Chinese, e.g. speaking Mandarin Chinese at home. This MI (Mandarin Intensive) Course gives children the opportunity to rapidly expand the knowledge of written and spoken Mandarin in a rich immersion environment.

你好  
Nǐ Hǎo

“Mandarin World Academy” includes six levels (Level I – Level VI) to help children build up a solid foundation to reach Five Standards (Communication, Culture, Connections, Comparisons, and Communities) for Chinese (Mandarin) Language learning. This program uses well-implemented academic and activity-based curriculum to enhance students’ proficiency of Chinese (Mandarin) as a Foreign Language. The program curriculum features (1) Academic excellence with structural learning in all four language skills: listening, speaking, reading and writing (2) Integrating Culture and connecting with other subjects and disciplines (3) Fun and interactive activities to engage children’s interest. Let’s have fun learning Mandarin!

At Level I, Pinyin (Phonetic Symbols) will be emphasized, as well as speaking Mandarin with correct tones, and beginning training to form the good habits of writing Chinese Characters. This course is offered in a fun-filled environment throughout the school year for 23 weeks. Each lesson is one hour long with a limited class size.

Please email to [info@AAIG.US](mailto:info@AAIG.US) for more information or questions.

\$490.00 – Check payable to AAIG

**Sing 'N Speak Spanish: Grade K (Year 1), Grades 1 – 4 (Year 1), Grades 2 - 5 (Year 2),  
Grades 3 - 6 (Year 3), Grades 4 – 6 (Year 4)**



Sing 'n Speak Spanish is a highly interactive fun language program that fully integrates music into a four-year curriculum. Classes include visuals, singing coupled with descriptive movements, humor, puppets, stories, games, activities, and role-playing! Students learn Spanish easily and become enthusiastic about learning a second language. It is a proven system, with over 650 yearlong courses taught since 1998 in schools throughout San Diego County. Classes meet weekly after school and continue throughout the school year. Each lesson is 45 minutes long with a maximum of just 12 children per class. For more information refer to our website, [www.singnspeak.com](http://www.singnspeak.com). Tuition includes all materials – music CD's, songbooks, workbooks and prizes.

For more information or for payment options, call Julia Burnier at 619-223-2508 or e-mail at [julia@singnspeak.com](mailto:julia@singnspeak.com). \$455.00 for classes October through May – Check payable to Sing 'n Speak Spanish, Inc.

**Note:** Most Kindergarteners who take Year 1 Spanish benefit by repeating Year 1 Spanish in first grade.

**Note:** Students repeating a course may also enroll in the next higher level course for a twice a week Spanish class.

**Note:** Year 3 Spanish will be offered at Del Mar Heights (Fri), Ocean Air (Wed), Sage Canyon (Wed), Sycamore Ridge (Wed), and Torrey Hills (Thu). Year 4 Spanish will be offered (for the 1<sup>st</sup> time!) at Sage Canyon (Tue) and at Carmel del Mar (Tue). Total class time for Year 3 and Year 4 Spanish will be 1 hour. The first 15 min. of class will be review, giving students from other Del Mar schools (where Year 3 or 4 Spanish are not offered) the time to be driven to a campus where Year 3 or Year 4 is offered. After 15 min., the 45 min. lesson will begin.