

After School Hoops: Grades 1-3 and 4-6 (MONDAY)

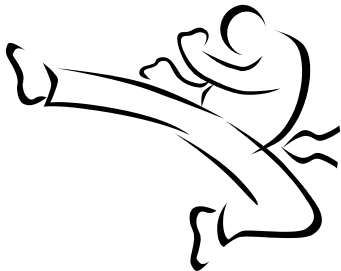


After School Hoops® is a weekday afternoon basketball program for aspiring young players. The one hour instructional sessions combine fundamental skills instruction with organized team competition, with the goal of providing an enjoyable and educational after school athletic event. Developing players benefit by improving their individual skills such as passing, dribbling, shooting, rebounding, and defending while, at the same time, learning how to work within the framework of a team. Boys and girls of all skill levels are encouraged to join.

One of the many merits of After School Hoops® is that it provides school children with an organized after school event at which they can learn, socialize, and most of all, have fun. Parents and teachers often express concern that idle and unsupervised after school hours provide too many negative temptations for their children. Using athletics as the vehicle, After School Hoops® provides children with an opportunity to improve their overall physical fitness, develop sportsmanship and athletic integrity, and gain an understanding of the game of basketball.

\$125.00 – Check payable to One on One Basketball

Center for Martial Arts' Korean Karate and Self-Defense: Grades 1-6 (THURSDAY)



Enjoy learning Martial Arts with friends in an environment of discipline, compassion, and loads of FUN! Your child will learn traditional Korean Martial Arts that will build confidence, self-discipline, physical agility, and self-defense ability from a caring, positive, highly trained role model. Children are also taught that with learning their martial arts comes the responsibility of knowing appropriate times to practice and use their art.

The Center for Martial Arts has been teaching after school enrichment programs throughout San Diego County for over 19 years now. With a large number of students returning year after year, all levels of martial artists are welcome.

An approved traditional white uniform is required and may be purchased from The Center for Martial Arts at a discounted rate of \$30. For more information please call The Center at (760) 942-6470.

Special Offers:

1. Need a Uniform? – Free uniform when enrolling in both sessions prior to the start of the fall session.
2. No Uniform Needed – Are you a returning student that doesn't need a uniform? Receive a 5% discount when enrolling in both sessions now.

Check payable to Center for Martial Arts or CMA

\$124.00 – Fall Session Only

\$154.00 – Fall Session with Uniform

\$279.00 – Free Uniform – Both Sessions (Fall & Winter/Spring)

\$265.00 – *No Uniform* – Both Sessions (Fall & Winter/Spring) 5% Discount

Chess Academy for Beginner, Intermediate, and Advanced Students: Grades 1-6 (TUESDAY)



Have you ever heard of Garry Kasparov? He is the highest rated player in the history of chess. By the age of 22 he had become the youngest World Champion. Since then, no one has been able to play like him.

Could you be the next Garry Kasparov? Would you like to find out?

The San Diego Chess Academy will help you learn chess—from the basics to the most advanced winning strategies. If you've never played chess before, or if you think you may be the Garry Kasparov, this program is for you!

In Chess Academy for Beginners you will learn the basic moves, how to check, checkmate, stalemate, castle, en passant, quick checkmates, hanging pieces, chess notation and some fast attacks.

In the Chess Academy for Intermediate and Advanced Students, you will learn to see checkmates in one or two moves, opening, middle, and end game principles, pins, forks, skewers, and how to use open files. You'll also learn different types of checkmates including back rank mates, smother mates, and the always-impressive queen sacrifice mates!

The staff of U.S. Chess Federation are certified instructors who make each class interesting and fun. There will be certificates and prizes awarded weekly for various accomplishments. To find out if YOU are the next Garry Kasparov, sign up today!

\$135.00 - Check payable to San Diego Chess Academy (SDCA)

Children's Dance Musicals! – "Camp Rock": Grades K-2 (WEDNESDAY) and Grades 2-4 (TUESDAY)

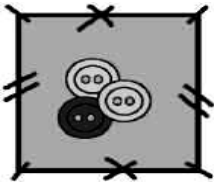


Join Dance with Nance for a brand new exciting dance semester of fun dance routines from Disney's summer dance musical... Camp Rock! Join Mitchie, Tess, Caitlyn and the rest of her friends at Camp Rock and dance to the songs, "We Rock," "Play My Music," "Start the party," "What it Takes," "Here I am," and more! We will enjoy lots of beginner jazz/hip hop, creative and modern dance routines to fun Camp Rock music! Lots of dancing and fun times with friends! Learn how to choreograph your own steps to fun songs!

Dance With Nance Company has had the pleasure of teaching dance musicals for 30 years and is excited to be returning this fall with fun new dance routines to great songs! Visit our website at www.dancewithnance.com for references or additional information!

\$108.00 - Check payable to Nancy Holden (Class size is limited to 12 students)

Easy Sewing and Quilting: Grades 4-6 (WEDNESDAY)



If you would like to learn to sew or to improve your sewing skills, then this is the class for you! You will learn how to use a sewing machine, handsew, gain confidence, and learn a lot of new skills. We always do a new and different project each session. No prior sewing experience necessary. This class is popular with both boys and girls. Come and join us for some creative fun! *Teri Nance has been enjoying sewing for 28 years. She has been teaching in the Del Mar After School Enrichment Program for four years and also teaches in the Children's Creative Workshops.*

\$190.00 – Check payable to Teri Nance

Kidz-N-Fun Gymnastics (beginning to intermediate): Grades 1-4 (MONDAY)



This is a safe non-competitive, action packed program for boys and girls. Children will learn many skills at their own pace from beginning to intermediate levels. We do not teach "levels" where your child will be held back if a specific skill is not learned. Instead, we encourage children to continue to practice a skill while trying a new one. Children will stretch, then practice floor exercises, bar, balance beam, vaulting, tumbling, and then have fun with our creative obstacle courses. Having fun is the best way for your child to learn. They won't want the fun to end! Let us help keep your kids fit!

\$120.00 – Check payable to Shannon Polivka

Mad Science - Science Spies & Roaring Racecars: Grades 3-6 (THURSDAY)



During this exciting, hands-on program you'll become a Mad Science Detective and discover how science is used to solve crimes! Collect fingerprints, make observations, and gather clues as you investigate. See how crime labs identify unknown substances and test for "trace evidence." Explore the science of movie-making, 3-D images and special effects. Finally, you'll experiment with simple machines and make your very own Mad Science propeller-driven Race Car! Class topics include Mad Science Machines, Detective Science, Walloping Weather, Movie Effects, Kitchen Chemistry, Earth Works, Science of Toys, and Bugs. Each student will make and take home a science project during each class.

\$155.00 – Check payable to Mad Science

Magic Stars: Grades 3-6 (MONDAY)



Magic is one of the best hobbies in the world because, well, it's magic! This performance-oriented course will enable students to mystify and entertain their family and friends with close-up and stand-up effects, including mind reading. Professionally made magic tricks will be included in this course. Some illusions will be made in class. Plus, each student will receive a gift box for his or her magic. Magic is educational. Magic improves thinking and reasoning powers. Magic develops oral presentation skills, teaching competence with confidence, which directly affects positive self-esteem. Magic encourages good social interaction skills. Best of all, being able to perform magic is Fun, Fun, Fun!

Larry Frankel is a professional magician, and has been teaching magic for over seventeen years.

\$160.00 – Check payable to Larry Frankel

Next Generation Yoga®: Grades 1-3 (FRIDAY)



Yoga comes to life in this fun, creative and non-competitive class designed to stimulate a child's growing curiosity. Theme activities, cooperative yoga games, storytelling, music, and art engage the natural energy and enthusiasm of the 6, 7, 8 and 9 year old child. Classes explore yoga poses, breathing exercises, visual imagery and relaxation techniques while conveying lessons in self-expression, body image, social skills, positive thinking, and environmental awareness. Certified NGY Teachers exude a love for children and yoga and have backgrounds in education, dance, social work, child psychology and special education. *Everyone receives individualized attention, as class size is limited.*

For more information about NGY, please visit www.nextgenerationyoga.com or call Jodi Komitor, founder, 866-NGY-YOGA.

Check payable to Next Generation Yoga

\$160.00 – 8 week session only

\$175.00 – 8 week session and yoga mat

\$180.00 – 8 week session and herbal animal eye pillow

\$195.00 – 8 week session, yoga mat, and herbal animal eye pillow

Weird Science: Grades K-2 (FRIDAY)



Join John Taibe, from Radical Reptiles & Friends, for an early science experience. Using chemistry to make experiments, the mad scientists will discover the magic of physical science through experiments and investigations including slime, soap boats, BBQ crystals, and funny putty. Check out how fun science can be!

\$105.00 - Check payable to Radical Reptiles

Young Rembrandts Cartooning: Grades 3 – 6 (FRIDAY)



Come explore the world of Cartooning with Young Rembrandts! We will use a variety of facial features, action and movement to create funny expressions, silly characters and drawing sequences that tell a joke! This class will include learning about and drawing cartoons in both the Classic and Anime styles. Students will learn to exaggerate physical features and give personality to inanimate objects in order to tell a story. All material and supplies are included.

\$100.00 - Check payable to Young Rembrandts

YEAR LONG LANGUAGE COURSES

Chinese I: Grades K-2 (THURSDAY)



This program will emphasize communicative interaction in Chinese. Students will learn Hanyu Pinyin, tones, and basic Chinese characters. Pinyin (The official Chinese phonetics) will be used to facilitate learning. Native speaking teachers will be combining discussion-based classroom instruction with cultural activities to engage students. Classes will be further enriched with Chinese culture, history, and traditions. This program makes learning Chinese a fun, enjoyable, and fulfilling process.

The program will be a two-strand program for students who are interested in learning a second language and students where Mandarin is part of their home. Therefore, a student doesn't need to be a native Chinese speaker or have a Chinese background to attend. Proficiency and performance will be assessed periodically, so that students are adjusted to different leveled groups.

\$490.00 – Check payable to Huacheng Chinese School (HCCS)

Sing 'N Speak Spanish: Grade K (Year 1), Grades 1 – 4 (Year 1), Grades 2 - 5 (Year 2), Grades 4 – 6 (Year 4)



Sing 'n Speak Spanish is a highly interactive fun language program that fully integrates music into a four-year curriculum. Classes include visuals, singing coupled with descriptive movements, humor, puppets, stories, games, activities, and role-playing! Students learn Spanish easily and become enthusiastic about learning a second language. It is a proven system, with over 650 yearlong courses taught since 1998 in schools throughout San Diego County. Classes meet weekly after school and continue throughout the school year. Each lesson is 45 minutes long with a maximum of just 12 children per class. For more information refer to our website, www.singspeak.com. Tuition includes all materials – music CD's, songbooks, workbooks and prizes.

For more information or for payment options, call Julia Burnier at 619-223-2508 or e-mail at julia@singspeak.com.
\$455.00 for classes October through May – Check payable to Sing 'n Speak Spanish, Inc.

Note: Most Kindergarteners who take Year 1 Spanish benefit by repeating Year 1 Spanish in first grade.

Note: Students repeating a course may also enroll in the next higher level course for a twice a week Spanish class.

Note: Year 3 Spanish will be offered at Del Mar Heights (Fri), Ocean Air (Wed), Sage Canyon (Wed), Sycamore Ridge (Wed), and Torrey Hills (Thu). Total class time for Year 3 and Year 4 Spanish will be 1 hour. The first 15 min. of class will be review, giving students from other Del Mar schools (where Year 3 or 4 Spanish are not offered) the time to be driven to a campus where Year 3 or Year 4 is offered. After 15 min., the 45 min. lesson will begin.