

INTERIM PRE-SEASON TRAINING SCHEDULE
BHFC March 2019

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
	TH # 4	TH # 5	TH # 4	TH # 5	TH # 4	TH # 5	TH # 4	TH # 5
6.00pm- 6.45pm	U13	U8	U12	U11	U14	U9	<u>GIRLS</u> U9G- U11G	U10
6.45pm- 7.30pm	U15	NA	U17	NA	U16	NA	<u>GIRLS</u> U12G- YLG	NA
7.30pm – 8.30pm	35L A-C	NA	AAM A - D	NA	O35A- O35D	NA	PL	NA
8.30pm – 9.30pm	AAL O45s	NA	AAM E - G	NA	O35E- O35H	NA	PLY U18 YLM	NA