

brown bag seafood co. ALLERGEN GUIDE

At Brown Bag, our meals are produced in a kitchen that also processes wheat, dairy, eggs, shellfish, fish, soy, and sesame. Therefore, a risk of cross-contact exists. Although we do not use peanuts or tree nuts as ingredients in our food, Brown Bag cannot guarantee the complete absence of these allergens in our restaurants. We ask that if you have any allergy at all, please advise a manager on duty prior to ordering.

Key	
O	Please ask a manager on duty about allergen accommodations or substitutions
Ø	Cross-contamination with allergen known to occur in our kitchens
X	Contains allergen

	Contains Gluten	Contains Dairy	Contains Shellfish	Contains Meat / Fish (Not Vegetarian)	Contains Animal Products (Not Vegan)	Contains Soy	Contains Egg
Proteins							
Grilled Catch			Ø	X	X		
Salmon	X		Ø	X	X	X	
Crispy Cod	X		Ø	X	X		
Grilled Shrimp			X	X	X		
Crispy Shrimp	X		X	X	X		
Tuna	O			X	X	O	
Curry Fish Cakes	X		Ø	X	X	X	X
Grilled Chicken			Ø	X	X		
Tofu	Ø		Ø			X	
Builds							
Powerbox	O						
Veggiebox			Ø				
Greens & Grains	O		Ø				
Salad	O	O			O		
Tacos*	O	O	Ø		O	O	X
Classics							
Blackened Fish Sandwich	X		Ø	X	X	X	X
Grilled Salmon Caesar	X	X		X	X	X	X
Fish & Chips	X		Ø	X	X	X	X
Lobster Roll	X	X	X	X	X	X	X
Sides, Soups & Shareables							
Classic Tots	Ø		Ø			X	
Truffle-Parm Tots	Ø	X	Ø		X	X	
Buffalo Bleu Tots	Ø	X	Ø		X	X	X
Classic Slaw					X	X	X
Chowdah		X	X	X	X		
Veggie Blend			Ø				
Ancient Grain Blend	O						
Garlic Bread	X		Ø				
Fries	Ø		Ø			X	
Buffalo Shrimp	X		X	X	X		
Green Garlic Shrimp			X	X	X		
Hush Puppies	X	X	X	X	X	X	X
Sauces & Dressings							
Boss Sauce		X			X	X	X
Buttermilk Ranch		X			X	X	X
Tartar Sauce					X	X	X
Ketchup							
Hot Sauce							
Lemon Vinaigrette							
Sesame Soy	X					X	
Creamy Ginger					X	X	X
Sesame-Soy Sriracha	X					X	
Golden Ginger Lime					X	X	X
Supergreen Garlic & Herb							

*Available at some locations only!