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# Quantum Responsibility

## The New Way Forward

As an evolved human, you are everything you have been searching for.. personal and collective accountability, an essential component of life.

Harold Barnes, Sr., JD



# The 7 Principles & Values of Quantumly Responsible People

# Author and Facilitative Specialist

## About the Author

Harold Barnes, Sr., is a retired attorney, college professor and facilitative leadership specialist. He is the President/CEO of the Center for Quantum Leadership and the Chairman of the Board of the SCL Foundation. Dr. Barnes is devoted to teaching the principle and values of quantum responsibility to a worldwide audience.

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## Quantum Responsibility

### The New Way Forward

#### Definitions

**Quantum:** “a sudden leap forward or large quantity”

**Quantum Responsibility:** The active process of holding one’s self accountable and allowing others to hold you accountable for the direction and success of your life journey. This accountability will lead to exponential positive growth in innovation, creativity and productivity among individuals, families, groups, cities, regions, states and nations such that all who embrace this way of life will have the tools to make a significant leap forward in your participation in the current and aspirational economies in one generation.

**Ethics:** Rules of behavior that undergird all that humanity does with the responsibility of maximizing one’s own capabilities without minimizing or undermining the capabilities of others.

**Why do we need quantum responsibility?** Man needs to be quantumly responsible because to be so will assist him with his ultimate evolution into a more caring and responsible species, community, society and world. We must continue to evolve as a species or we will cease to be, like the hominids and other human like species before us.

To pursue quantum responsibility is to acquire new knowledge, powers and qualities that man does not now possess but ascribes to himself, that is, he thinks he has them and can use and control them. However, the reality is man does not have the requisite knowledge of himself necessary to adequately predict and control his behavior. As humans we must apply substantial effort in studying, predicting and controlling ourselves for the positive benefit of all mankind.

In June of 2012, while sitting in the Raleigh-Durham Airport waiting for my flight to Birmingham Alabama, the life system known as Quantum Responsibility was born. I was engrossed in a conversation with a friend about civil and human rights abuses throughout the world.

We resolved that the world needed to find a new way forward. He said, “people need to accept more responsibility” and I said “Because so many people and groups are so far behind, what we need is quantum responsibility. We need to take a sudden leap forward as we seek to participate in the current and aspirational economies”. We stayed up for the next 15 hours. I worked on the narrative and he worked on a short film production depicting man’s historic inhumanity to man. The film would also depict man’s ultimate evolution into a state of quantum responsibility while exhibiting Quantum Leadership.

The next day, we shared this concept with the SCL Foundation, of which I was chairman of the Board, and we subsequently share it with William Bell, Mayor of Birmingham, Alabama, whereupon, he embraced this new concept and urged us to continue to develop it.

I continued to research and discover the concept and life system I call the “The Seven Principles and Values of Quantumly Responsible People”. I coined the word “Quantumly” specifically for this *new way forward*. The concepts of Quantum Leadership and Quantum Responsibility are not new. The life system known as the “Seven Principles and Values of Quantumly Responsible People” is new as well as the ideology we call Quantum Life, A Global Initiative.

What do we mean by ideology? We mean **“a system of ideas and ideals, especially one that forms the basis of economic or political theory and policy:”** The idea is to teach the life system “The Seven Principles and Values of Quantumly Responsible People”. The ideal is that every human on earth will embrace this life system which will lead to a quantum life of innovation and creativity. For it is our belief that this *new way forward* is the way to live.

In 2013, the first Q-Award was bestowed upon famed singer, actor and humanitarian, Harry Belafonte. His life’s work exemplifies that which is compassionate, grand and noble about this new life system. Mr. Belafonte, along with Sidney Poitier was a founding trustee of the Southern Christian Leadership Foundation. During the civil rights movement in America, the Foundation raised money for bail and legal fees for civil rights workers and support for the King family. Although he is in his 80’s, Mr. Belafonte is still active across American and the world as he continues to blaze a new way forward in the area of global human and civil rights.

## **The Seven Principles and Values of Quantumly Responsible People are as follows:**

1. Personal Development
2. Family Development
3. Educational Development
4. Wellness Development
5. Community and Economic Development
6. Political Development
7. Spiritual Development

### **Quantumly Responsible People**

- Are conscious of self
- Hold themselves accountable
- Allow others to hold them accountable
- Possess intelligence about their own intelligence
- Have the ability to predict and control their lives
- Possess marketable skills
- Embrace and practice ethical behavior
- Fully embrace and practice the 7 values and principle

- Practices exceptional behavior
- Prepared for that sudden leap forward
- Encourage and participate in the success of others
- Prepared to participate in the current and aspirational economies

Quantumly responsible nations will lead the way in the 21<sup>st</sup> century and beyond. China, India and other emerging Pacific Rim countries are showing great progress in engineering, science, math and innovation. America is steadily falling behind.

In America, it is important that all of us learn, implement, practice and perfect the life system “Quantum Responsibility”. To be quantumly responsible is to be exceptional, relevant and a necessary resource for the rest of the world.

As far back as 1839 Alexis Tocqueville recognized that America was exceptional. In his 1840 work American Democracy he said:

The position of the Americans is therefore quite exceptional, and it may be believed that no democratic people will ever be placed in a similar one. Their strictly Puritanical origin, their exclusively commercial habits, even the country they inhabit, which seems to divert their minds from the pursuit of science, literature, and the arts, the proximity of Europe, which allows them to neglect these pursuits without relapsing into barbarism, a thousand special causes, of which I have only been able to point out the most important, have singularly concurred to fix the mind of the American upon purely practical objects. His passions, his wants, his education, and everything about him seem to unite in drawing the native of the United States earthward; his religion alone bids him turn, from time to time, a transient and distracted glance to heaven. Let us cease, then, to view all democratic nations under the example of the American people.

Practicing quantum responsibility will add to your creativity and innovation which will lead to a quantum connection with the rest of the world as one of the leading nations in the world.

Government should be a safety net that does for us all what we cannot, through our own ingenuity, creativity and innovation do for ourselves. If we fail at quantum responsibility we will depend on others to do for us as a nation what we should do for ourselves. This type of dependency will lead to a servile state which will ultimately place us on the road to serfdom and irrelevancy as a nation.

## Brief summary of each Principle and Value

“To put the world right in order, we must first put the nation in order, to put the nation in order, we must first put the family in order; to put the family in order, we must first cultivate our personal life.....” - Confucius

**Personal Development:** To personally develop one’s self you should have or acquire the following sub-set of principles and values:

- Love of your ultimate source
- Self Love
- Love of Humanity
- Compassion
- Inspiration
- Gratitude
- Knowledge of your gifts
- Role Models
- Personal Education
- Multiplying Efforts
- Managing your thoughts
- One with the Earth
- Meditative spirit.

We think we know ourselves. Do we? Or are we all liars; attributing to ourselves values and principals we do not really possess or practice under stress. What do you know about you, really?

Can you answer the question raised by that Indian poet and thinker Rabindranath Tagore? “I came out alone one my way to my tryst, who is this me in the dark?.... I stepped aside to avoid his presence... I avoided him not.... He makes the dusk rise from the earth with his swagger; he adds his own voice to every word I utter.....

“All parents damage their children. It cannot be helped. Youth, like pristine glass, absorbs the prints of its handlers. Some parents smudge, others crack, a few shatter childhoods completely into jagged little pieces, beyond repair.” -Mitch Albom

**Family Development:** To develop a quantumly responsible family unit one should acquire and implement the following sub-set of principles and values;

- Love of self
- Love of your ultimate source
- Love of family
- Education
- Entrepreneurship
- Livable wage jobs
- Political involvement
- Safe communities
- Adequate housing
- Wealth building plan
- Plan for aging
- Family development plan.

If we are descendants of common ancestors or adopted we are classified as a family. Families come in all sizes, shapes and colors. The properly ordered and developed family is the foundation of any society.

An education isn't how much you have committed to memory, or even how much you know. It's being able to differentiate between what you know and what you don't.- Anatole France

**Educational Development:** To be quantumly responsible in education one must acquire and adopt the following sub-set of principles and values:

- Begin education in the womb
- Be primarily responsible for your own education and the education of your children in partnership with public or private educational system.

- Set your standards higher than the public or private schools
- Read
- Develop a family library
- Develop research skills and advocate for a unitary educational system
- Ensure that education is lifelong pursuit.

We Americans see education as an individual responsibility without completely understanding that our nation's survival, as a world leader, directly depends upon the quality of the education of all of its citizens.

More than nuclear weapons or terrorist attacks, class and racial educational disparity are the greatest threat to our national security.

Education must ethically maximize our intelligence and our ability to accurately assess our current life's circumstances as well as forecast the future.

This process will allow all persons to manage and navigate the present and accurately determine and implement the action steps necessary to reach our future forecast.

Let thy food be thy medicine and thy medicine  
thy food... Hippocrates

**Wellness Development:** To be quantumly responsible to ensure wellness one must adopt and implement the following sub-set of principles and values:

- Know your body
- Know the food industry and processed vs. fresh food
- Eating healthy
- Foods that heal
- Living well and longer
- Medicine and its impact on your body
- The fountain of youth (water)
- Managing mental and emotional health
- Self-consciousness
- What's hereditary
- what's acquired
- what can you manage

- How can you manage
- Vigilance.

We are what we eat and drink. Healthy eating and drinking will add to your quality and length of life.

Mental and emotional health is a personal responsibility. Good mental and emotional health can lead to personal happiness. Happiness is not the absence of stress and sadness, it must be chosen. Happiness equals the joy that you feel while in pursuit of your life's purpose and meaning while you explore the direction of your striving.

“If those who lead you say, “look, the kingdom is in the sky, then the birds will precede you. If they say to you, it is in the sea, then the fish will precede you. Rather, the kingdom is inside of you, and it is outside of you, when you come to know yourself, then you will become known, and you will realize that it is you who are sons of the living father. But if you will not know yourself, you dwell in poverty and it is you who are the poverty”..... Jesus

**Community and Economic Development:** If you are to be quantumly responsible in community and economic development you should adopt and implement the following building blocks, standards and values;

- Adequate transportation systems (roads, ports, rail lines)
- Environmental management (pollution control, carbon emissions, global warming, global dimming, sea level rise and storms)
- Good roads
- Clean water
- Sanitary sewer
- Human capital development
- Adequate housing
- Quality and accessible educational systems
- Police protection
- Business development
- Livable wage jobs
- Museums
- Fine and performing arts

- Parks
- Architecture.

Economics is the study of strategic was that mankind can allocate and reallocate scarce resources in an effort to maximize the potential of all people to participate in the prosperity and promise of this gift of earth that we all have been bequeath by the creator.

Man is by nature a political animal  
Aristotle

**Political Development:** If one is to be quantumly responsible in politics you must adopt the following sub-set of principles and values;

- Research and educate yourself about the issues of the day
- Be heard in the public square on the issue of the orderly development of the community building blocks
- Projects related to fine and performing arts
- Parks and recreation
- Safety
- Welfare
- Morals.

It is through politics that we perfect and express our humanity by collectively developing our interest in the aforementioned community and national issues.

“Here’s a new commandment for you. Love one another as I have loved you. By doing this everyone will know that you are my disciples” Jesus the Christ

**Spiritual Development:** If you are to be quantumly responsible in spiritual development you must adopt and practice the following sub-set of principles and values;

- Acknowledge your ultimate source
- Become an instrument of his peace
- Practice extraordinary love of yourself and humanity
- Practice extraordinary generosity

- Practice extraordinary tolerance
- Don't stumble over labels.

Believe in the oneness of all mankind, believe that the ultimate source expresses itself through love, respect and the celebration of the differences in the human tapestry that are God's children.

## Chapter 1

### Personal Development Explained:

**Self Love:** You are everything that you have been searching for. At birth, you were a wonderful bundle of love and potentialities waiting to be excavated, activated and embraced. To give love to others you must possess love for yourself. You cannot give to others what you do not have for yourself.

Through this process of embracing and implementing the 7 Values and Principles of Quantum Responsibility, some of us will meet and love our true self's for the very first time. When that joyous day comes, in the word of that great singer, Nancy Wilson, you will say to yourself, "guess who I saw today my dear, I saw you"

True love is the unconditional care, concern and compassion that we have for ourselves and others. It has a spiritual aspect and an energy aspect. From a spiritual perspective, love is the transcendent power of compassion and concern for ourselves and humanity. This compassion and concern makes us a true expression of God and a co creator with him in the life that we have chosen. From an energy perspective, true love is the continuous channeling of positive energy into the world and the universe such that we create for ourselves the life that we desire.

There are obstacles to achieving true love that some of us must deal with. Childhood and adult trauma can be impediments to achieving true love. Some of us still carry the scars of what your parents or others did not do for you that should have been done. Sometimes we drag these scars around with us like a bag of stones. To escape the hold that this trauma has over you, you must come to grip with the fact that it was in the past.. Examine it carefully, try to understand it, acknowledge it and get on with the life that you have imagined for yourself. Start with forgiving yourself and others and recognize that there is more to you than your past circumstances and experiences.

I do not make light of the fact that some of these scars are deep impact wounds and cannot be shrugged off as if they did not happen. For some of us it will take much work , prayer and focus to make the transition from bondage to freedom. You can start by getting up in the morning and looking in the mirror and say to the person you see their “ I love you” “Thank you for waiting for my acknowledgement” Saying those words the first few times may not make you believe them. You can also add the following affirmations recommended by the psychologist David W. Messmore, PhD, reprinted here by permission:

However, if you practice this ritual every day and say it with meaning and belief, loving you will become a treat for all who encounter you. It not just important to love, it is most important to be lovable. We can achieve perfect love for ourselves even though we are not perfect. . If you are waiting to become perfect to love yourself, you will never love who you are. Perfection is an aspirational goal that we all should strive for even though it may be unattainable.

If you are to have a right relationship with the rest of humanity you must have a right relationship with yourself. You must have a deep care and loving concern for you. You must spend time understanding who you are. Once you can embrace who you are you can start to prune from your life those things about you that you know will keep you from a proper and healthy relationship with yourself and with others.

Explore and understand your strengths and your weaknesses, your fears and addictions and embrace who you really are.

To genuinely love yourself and others, sometimes you have to be like a turtle, hard on the outside, soft on the inside and have the ability to stick your neck out and love in the face of non reciprocity. In many instances people you care about are incapable of loving you. Your love for those people is not just about you and them; it's also about you and your relationship with God.

Love at its core is a spiritual thing, not religious, but spiritual. It speaks to the energy that is at your core. Energy is the life force that wakes you up in the morning; it is the sum and substance of our being that changes, in some small way, everything we observe because we use our life energy in the process of observing. If you have love energy at your core it will inform everything you do and others will feel it without you saying a word. Love is a field of positive, caring and warm energy that can heal broken spirits without saying a word. The things that we do outwardly are simply by products of that energy. How we treat our fellowman, our attitude toward humanity, hunger, homelessness our siblings, job and ourselves are simply by products of the core energy we have within.

If your core energy is not love and you want to convert it to love you must begin by reciting love to yourself in that mirror and then start the pruning process. The pruning process may be very difficult. For you wrestle not just against flesh and blood but against deep seated negative energy that has taken years to take root. You may have become comfortable with it. Even though this negative energy is destroying your future, it is familiar to you. It will scream at you when you try to dislodge it from your inner core. It will tell you that “I have taken you this far and now you want to get all brand new on me”. I dare you. It will tell you “ I stuck by you when nobody wanted you, yes we are mean to people, yes they say that we are evil, but we have to be, we must stick together if we are going to survive” You and Me, against the world” What’s love got to do with it anyway, protect yourself against the world” or you will just get hurt again” Guard your heart and your feelings against disappointment because that’s all you are ever going to get, disappointment” “As soon as you start to change, someone will knock you down, it always happen that way”. Only your steadfastness will determine whether or not you will get out of your past life alive so that you can cause love to become a familiar spirit in your future. Remember, de-nial ( The Nile) is not just the name of a river in Egypt it is that status of our inability to take a hard look at ourselves. Look and live.

Because you are, you life should full of discovery, excavation, acquisition and refuse. Everything: You were born with unlimited potential. You were made in the image of God, with the potential possess all knowledge, power, compassion and love.

Discovery: To tap into your potential you must be unto yourself and astronaut, miner, archeologist, biologist, sage and an intellectual.

The kingdom of the mind is like an orbiting space station. It has a view on all of the world, it can see everything but it needs you to make the choices about what task it should undertake. Houston... there is no problem, everything is under control.

## **Love of Humanity:**

To truly love humanity you must have a genuine care and concern for the wellbeing of all of humanity even in the face of non-reciprocity. For the transformation we seek on our evolutionary journey cannot be fully realized without an unconditional love for humanity

Love is not just a feeling it is a responsibility to emanate positive energy from ones core (soul) that expresses itself through our care and concern for humanity. When we act on this love we will use our best efforts to help others to, without fear, innovate, create and propagate as we pursue pour life’s journey. True love transforms.

## **Compassion:**

To be compassionate humanity must have a deep empathy and sorrow about the misfortunes of fellow humans. Perpetually, somewhere in the world hunger, disease, famine and natural disaster exist. We as humans have the power, intellect and means to seriously and positively alleviate hunger, disease and famine. We can, without a doubt, lend some sweetness to the bitterness of humanity's song.

We must exhibit a compassionate presence in everything we do. Mohandas K Gandhi, Martin Luther King, Nelson Mandela and many others had this presence about them and cause it to inform all that they did to further humanity.

## **Inspiration:**

Inspiration is the excitement and stimulation of our creative juices that can expand our ordinary boundaries and our way of thinking. Quantum Responsibility is an inspirational pursuit of a better way of life. Petanjali stated it best when he wrote.... "When you are inspired by some great purpose, some extraordinary project, all your thoughts break their bonds: Your mind transcends limitations, your consciousness expands in every direction, and you find yourself in a new, great and wonderful world. Dormant forces, faculties and talents become alive, and you discover yourself to be a greater person by far than you ever dreamed yourself to be."

Petanjali describes the human potential when one is inspired. It could be a great purpose or extraordinary project or an ordinary project done in an extraordinary way. When your creative juices are flowing, your mind has the potential to break its bonds.

Our minds are trained to only think about our own experiences and what we encounter on a day to day basis. In a sense we are in bondage to our limited experiences. However, when you are inspired our thought can break the bond of the mundane and explore regions of the mind heretofore unexplored. The stimulation of our mind will cause it to expand in every direction until it finds a solution to the situation at hand. It will not be limited by its normal thinking patterns and scope. To experience this is exhilarating and you will find yourself in the wonderful mental space where anything and everything is possible.

Dormant forces, faculties and talents become alive. Our brain is a muscle, the more you exercise it the stronger it becomes. This is true especially among the elderly. Of course there is a point of diminishing return. You can exercise your mind to exhaustion, which would be counterproductive.

When are inspired it's like being in rarefied air, you are at once exhilarated, intoxicated and otherworldly. You will see yourself as a far greater person that you have ever considered yourself to be.

Your inspiration may come from a speech you heard, a moment of inner reflection, a book you read, a mountain peak, an ocean voyage, a prayer, where ever it come from, embrace it, explore it and become it. Inspired. You haven't really lived until you have been inspired.

## **Gratitude**

An unknown author once wrote "Gratitude is the greatest flower to have shed its fragrance on the human heart" To be grateful is an acknowledgement that someone did something for you that you are thankful and appreciative of.

Gratitude does not measure perfection. I expand what can happens All men will not be inspired to evolve. It will take serious effort over a period of time. The time that it will take will differ from person to person. Learning the principles and values without serious effort to implement them as a way of living will not aid in the evolutionary process.

- Strong desire to alleviate suffering and misfortune
- Male socialization
- Female socialization
- Respect vs. domination