

# Council on Aging April 2019 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Chili Beans Zucchini Onions Cinnamon Applesauce Corn Bread /marg/jelly Crackers 2%Milk	Turkey with Gravy Green beans Sweet Potatoes Biscuit/marg /jelly Cake 2%Milk	Beef Ravioli Tossed salad with tom Tuscan blend vegetables Garlic Bread Stick /marg Orange Parmesan cheese Orange	Chicken Alfredo Carrots Field & snap peas Cheesy garlic biscuit Brownie 2%Milk	Salmon Sandwich Coleslaw Baby baker potatoes Fruit cobbler Juice 2%Milk
8	9	10	11	12
Beans Managers Choice Greens Mac & Cheese Pears Corn Bread/ marg Oatmeal Cookie 2%Milk	Sweet & Sour Chicken Rice Egg roll Yogurt Fig Bar Juice 2%Milk	Breaded Fish wedge Green Peas Potatoes Macaroni Salad Muffin Fruit 2%Milk	Spaghetti Green Beans Garlic Bread Stick Banana Parmesan Cheese Juice 2%Milk	Broccoli Cheese Soup Chicken Caesar Salad w/ tom Crackers Pound Cake Salad dressing Juice 2%Milk
15	16	17	18	19
Potato Soup Peanut butter Sandwich Fruit salad Crackers 2% Milk	Hamburger on Bun Lettuce/ Tom/ Onion Tater Tot Casserole Yogurt Fig Bar Juice 2% Milk	BBQ Sandwich Parsley Potatoes Cinnamon Applesauce Vanilla wafers 2%Milk	Beef Mac & Cheese Lima Beans Roll Orange 2% Milk	COA Closed For Easter
22	23	24	25	26
BBQ Chicken Squash Carrots Roll/jelly Graham Crackers yogurt 2%Milk	Lasagna Mix Vegetables Garlic Bread Stick Jello Oatmeal Cookie Juice 2% Milk	Stir Fry w/ cabbage chicken Rice Fruit Cookie Egg roll 2%Milk	Sloppy Joe Sandwich Baby Bakers Potatoes Coleslaw Peaches 2%Milk	Oven fried chicken Peas Dirty rice Roll Orange 2%Milk
29	30			
1/2 Pimento Cheese Sandwich Beef Vegetable Soup Fruit Crackers Rice Krispy Treat 2% Milk	Meatball Sub Potato Soup Orange Juice 2% Milk			If you have questions or need to cancel your meal Contact: Vickie Cheek or Barbara Woody