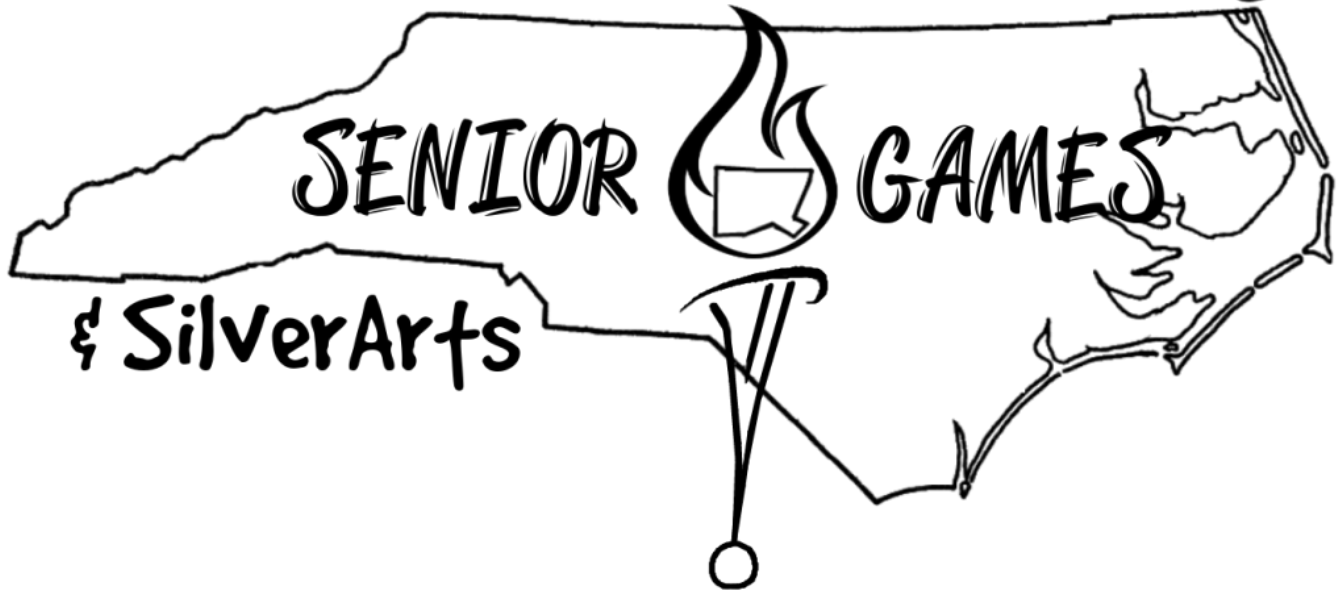


Chatham County



April 26 – May 10, 2019

EARLY BIRD REGISTRATION: February 18 – March 1, 2019

REGISTRATION DEADLINE: March 22, 2019

Open to everyone age 50 and better!

Sponsors:

**NC Division of Aging and Adult Services
Chatham County Council on Aging
Chatham County Parks & Recreation Dept.
Chatham County Public Health Dept.**

**Local Games Coordinator
Liz Lahti (919) 542-4512 ext. 228
liz.lahti@chathamcouncilonaging.org**



*This program is sanctioned by North Carolina Senior Games, Inc.
NCSG, Inc. is sponsored statewide by the North Carolina Division of Aging and Adult Services.*

SilverArts Information

Guidelines for entries: All entries must be original works of the artist. Works must be created after age 50 and within the last 2 years. Participants may only submit one entry per sub-category.

Artwork entered in previous years will not be accepted. The Chatham County Senior Games and SilverArts reserve the right to refuse any art pieces or performance entries that would be deemed offensive by generally accepted community standards.

All participants must complete and submit the SilverArts Information Form, Liability Waiver and Registration Form with the registration fee. Artist's name and title of entry must appear on, or be attached to, entry for identification.

First, second and third place winners in the Visual and Heritage Arts category will be eligible for the state competition. Literary Arts first and second place winners are eligible for the state competition and Performing Arts first place winners are eligible for the state competition.

Artwork must be dropped off at the Eastern Chatham Senior Center (365 NC Hwy 87 N, Pittsboro) between 10 am-12 pm on Monday, April 22!

If you have questions about SilverArts, please contact the SilverArts Coordinator: Marijane Whiteman at (919) 542-5645

Visual Arts: This category includes mixed media, oil, acrylics, drawing, watercolor, pastels, sculpture, and photography. The art piece must be an original, not a print. Works must be clearly labeled with name, address, phone number, medium, and title. Entries must be ready for hanging (including picture wire) and may not be larger than 36"x42" (including matting and frame). Entries can be no heavier than 50 pounds.

Literary Arts: This category includes poetry, essays (non autographical), life experiences (autobiography) and short stories (fiction). All entries must be typed, double-spaced on 8-1/2 x 11 paper and have a minimum of 1" margins. A minimum font size is 10-point type (preferably Times New Roman or Arial). If you do not have access to a computer, contact the Chatham County Council on Aging for assistance. Poems may be no longer than 40 lines. Short stories, essays and life experiences can be no longer than eight pages. All entries must have a title page, which includes title of entry, sub-category, and name of artist. It is recommended that you protect these works by inserting them in clear plastic or acetate folders.

Heritage Arts: This category includes quilting (hand stitched), quilting (machine stitched), crocheting, knitting, basket weaving, needlework, jewelry, pottery, stained glass, tole/decorative painting, weaving, woodcarving, woodworking and woodturning. All entries must be the work of one person, not a group effort. Works must be original; patterns may be used, but no stamped pieces will be accepted. Entries can be no heavier than 50 pounds. Framed works can be no larger than 36" x 42" including matting and framing. Indicate on the registration form the method of display for the work.

Performing Arts: This category includes comedy/drama, instrumental, dance, line dance and vocal (but not lip-synching) acts. Groups may be entered and all persons in the group must register as individuals and complete the official registration form. Include a brief description of the act on the SilverArts Information Form. Performing Arts entries have the option to be judged. Each act that would like to qualify for the state finals must be judged and must be limited to no more than three minutes. Props are the responsibility of the performer(s). The performance at State Finals must be the same performance that won at the Local Games, i.e. same song, dance, music, etc.

**Artwork will be displayed at the Eastern Chatham Senior Center
April 22 through Friday, May 24.**

Keep This Page

Official Entry Form

**Registration Deadline: All entries must be postmarked by
Friday, March 22, 2019!**

Chatham County Senior Games & SilverArts Competition

Friday April 26–Friday, May 10, 2019

Registration Checklist

Please Be Sure To:

1. Complete the **Registration Form** including the section marked “fees.”
2. All participants must read and sign the **Liability Waiver**.
3. Make check or money order payable to: **Chatham Council on Aging**
4. Return all of the above postmarked by **March 22, 2019** to:

Chatham County Council on Aging

PO Box 715

Pittsboro, NC 27312

General Instructions

Senior Games and SilverArts participants must be 50 or older. A participant’s age on December 31, 2019 determines the age category in which they will compete. A participant must be a North Carolina resident for a minimum of 3 consecutive months of the year. Photo ID may be requested at events, and will be required of athletes who participate in the State Finals.

The Senior Games events are listed on the Registration Form. Most of them are divided into age groups for fair competition. For doubles and team events, the age group is determined by the age of the youngest member. The age categories are:

50-54	60-64	70-74	80-84	90-94	100+
55-59	65-69	75-79	85-89	95-99	

Each participant (including each team member) must submit an entry form along with the \$10 entry fee. This covers registration for as many events as you would like to enter, including SilverArts. There is an additional fee for Golf.

Participants receiving a first, second or third place award may be eligible for the State Finals. State Finals Registration Forms will be distributed after each event and will be available at the Chatham County Council on Aging.

We will be glad to give a presentation about the Senior Games to any groups interested.

Please contact Senior Games Coordinator Liz Lahti

at the Chatham County Council on Aging for more information. (919) 542-4512 ext. 228

Please Print **Registration Form** Mail this Page

County of Residence _____ T-Shirt Size: S M L XL 2XL 3XL I do not want a shirt

First Name _____ Last Name _____ Date of Birth _____

Mailing Address: _____ City: _____ Zip: _____

Phone: (____) _____ Sex: Male Female Email Address: _____

_____ I would like to receive news and information from Chatham Council on Aging

List LOCAL emergency contact below:

Name: _____ Relationship: _____ Phone: _____

Please provide this information below. Answers are used for statistical purposes only and your answers are confidential.

Please circle one:

My ethnicity: African-American American Indian Asian Hispanic White Other I decline to answer

- | | |
|---|---------------------------------------|
| _____ ARCHERY | _____ TRACK 50 M dash |
| _____ BASKETBALL SHOOT | _____ TRACK 100 M dash |
| _____ BOCCE | _____ TRACK 200 M dash |
| _____ BOWLING Singles | _____ TRACK 400 M dash |
| _____ CORNHOLE | _____ TRACK 800 M |
| _____ CROQUET | _____ TRACK 5 K Run |
| _____ CYCLING 1 mile | _____ TRACK Standing Long Jump |
| _____ CYCLING 5 K | _____ TRACK Running Long Jump |
| _____ CYCLING 10 K | |
| _____ FOOTBALL THROW | |
| _____ FUN WALK | |
| _____ GOLF (Greens fee, \$20 payable at course.) | |
| _____ HORSESHOES | |
| _____ PICKLEBALL Singles | |
| _____ PICKLEBALL Doubles (Partner's Name: _____) | |
| _____ PICKLEBALL Mixed Doubles (Partner's Name: _____) | |
| _____ SOFTBALL THROW | |
| _____ TABLE TENNIS | |
| _____ TABLE TENNIS Doubles (Partner's Name: _____) | |
| _____ TABLE TENNIS Mixed Doubles (Partner's Name: _____) | |

Golfers: To qualify for State Finals, golfers need to meet a minimum performance score (MPS) **and** finish in the top 3 in their age group. MPS is available from your Coordinator and the NCSG Rules Book on the NCSG website (www.ncseniorgames.org)

SWIMMING: Swimmers may enter a maximum 6 swimming events

- | | |
|---|---------------------------------|
| _____ 50 yd. Backstroke | _____ 100 yd. Individual Medley |
| _____ 50 yd. Breaststroke | _____ 200 yd. Backstroke |
| _____ 50 yd. Butterfly | _____ 200 yd. Breaststroke |
| _____ 50 yd. Freestyle | _____ 200 yd. Butterfly |
| _____ 100 yd. Backstroke | _____ 200 yd. Freestyle |
| _____ 100 yd. Breaststroke | _____ 200 yd. Individual Medley |
| _____ 100 yd. Butterfly | _____ 400 yd. Individual Medley |
| _____ 100 yd. Freestyle | _____ 500 yd. Freestyle |
| _____ TENNIS Men's Singles | |
| _____ TENNIS Women's singles | |
| _____ TENNIS Men's Doubles (Partner's Name: _____) | |
| _____ TENNIS Women's Doubles (Partner's Name: _____) | |
| _____ TENNIS Mixed Doubles (Partner's Name: _____) | |

For official rules, you can visit www.ncseniorgames.org and then you should see a link to the NCSG Official Rules Book.

SilverArts Information Form

Registration fee includes as many sporting events and SilverArts as you would like to enter

Visual Arts

Print the title, medium (oil, pen and ink, etc.), size and date completed. These must be ready for hanging.

Title **Medium** **Size** **Date Completed**

Literary Arts

Print the title, category (poem, essay, etc.), length and date completed. Please type double-spaced on white paper. You may wish to cover in plastic or other protective item.

Title **Category** **Length** **Date Completed**

Heritage Arts

Print the title, category (quilt, needlework, etc.) size, method of display and date completed.

Title **Category** **Size** **Display Method** **Date Completed**

Performing Arts

Please note that each member of a group must complete a separate registration form and pay the registration fee.

A PA system is available. All other equipment is your responsibility. Only one Performing Arts group goes to State Finals.

Name of group & description of performance: _____

Contact person: _____ **Phone:** _____

How long will your performance be? _____ (State Finals On-Stage Time Limit: 3 Minutes)

Number of members in the group: _____

What equipment will you be bringing? _____

All Chatham County Senior Games are eligible for State Finals.

Senior Games Registration Fees:

\$8 Early Bird Registration (non-refundable) February 18 – March 1, 2019 (Includes an Official Chatham County Senior Games T-Shirt!)	\$ _____
\$10 Registration (non-refundable) March 2 – 22, 2019 (Includes an Official Chatham County Senior Games T-Shirt!)	\$ _____
Become a “Friend of the Senior Games” for \$25.00	\$ _____
\$25 Senior Games Donation in Honor or Memory of: _____	\$ _____
Total Amount Enclosed (Checks payable to Council on Aging)	\$ _____

Liability Waiver

Must Be Signed By ALL Participants!

In consideration of being allowed to participate in any way in the 2019 Chatham County Senior Games athletics/sports program and SilverArts program the undersigned:

1. Agrees that prior to participating, I will inspect the facilities and equipment to be used, and if I believe anything is unsafe, I will advise my coach or supervisor of such condition(s) and refuse to participate.
2. Assumes all risks and accepts responsibility for damages following any injury, permanent disability or death.
3. Releases, waives, and discharges the Chatham County Council on Aging, its affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsors, advertisers, and if applicable, owner(s)/leser(s) of premises used to conduct the event, from any and all liability to the undersigned, his or her heirs and next of kin for any and all claims caused in whole or in part by the negligence of the release or otherwise.
4. Hereby grants the UNC Hospital and/or other licensed medical facility permission to provide treatment as deemed necessary for my well-being.
5. Agrees that the Event Manager has the authority to disqualify me if he/she believes I am not conducting myself in a sportsman-like manner or am not abiding by the rules.
6. Grants the Chatham County Council on Aging permission to use any pictures taken of me during these events for promotional purposes only.

I understand that it is my responsibility to check with my Local Senior Games Coordinator immediately following my Local Senior Games to determine if I qualified for State Finals and to get a State Finals Entry Packet. My State Finals Entry Form with payment and all required items must be received in the NCSG office in Raleigh by 11:59 pm on August 1! I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered.

THE UNDERSIGNED HAS READ THE ABOVE WAIVER AND RELEASE UNDERSTANDING THAT HE/SHE HAS GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAS SIGNED IT VOLUNTARILY.

PRINTED NAME

SIGNATURE

DATE

Opening Ceremonies

**Friday, April 26, 2019
Eastern Chatham Senior Center
(365 NC Hwy 87 N, Pittsboro)**

10:30 am

Join us for the celebration as we have our SilverArts display and awards, performing arts show, a guest speaker, fun walk, free lunch, women's bocce, football and softball throw events.

Check here if you plan to attend opening ceremonies lunch

Mail This Page

2019 Chatham County Senior Games & SilverArts Events

Event Schedule April/May 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 8	9	10	11	12	13 Track/Field at 8 am Location: Orange High School, Hillsborough
April 15	16 Archery* 2 pm Blackwood Farm Park, Hillsborough	17	18	19	20
April 22 Visual & Heritage Art Intake 10 am-12 pm Pittsboro Senior Center	23	24	25	26 Opening Ceremony & SilerArts 10:30 am Football/Softball Throw 11:00 am Fun Walk 12 pm Pittsboro Senior Center Lunch 12:30 pm	27
April 29 Golf* 9 am Siler City Country Club Croquet* 9 am Fearington Swim and Croquet Club, Pittsboro	30 Swimming* 2 pm Duke Center for Living at Fearington, Pittsboro Tennis 3 pm Women's Singles/ Men's Doubles, Carolina Preserve, Cary	May 1 Bocce* 9 am Men's, Carolina Meadows Courts, Chapel Hill Tennis 3 pm Men's Singles/ Women's Doubles, Carolina Preserve, Cary	2 Bowling* 12:30 pm Family Sports Center, Asheboro Tennis 3 pm Mixed Doubles, Carolina Preserve, Cary	3 Table Tennis* 9 am Community House, Pittsboro	4 Cycling 2 pm - 1 mile 2:30 – 5K 3:30 pm – 10K Union Grove Church, Hillsborough
May 6 Pickleball* 9 am, Pittsboro Tennis Courts	7 Basketball Shoot* 9-11:30 am Paul Braxton Gym, Siler City Cornhole* 10 am Paul Braxton Gym, Siler City	8 Pickleball* 9 am, Pittsboro Tennis Courts	9 Horseshoes* 10 am, Carolina Preserve, Cary	10 Bocce 9 am Women's, Pittsboro Senior Center	11

Chatham County Senior Games & SilverArts Competition

Friday, April 26-
Friday, May 10, 2019

Event Location Addresses:

- **Blackwood Farm Park** - 4215 NC Hwy 86 S, Hillsborough
- **Carolina Meadows Bocce Courts**-100 Carolina Meadows, Chapel Hill 27517 (FYI-GPS does not always give accurate directions-we will send directions with reminder email)
- **Carolina Preserve Horseshoe Pits**- located between 414 and 416 Arvada, Cary
- **Carolina Preserve Tennis Courts**- 310 Allforth Place, Cary
- **Central Rec Center**- 302 West Tryon Street Hillsborough
- **Community House** - 65 Thompson St. Pittsboro
- **Duke Center for Living at Fearington**-100 Clynelish Close, Pittsboro
- **Fearington Swim and Croquet Club**- 275 Swim and Croquet Drive, Pittsboro
- **Family Sports Center**, 219 NC-42, Asheboro
- **Orange High School**, 500 Orange High Rd. Hillsborough
- **Paul Braxton Gym**- 111 South Third Avenue, Siler City
- **Pittsboro Community House** - 65 Thompson St, Pittsboro
- **Pittsboro Senior Center**-365 NC Hwy 87 N, Pittsboro
- **Pittsboro (McClenahan) Pickleball/Tennis Courts**-290 Pittsboro Elementary Rd., Pittsboro
- **Siler City Country Club** - 150 Country Club Dr., Siler City
- **Union Grove Church** - 6407 Union Grove Church Rd., Hillsborough

The Chatham County Senior Games
Chatham County Council on Aging
PO Box 715
Pittsboro, NC 27312
Eastern Chatham (919) 542-4512
Western Chatham (919) 742-3975