

Council on Aging June 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29
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<p>Call the day before to order Senior Meal of the Day Guest \$5.50 Eat In Take Out 919-542-4512 Alan 919-742-3975 Teresa or Fred</p>				<p>Cranberry Orange Chicken California Blend Vegetables Butter Pasta Roll/ jelly Orange 2% Milk</p>
<p>Salmon Patty Coleslaw Mac & Cheese Pear half Cornbread 2% Milk</p>	<p>Beef Stew Tossed Salad Lima Beans Angel Food cake w/fruit Dinner Roll/marg FF Dressing 2% Milk</p>	<p>Chicken Sandwich Lettuce Tom Bean Salad Baby Baker Potatoes Graham Cracker Fruit Mayo 2% Milk</p>	<p>Swedish Meatballs w/gravy Mashed Potatoes Peas & Carrots Biscuit marg/jelly Fig Bar Juice 2% Milk</p>	<p>Chicken Salad on Croissant Lettuce Tomato Pasta Salad Mix Fruit Vanilla Wafers Juice 2%Milk</p>
<p>Chicken Salad Broccoli Salad Banana Dinner Roll/ marg Vannilla wafers 2% Milk</p>	<p>Cheeseburger Lettuce & Tomato Baked Beans Angel Food Cake w/peaches Mayo Juice 2% Milk</p>	<p>Soft Beef Taco w/ Lettuce Tomato Pimento Corn Spanish Rice Salsa Oatmeal Cookie Juice 2% milk</p>	<p>BBQ Pork Sandwich Coleslaw Parsley Potatoes Fruit Graham Crackers 2% Milk</p>	<p>Baked Fish Wedge Country Blend Vegetables Mac & Cheese Fruit Cocktail Roll 2% Milk</p>
<p>Chicken & Noodles Sunshine Carrots Green Peas Roll Marg /jelly Yogurt Fruit 2% Milk</p>	<p>Spaghetti & Meat Sauce Tossed Salad Zucchini with onions Cinnamon Applesauce Garlic Bread Stick FF Dressing 2% Milk</p>	<p>Chicken Sandwich Lettuce Tomato Potato Salad Orange Fig Bar Mayo 2% Milk</p>	<p>Meatballs & Cheese on Bun Tossed Salad Italian Vegetables Jell-O FF Dressing 2% Milk</p>	<p>Chicken Stir Fry w/veggies Rice Angel food cake w/ fruit Egg rolls Duck Sauce Juice 2% Milk</p>
<p>Turkey Hotdog w/chili Coleslaw Corn Banana Yogurt Oatmeal Cookie 2% Milk</p>	<p>Baked Ziti Tossed Salad w/ Tom Garlic Bread Stick Fruit Crisp FF Dressing 2% Milk</p>	<p>Sweet & Sour Chicken Rice Pudding Egg Rolls Graham Crackers Juice 2% Milk</p>	<p>Pinto Beans Scalloped Tomatoes Steamed Cabbage Cornbread/marg Orange 2% Milk</p>	<p>Country Steak w/gravy Green Beans Half Baked Potato Muffin/marg Jell-o 2% Milk</p>