

# Council on Aging April 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chili Beans Zucchini Onions Cinnamon Applesauce Crackers Corn Bread /marg 2%Milk	Turkey with Gravy Beets Sweet Potatoes Biscuit Banana Cake 2%Milk	Beef Ravioli Tossed Salad with Dressing Tuscan Blend vegetables Garlic Bread Stick /marg Orange 2%Milk	Chicken Alfredo w/Pasta Carrots Field & Snap Peas Cheesy Garlic Biscuit Brownie 2%Milk	Salmon Patty Sandwich Coleslaw Baby Baker Potatoes Fruit Cobbler Juice 2% Milk
9	10	11	12	13
Managers Choice Beans Greens Mac &Cheese Corn Bread /marg Blushing Pear Oatmeal Cookie 2%Milk	Sweet & Sour Chicken Rice Banana Pudding Egg Roll Fortune Cookies Juice 2%Milk	Roast Beef w/Gravy Green Peas Sweet Tatar Tots Macaroni Salad Roll/ marg Fruit 2%Milk	Spaghetti w/ Meatball Green Beans Roll 1/2 Banana Juice 2%Milk	Broccoli Cheese Soup Chicken Caesar Salad w/ Tom Crackers Angel Food Cake w/Fruit Dressing Juice 2%Milk
16	17	18	19	20
BBQ Sandwich Coleslaw Parsley Potatoes Cinnamon Applesauce Vanilla wafers 2%Milk	Hamburger on Bun Chili/ Lettuce/ Tom/ Onion Cream Corn Banana 2% Milk	Potato Soup Cheese Sandwich Cucumber salad Fruit Salad Juice 2% Milk	Beef Mac & Cheese Lima Beans Toss Salad w/Tom/ Dressing Roll/jelly Orange 2% Milk	Chicken & Dumplings Green Beans Sweet Potato Roll/ marg/jelly Yogurt 2% Milk
23	24	25	26	27
BBQ Chicken Squash Casserole Carrots Roll Graham Crackers Jell-O 2%Milk	Lasagna w/meat Mix Vegetables Tossed Salad w/ Dressing Garlic Bread Stick Oatmeal Cookie Juice 2% Milk	Stir Fry with Cabbage /Rice Fruit Yogurt Vanilla Wafers Egg Roll Juice 2%Milk	Sloppy Joe Sandwich Baby Baker Potatoes Coleslaw Peaches 2%Milk	Oven Fried Chicken Cauliflower and Peas Dirty Rice Fruit Cobbler Roll Juice 2%Milk
30				
Pork Chop Sweet Potatoes & Apples Green Beans Marshmallow Treat Fruit Roll 2% Milk				Call the day before to order Senior Meal of the Day Guest \$5.50 Eat InTake Out 919-542-4512 Alan 919-742-3975 Teresa or Fred