

JOIN US AT OUR

GLUTEN-FREE *food festival*



Monday, October 22
6 - 8:30pm
Century House
Route 9, Latham



Elizabeth Barbone, author of *Easy Gluten-Free Baking*, will demonstrate the art of baking gluten-free food that tastes great!

FREE!
Call 379-1617
to register



Ellie Wilson, R.D., M.S., Price Chopper's Senior Nutritionist, will answer your questions and help you navigate the challenges of food shopping.



SAMPLE GLUTEN-FREE PRODUCTS AND
SPEAK WITH PRODUCT REPRESENTATIVES

We're not just in your neighborhood, we're your neighbor.