ABSTRAK

Nama Mahasiswa : Cut Asy Syifa Zaharani
Program Studi : Kedokteran Gigi
Judul Skripsi : Pengaruh Tingkat Pengetahuan Pemeliharaan Gigi dan Mulut Terhadap Tingkat Keparahan Karies Gigi Siswa Kelas 6 SDN No 060833

Karies gigi salah satu masalah kesehatan mulut yang paling sering ditemui di kalangan anak-anak sekolah dasar. Penyebab utamanya biasanya karena kurangnya pengetahuan dan kebiasaan merawat kebersihan gigi yang baik. Penelitian ini mau tahu seberapa besar pengetahuan anak-anak tentang cara merawat gigi dan mulut, seberapa parah karies yang mereka alami, plus apakah pengetahuan itu berpengaruh ke tingkat keparahan kariesnya. Fokusnya pada siswa kelas VI di SDN No. 060833. Penelitiannya pakai metode kuantitatif dengan desain cross-sectional, dan sampelnya ada 39 siswa. Data dikumpul lewat lembar observasi, kuesioner tentang pengetahuan merawat gigi dan mulut, plus pemeriksaan langsung kondisi karies, kalkulus, dan plak gigi. Analisis datanya dilakukan univariat buat lihat distribusi frekuensinya, dan bivariat pakai uji Chi-Square dengan tingkat signifikansi p kurang dari 0,05 buat cari hubungan antar variabel. Hasilnya, kebanyakan siswa punya pengetahuan merawat gigi dan mulut yang kurang, yaitu 25 orang (64,1%), sementara yang cukup cuma 14 orang (35,9%). Jenis karies yang paling banyak ditemukan adalah karies superfisial (35,9%), lalu karies media (30,8%), karies pit fissure (23,1%), dan karies profunda (10,3%). Dari uji Chi-Square, nilai p-value-nya 0,000 (yang artinya p kurang dari 0,05), jadi ada hubungan signifikan antara tingkat pengetahuan merawat gigi dan mulut dengan seberapa parah karies gigi mereka. Intinya, makin rendah pengetahuan siswa tentang merawat gigi dan mulut, makin tinggi risiko karies yang parah. Makanya, perlu peran aktif dari orang tua, sekolah, dan dinas kesehatan buat ngasih edukasi, biasain anak menyikat gigi yang benar, plus periksa gigi rutin biar angka karies di anak-anak sekolah bisa turun.

Kata Kunci:
Pengetahuan, Pemeliharaan Gigi dan Mulut, Karies Gigi, Siswa Sekolah Dasar

ABSTRACT

Nama Mahasiswa : Cut Asy Syifa Zaharani
Program Studi : Kedokteran Gigi
Judul Skripsi : *The Influence of Knowledge Level of Dental and Oral Care on the Severity of Dental Caries in Grade 6 Students of SDN No. 060833*

Dental caries is still one of the biggest oral health issues hitting elementary school kids. The main culprits are usually a lack of knowledge and bad habits when it comes to keeping teeth clean, which end up boosting the number of caries cases. This study wanted to check out how much sixth-grade students at SDN No. 060833 know about oral and dental care, how bad their caries are, and whether that knowledge affects the severity of the caries. It was a quantitative research project with a cross-sectional setup, pulling in 39 students as the sample. We gathered info through observation forms, questionnaires on oral hygiene knowledge, and hands-on checks for caries, calculus, and plaque. For analysis, we did univariate stuff to see the frequency breakdowns, and bivariate with a Chi-Square test to spot any links between variables, using a p-value cutoff of less than 0.05. What we found was that most kids had pretty low knowledge about oral and dental hygiene—25 of them, or 64.1%—while 14 students (35.9%) were in the sufficient category. The top type of caries we saw was superficial (35.9%), then medium (30.8%), pit fissure (23.1%), and profunda (10.3%). The Chi-Square test gave us a p-value of 0.000, which is way below 0.05, meaning there's a clear link between how much they know about oral care and how severe their caries get. Bottom line: the less a student knows about keeping their mouth healthy, the worse their caries tend to be. So, it's crucial for parents, schools, and health agencies to step up with education, get kids into good brushing routines, and push for regular dental visits to cut down on caries rates in school-age children.

Keywords:
Knowledge, Oral and Dental Hygiene, Dental Caries, Elementary School Students