

ABSTRAK

Judul : Karakteristik Remaja yang Terindikasi Adiksi Pornografi
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Perkembangan teknologi digital telah memberikan kemudahan akses terhadap berbagai informasi, termasuk konten pornografi yang kini semakin mudah dijumpai oleh remaja dan mahasiswa. Kondisi ini menimbulkan kekhawatiran akan meningkatnya risiko adiksi pornografi yang dapat berdampak pada aspek psikologis, sosial, dan perilaku seksual di kalangan mahasiswa, khususnya mereka yang berada pada fase remaja akhir. Penelitian ini bertujuan mendeskripsikan karakteristik remaja yang terindikasi adiksi pornografi.

Penelitian ini adalah penelitian deskriptif. Penelitian dilakukan di lingkungan kampus Fakultas Kedokteran Universitas Prima Indonesia. Populasi penelitian sebanyak 535 orang, dan sampel diperoleh 384 orang. Penarikan sampel secara *proportional stratified random sampling*. Pengumpulan data menggunakan kuesioner yang diisi melalui *google forms*. Analisis data dilakukan secara univariat yang disajikan dalam tabel distribusi frekuensi.

Hasil penelitian menunjukkan bahwa mayoritas responden di Fakultas Kedokteran Universitas Prima Indonesia berada pada rentang usia 18–21 tahun (87,5%) dan sebagian besar berjenis kelamin perempuan (66,1%), dengan lebih dari separuh tinggal di kos (56,0%). Sebagian besar responden menggunakan internet lebih dari 6 jam per hari (75,3%) dan telah menerima pendidikan seksual (78,1%). Meskipun demikian, mayoritas mengaku tidak pernah terpapar konten pornografi (64,1%), dengan motivasi utama akses karena rasa ingin tahu (30,5%), serta sebagian besar tidak menunjukkan indikasi adiksi pornografi (77,3%).

Peneliti selanjutnya disarankan mengeksplorasi lebih dalam faktor psikologis, sosial, dan lingkungan yang memengaruhi adiksi pornografi pada remaja melalui pendekatan kualitatif atau *mixed methods* agar pengalaman serta motivasi mereka dapat tergali secara komprehensif.

Kata Kunci: Karakteristik Remaja, Adiksi Pornografi, Fakultas Kedokteran

ABSTRACT

Title : *Characteristics of Adolescents with Pornography Addiction*
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The development of digital technology has provided easy access to various information, including pornographic content, which is now increasingly accessible to adolescents and students. This situation raises concerns about the increasing risk of pornography addiction, which can impact psychological, social, and sexual behavior among students, especially those in late adolescence. This study aims to describe the characteristics of adolescents with pornography addiction.

This is a descriptive study. The study was conducted on the campus of the Medical Faculty of Prima Indonesia University. The study population was 535 students, and a sample size of 384 students was obtained. The sample was drawn using proportional stratified random sampling. Data collection used a questionnaire completed through Google Forms. Data analysis was conducted using univariate analysis and presented in a frequency distribution table.

The results showed that the majority of respondents at the Faculty of Medicine, Prima Indonesia University, were aged 18–21 (87.5%), mostly female (66.1%), with more than half living in boarding houses or dormitories (56.0%). Most respondents used the internet for more than 6 hours per day (75.3%) and had received sex education (78.1%). However, the majority reported never having been exposed to pornographic content (64.1%), with the primary motivation for accessing the content being curiosity (30.5%), and the majority showed no indications of pornography addiction (77.3%).

Future researchers are advised to explore more deeply the psychological, social, and environmental factors influencing pornography addiction in adolescents through a qualitative or mixed methods approach to comprehensively explore their experiences and motivations.

Keywords: Adolescent Characteristics, Pornography Addiction, Faculty of Medicine