

**HUBUNGAN PENGETAHUAN DAN SIKAP IBU TENTANG
BOUNDING SEJAK DINI PADA ANAK DI WILAYAH
KERJA UPTD PUSKESMAS GLUGUR DARAT
KECAMATAN MEDAN BARAT
KOTA MEDAN**

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ABSTRAK

Bounding merupakan bentuk peningkatan hubungan emosional mendalam antara orang tua dan anak, ditandai dengan ikatan batin yang kuat melalui interaksi terus-menerus dan penuh kasih sayang antara anak dan orang tuanya. Keberhasilan *bounding* antara ibu dan anak hingga usia 0–3 tahun penting karena masa ini krusial bagi pembentukan hubungan emosional yang sehat di masa depan. Penelitian ini bertujuan untuk mengetahui hubungan pengetahuan dan sikap ibu tentang *bounding* sejak dini pada anak di Wilayah Kerja UPTD Puskesmas Glugur Darat Kecamatan Medan Barat Kota Medan. Desain penelitian menggunakan observasional analitik dengan pendekatan *cross sectional*. Sampel dalam penelitian ini adalah seluruh ibu yang memiliki bayi di Wilayah Kerja UPTD Puskesmas Glugur Darat Kecamatan Medan Barat Kota Medan sebanyak 58 orang dengan teknik *purposive sampling*. Analisa data dilakukan dengan menggunakan analisis univariat dan bivariat menggunakan uji *chi-square*. Hasil penelitian menunjukkan bahwa pengetahuan ibu tentang *bounding* sejak dini sebagian besar cukup sebanyak 28 responden (48,3%), sikap ibu tentang *bounding* sejak dini sebagian besar negatif sebanyak 39 responden (67,2%), *bounding* sejak dini yang diterapkan ibu sebagian besar kurang baik sebanyak 41 responden (70,7%). Hasil penelitian juga menyimpulkan bahwa ada hubungan pengetahuan ibu dengan *bounding* sejak dinidengan *p-value* 0,000 ($p < 0,05$) dan ada hubungan pengetahuan ibu dengan *bounding* sejak dinidengan *p-value* 0,016 ($p < 0,05$). Diharapkan bagi orang tua agar dapat menerapkan *bounding* sejak dini dengan baik dikarenakan penting bagi orang tua untuk membangun *bounding* atau ikatan emosional yang kuat dengan anak-anak mereka, karena *bounding* ini menjadi dasar bagi perkembangan anak yang sehat dan positif.

Kata Kunci :Pengetahuan, Sikap, *Bounding* Sejak Dini

**THE RELATIONSHIP BETWEEN MOTHERS' KNOWLEDGE
AND ATTITUDES ABOUT EARLY BONDING IN CHILDREN
IN THE WORKING AREA OF THE GLUGUR DARAT
COMMUNITY HEALTH CENTER, MEDAN BARAT
DISTRICT, MEDAN CITY**

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ABSTRACT

Bonding is a form of increasing deep emotional relationships between parents and children, characterized by a strong inner bond through continuous and affectionate interactions between children and their parents. The success of bonding between mothers and children until the age of 0–3 years is important because this period is crucial for the formation of healthy emotional relationships in the future. This study aims to determine the relationship between mothers' knowledge and attitudes about early bonding in children in the Working Area of the Glugur Darat Health Center, West Medan District, Medan City. The study design used an analytical observational approach with a cross-sectional approach. The sample in this study were all mothers who had babies in the Working Area of the Glugur Darat Health Center, West Medan District, Medan City, totaling 58 people with a purposive sampling technique. Data analysis was carried out using univariate and bivariate analysis using the chi-square test. The results of the study showed that mothers' knowledge about early bonding was mostly adequate (28 respondents (48.3%)), mothers' attitudes about early bonding were mostly negative (39 respondents (67.2%)), and mothers' early bonding practices were mostly inadequate (41 respondents (70.7%)). The study also concluded that there was a relationship between mothers' knowledge and early bonding with a p-value of 0.000 ($p < 0.05$) and a relationship between mothers' knowledge and early bonding with a p-value of 0.016 ($p < 0.05$). Parents are expected to implement early bonding effectively, as it is crucial for parents to build strong emotional bonds with their children, as this bonding forms the foundation for healthy and positive child development.

Keywords : *Knowledge, Attitude, Early Bonding*