

**HUBUNGAN *BREASTFEEDING FATHER* DENGAN KEBERHASILAN
PEMBERIAN ASI EKSKLUSIF PADA BAYI 0-6 BULAN
DI DESA PAYA BUJOK SEULEMAK KECAMATAN
LANGSA BARO KOTA LANGSA**

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ABSTRAK

Latar Belakang: Pemberian ASI eksklusif pada bayi baru lahir merupakan salah satu upaya untuk mencegah kematian dan masalah kekurangan gizi pada bayi dan balita. Salah satu faktor pendorong keberhasilan ASI eksklusif adalah faktor dukungan seorang suami yang selanjutnya disebut dengan *breastfeeding father*. **Tujuan:** Penelitian ini bertujuan untuk mengetahui hubungan *breastfeeding father* dengan keberhasilan pemberian ASI eksklusif pada bayi 0-6 bulan di Desa Paya Bujok Seulemak Kecamatan Langsa Baro Kota Langsa. **Metode:** Jenis penelitian yang digunakan dalam penelitian ini adalah survey penelitian analitik dengan pendekatan secara *cross sectional*. Populasi dalam penelitian ini seluruh ayah yang memiliki bayi usia 0-6 bulan di Desa Paya Bujok Seulemak Kecamatan Langsa Baro Kota Langsa sebanyak 378 orang. Sampel sebanyak 79 responden menggunakan teknik *purposive sampling*. Analisa data menggunakan analisis univariat dan bivariat. **Hasil:** Hasil menunjukkan bahwa pemberian ASI eksklusif sebagian besar tidak berhasil sebanyak 57 responden (72,2%). Penerapan *breastfeeding father* sebagian besar kurang baik sebanyak 51 responden (64,6%). Ada hubungan *breastfeeding father* dengan keberhasilan pemberian asi eksklusif pada bayi 0-6 bulan dengan nilai *p-value* = 0,000 ($p > 0,05$). **Kesimpulan:** Ada hubungan *breastfeeding father* dengan keberhasilan pemberian ASI eksklusif pada bayi 0-6 bulan di Desa Paya Bujok Seulemak Kecamatan Langsa Baro Kota Langsa.

Kata Kunci : *Breastfeeding Father*, ASI Eksklusif, Ibu Menyusui

**RELATIONSHIP BETWEEN BREASTFEEDING FATHER AND SUCCESS
OF EXCLUSIVE BREASTFEEDING FOR INFANTS AGED 0-6 MONTHS
IN PAYA BUJOK SEULEMAK VILLAGE, LANGSA BARO DISTRICT,
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ABSTRACT

Background: Exclusive breastfeeding for newborns is one of the efforts to prevent death and malnutrition problems in infants and toddlers. One of the driving factors for the success of exclusive breastfeeding is the support factor of a husband who is hereinafter referred to as a breastfeeding father. Objective: This study aims to determine the relationship between breastfeeding father and the success of exclusive breastfeeding for infants aged 0-6 months in Paya Bujok Seulemak Village, Langsa Baro District, Langsa City. Method: The type of research used in this study is an analytical research survey with a cross-sectional approach. The population in this study were all fathers who had babies aged 0-6 months in Paya Bujok Seulemak Village, Langsa Baro District, Langsa City, totaling 378 people. A sample of 79 respondents used the purposive sampling technique. Data analysis used univariate and bivariate analysis. Results: The results showed that exclusive breastfeeding was mostly unsuccessful, as many as 57 respondents (72.2%). The implementation of breastfeeding father was mostly poor, as many as 51 respondents (64.6%). There is a relationship between breastfeeding father and the success of exclusive breastfeeding in infants aged 0-6 months with a p-value = 0.000 ($p > 0.05$). Conclusion: There is a relationship breastfeeding father and the success of exclusive breastfeeding in infants aged 0-6 months in Paya Bujok Seulemak Village, Langsa Baro District, Langsa City.

Keywords : Breastfeeding Father, Exclusive Breastfeeding, Breastfeeding Mothers