

# **Gambaran Kualitas Hidup Pasien Gagal Ginjal Kronis yang menjalani Hemodialisa Di RSU Royal Prima Medan**

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## ***ABSTRACT***

*Chronic Kidney Disease (CKD) is a problem of decreased kidney function that occurs due to various causes that end in kidney failure to function properly and must be replaced with hemodialysis therapy or kidney transplantation, this study was conducted to determine the Quality of Life of Chronic Kidney Disease patients at Royal Prima Medan Hospital, the study used quantitative descriptive research techniques with a Cross-Section approach with the WHOQOL-BREF questionnaire instrument.*

*The results of the study conducted on 56 samples of Chronic Kidney Disease patients, namely the majority had a sufficient quality of life as many as 36 respondents (64.3%), these results have shown quite satisfactory results considering that the respondents will undergo Hemodialysis for the rest of their lives.*

*Keywords: Quality of Life, Chronic Kidney Disease, CKD, Hemodialysis*

## **ABSTRAK**

Gagal ginjal kronik (GGK) adalah masalah penurunan fungsi ginjal yang terjadi akibat berbagai penyebab sehingga berakhir pada kegagalan ginjal untuk berfungsi semestinya dan harus digantikan dengan terapi hemodialisis atau cangkok ginjal, penelitian ini dilakukan untuk mengetahui Gambaran Kualitas Hidup pasien Gagal Ginjal Kronik di RSUD Royal Prima Medan, penelitian menggunakan teknik penelitian deskriptif kuantitatif dengan pendekatan Cross-Section dengan alat instrumen kuisioner WHOQOL-BREF.

Hasil penelitian yang dilakukan pada 56 sampel pasien Gagal Ginjal Kronik yaitu mayoritas punya kualitas hidup yang cukup sebanyak 36 responden (64,3 %), hasil ini sudah menunjukkan hasil yang cukup memuaskan mengingat para responden akan seumur hidup akan melakukan Hemodialisa.

*Kata Kunci : Kualitas Hidup, Gagal Ginjal Kronik, GGK, Hemodialisa*