

PENERAPAN *PALATIF CARE* PASIEN *CHRONIC KIDNEY DISEASE* (CKD) TERHADAP KUALITAS HIDUP PASIEN YANG MENJALANI TERAPI HEMODIALISA DI RUANG HEMODIALISA RUMAH SAKIT UMUM ROYAL PRIMA MEDAN TAHUN 2024

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ABSTRAK

CKD adalah salah satu penyakit yang menjadi masalah besar di dunia karena penyakit CKD dapat menyebabkan kerja fungsi ginjal mengalami penurunan sehingga tidak dapat melakukan fungsinya dengan baik. Pasien PGK membutuhkan terapi untuk mempertahankan kualitas hidup pasien. Salah satu terapi yang direkomendasikan yaitu hemodialisis (HD). Penelitian ini bertujuan untuk mengetahui penerapan *paliatif care* pasien *Chronic Kidney Disease* (CKD) terhadap kualitas hidup pasien yang menjalani terapi hemodialisa di Ruang Hemodialisa Rumah Sakit Umum Royal Prima Medan Tahun 2024. Jenis penelitian yang digunakan adalah *Quasi Eksperimen*. Pendekatan yang dipilih adalah *one group pretest-posttest*, Populasi dalam penelitian ini adalah seluruh pasien gagal ginjal kronik yang menjalani terapi hemodialisa di Ruang Hemodialisa Rumah Sakit Umum Royal Prima Medan sebanyak 55 orang. dengan teknik *total sampling*. Analisa data dilakukan secara univariat dan bivariat. Hasil penelitian menunjukkan bahwa rata-rata skor kualitas hidup pasien gagal ginjal kronik sebelum penerapan *paliatif care* adalah 60,3 dengan standar deviasi 11,034 dan *confidence interval* (46-91). Sesudah penerapan *paliatif care* rata-rata kualitas hidup meningkat menjadi 63,8 dengan standar deviasi 11,251 dan *confidence interval* (49-99). Ada pengaruh penerapan *paliatif care* pasien *chronic kidney disease* (CKD) terhadap kualitas hidup pasien yang menjalani terapi hemodialisa dengan *p-value* 0,001 ($p < 0,05$). Kesimpulan penelitian ini adalah ada pengaruh penerapan *paliatif care* pasien *Chronic Kidney Disease* (CKD) terhadap kualitas hidup pasien yang menjalani terapi hemodialisa di Ruang Hemodialisa Rumah Sakit Umum Royal Prima Medan. Diharapkan penelitian ini dapat memberikan pelayanan kesehatan atau asuhan keperawatan yang komprehensif. Perawat dapat menerapkan metode *paliatif care* pada pasien *Chronic Kidney Disease* (CKD) terhadap kualitas hidup pasien yang menjalani terapi hemodialisa.

Kata Kunci : Penerapan CKD, Kualitas Hidup, Terapi Hemodialisa

**IMPLEMENTATION OF PALLIATIVE CARE IN CHRONIC KIDNEY PATIENTS
DISEASE (CKD) ON PATIENTS' QUALITY OF LIFE THOSE UNDERGOING
HEMODIALYSIS THERAPY IN SPACE HEMODIALYSIS ROYAL GENERAL
HOSPITAL PRIMA MEDAN IN 2024**

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ABSTRACT

CKD is a disease that is a big problem in the world because CKD disease can cause kidney function to decrease so that it cannot perform its function properly. CKD patients need therapy to maintain the patient's quality of life. One of the recommended therapies is hemodialysis (HD). This research aims to determine the application of palliative care for Chronic Kidney Disease (CKD) patients to the quality of life of patients undergoing hemodialysis therapy in the Hemodialysis Room at Royal Prima General Hospital Medan in 2024. The type of research used is Quasi Experimental. The approach chosen was one group pretest-posttest. The population in this study was all 55 patients with chronic kidney failure who underwent hemodialysis therapy in the Hemodialysis Room at the Royal Prima Medan General Hospital, with total sampling technique. Data analysis was carried out univariate and bivariate. The results of the study showed that the average quality of life score for chronic kidney failure patients before implementing palliative care was 60.3 with a standard deviation of 11.034, and confidence interval (46-91). After implementing palliative care the average quality of life increased to 63.8 with a standard deviation of 11.251 and confidence interval (49-99). There is an influence of the application of palliative care for chronic kidney disease (CKD) patients on the quality of life of patients undergoing hemodialysis therapy with a p-value of 0.001 ($p < 0.05$). The conclusion of this study is that there is an influence of the application of palliative care for Chronic Kidney Disease (CKD) patients on the quality of life of patients undergoing hemodialysis therapy in the Hemodialysis Room at the Royal Prima General Hospital, Medan. It is hoped that this research can provide comprehensive health services or nursing care. Nurses can apply palliative care methods to Chronic Kidney Disease (CKD) patients on the quality of life of patients undergoing hemodialysis therapy.

Keywords : Application of CKD, Quality of Life, Hemodialysis Therapy