

HUBUNGAN ANTARA KESEJAHTERAAN PSIKOLOGIS MAHASISWA BARU PERANTAU DENGAN *LONELINESS* DI UNIVERSITAS PRIMA INDONESIA

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INTISARI

Tujuan dari penelitian ini adalah untuk mengetahui hubungan antara kesejahteraan psikologis dengan *loneliness* pada mahasiswa baru perantau di Universitas Prima Indonesia. Hipotesis penelitian ini adalah adanya hubungan negatif antara kesejahteraan psikologis dengan *loneliness* mahasiswa baru perantau di Universitas Prima Indonesia. Subjek penelitian yang digunakan dalam penelitian ini berjumlah 135 responden mahasiswa baru perantau Universitas Prima Indonesia menggunakan teknik *purposive sampling*. Data dianalisis menggunakan uji korelasi *spearman's rho* dengan bantuan SPSS versi 27 *for windows*. Hasil analisis data menunjukkan adanya hubungan negatif antara kesejahteraan psikologis dengan *loneliness* mahasiswa baru perantau di Universitas Prima Indonesia dengan koefisien korelasi *spearman's rho* sebesar -0,861 dengan *sig* <0,005. Hasil penelitian juga menunjukkan bahwa sumbangan efektif yang diberikan variabel kesejahteraan psikologis terhadap *loneliness* adalah sebesar 80,1 persen, dan selebihnya 19,9 persen dipengaruhi oleh faktor lain diluar penelitian.

Kata kunci : Kesejahteraan psikologis, *loneliness*, mahasiswa baru perantau

***THE RELATIONSHIP BETWEEN PSYCHOLOGICAL WELL-BEING OF NEW
INTER-ISLAND MIGRANT AND LONELINESS AT PRIMA INDONESIA
UNIVERSITY***

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ABSTRACT

The purpose of this research is to determine the relationship between psychological well-being and loneliness in new inter-island migrant at Prima Indonesia University. The hypothesis in this research is that there is a negative relationship between psychological well-being and loneliness of new inter-island migrant at Prima Indonesia University. The research subjects used in this study were 135 new inter-island migrant respondents from Prima Indonesia University using a purposive sampling technique. Data were analyzed using the Spearman'Rho correlation test with the help of SPSS version 27 for Windows. The results of data analysis shows that there is a negative relationship between psychological well-being and loneliness of new inter-island migrant at Prima Indonesia University with a spearman'rho correlation coefficient of -0.861 with sig <0.005. The results of this research also shows that the effective contribution made by psychological well-being variables to loneliness is 80.1 percent, and 19.9 percent is influenced by other factors outside the research. From the results of this research, it can be concluded that the research hypothesis can be accepted because there is a negative relationship between psychological well-being and loneliness.

Keywords : psychological well-being, loneliness, new inter-island migrant