

**HUBUNGAN PENGETAHUAN IBU TENTANG MANAJEMEN
LAKTASI DENGAN PERILAKU PEMBERIAN ASI
DI WILAYAH KERJA UPTD PUSKESMAS
LANGSA BARO**

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ABSTRAK

Latar Belakang: Presentase capaian indikator pemberian ASI eksklusif belum memenuhi target Kemenkes yaitu 69% dimana persentase bayi yang diberikan ASI eksklusif di Indonesia hanya mencapai 44,8%. Rendahnya cakupan pemberian ASI eksklusif tentunya tidak terlepas dari pengetahuan ibu tentang manajemen laktasi. **Tujuan:** Penelitian ini bertujuan untuk mengetahui hubungan pengetahuan ibu tentang manajemen laktasi dengan perilaku pemberian ASI di Wilayah Kerja UPTD Puskesmas Langsa Baro. **Metode:** Penelitian ini menggunakan jenis analitik dengan rancangan *cross sectional*. Populasi penelitian ini adalah seluruh ibu yang memiliki bayi 6-12 bulan di Wilayah Kerja UPTD Puskesmas Langsa Baro sebanyak 158 orang. Sampel dalam penelitian ini sebanyak 61 responden dengan teknik *purposive sampling*. Analisis data penelitian ini menggunakan analisis univariat dan bivariat. **Hasil:** Hasil penelitian menunjukkan bahwa pengetahuan ibu tentang manajemen laktasi mayoritas kurang tentang sebanyak 31 responden (50,8%). Perilaku pemberian ASI mayoritas tidak tepat sebanyak 38 responden (62,3%). Ada hubungan pengetahuan ibu tentang manajemen laktasi dengan perilaku pemberian ASI dengan *p-value* 0,001 ($p < 0,05$). **Kesimpulan:** Ada hubungan pengetahuan ibu tentang manajemen laktasi dengan perilaku pemberian ASI di Wilayah Kerja UPTD Puskesmas Langsa Baro.

Kata Kunci : Pengetahuan Ibu, Manajemen Laktasi, Pemberian ASI

**THE RELATIONSHIP BETWEEN MOTHERS' KNOWLEDGE ABOUT
LACTATION MANAGEMENT AND BREASTFEEDING BEHAVIOR
IN THE WORK AREA OF UPTD PUSKESMAS
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ABSTRACT

Background: The percentage of achievement of the exclusive breastfeeding indicator has not met the Ministry of Health's target of 69%, where the percentage of babies given exclusive breastfeeding in Indonesia only reaches 44.8%. The low coverage of exclusive breastfeeding is certainly inseparable from mothers' knowledge of lactation management. Objective: This study aims to determine the relationship between mothers' knowledge of lactation management and breastfeeding behavior in the UPTD Langsa Baro Health Center Work Area. Method: This study uses an analytical type with a cross-sectional design. The population of this study were all mothers who had babies aged 6-12 months in the UPTD Langsa Baro Health Center Work Area, totaling 158 people. The sample in this study was 61 respondents with a purposive sampling technique. Data analysis of this study used univariate and bivariate analysis. Results: The results showed that the majority of mothers' knowledge of lactation management was lacking, as many as 31 respondents (50.8%). The majority of breastfeeding behavior was inappropriate, as many as 38 respondents (62.3%). There is a relationship between maternal knowledge about lactation management and breastfeeding behavior with a p-value of 0.001 ($p < 0.05$). Conclusion: There is a relationship between maternal knowledge about lactation management and breastfeeding behavior in the Working Area of UPTD Langsa Baro Health Center.

Keywords : Maternal Knowledge, Lactation Management, Breastfeeding