

**HUBUNGAN PENGETAHUAN DAN SIKAP IBU DALAM MEMBERIKAN  
STIMULASI TUMBUH KEMBANG BAYI DI WILAYAH KERJA  
UPTD PUSKESMAS SIMPANG JERNIH  
KABUPATEN ACEH TIMUR**

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**ABSTRAK**

Pertumbuhan dan perkembangan adalah sebuah proses yang terjadi secara beriringan dengan bertambahnya umur anak, Pertumbuhan dan perkembangan sendiri adalah proses perubahan pada setiap makhluk hidup. Stimulasi paling banyak didapatkan dari lingkungan terdekat anak adalah Keluarga atau orang tua, khususnya ibu, merupakan lingkungan yang pertama dan utama bagi seorang anak. Penelitian ini bertujuan untuk mengetahui hubungan pengetahuan dan sikap ibu dalam memberikan stimulasi tumbuh kembang bayi di wilayah kerja uptd puskesmas simpang jernih kabupaten aceh timur. Jenis penelitian yang digunakan adalah kuantitatif dengan pendekatan *cross sectional*. Sampel dalam penelitian ini adalah seluruh bayi usia 0-12 bulan di Wilayah Kerja UPTD Puskesmas Simpang Jernih Kabupaten Aceh Timur sebanyak 155 orang, teknik *total sampling*. Analisa data dilakukan secara univariat dan bivariat menggunakan uji *chi square*. Hasil penelitian menunjukkan bahwa karakteristik responden berdasarkan usia sebagian besar berusia 20-29 tahun sebanyak 40 responden (65,6%), berdasarkan pendidikan sebagian besar berpendidikan menengah (SMA/Sederajat) sebanyak 44 responden (72,1%), berdasarkan pekerjaan sebagian besar IRT sebanyak 49 responden (80,3%) dan berdasarkan usia anak sebagian besar berusia 7-12 bulan sebanyak 37 responden (60,7%). Ada hubungan pengetahuan ibu dengan stimulasi tumbuh kembang bayi dengan *p-value* 0,001 ( $p < 0,05$ ). Ada hubungan sikap ibu dengan stimulasi tumbuh kembang bayi dengan *p-value* 0,005 ( $p < 0,05$ ). Kesimpulan penelitian ini adalah Ada Hubungan Pengetahuan Dan Sikap Ibu Dengan Stimulasi Tumbuh Kembang Bayi Di Wilayah Kerja Uptd Puskesmas Simpang Jernih Kabupaten Aceh Timur. Diharapkan penelitian ini dapat memberikan penyuluhan tentang stimulasi perkembangan anak yang harusnya dapat dilakukan ibu ketika membimbing anak di rumah Di Wilayah Kerja Uptd Puskesmas Simpang Jernih Kabupaten Aceh Timur.

**Kata Kunci : Pengetahuan, Sikap dan Stimulasi Bayi.**

*THE RELATIONSHIP OF MOTHER'S KNOWLEDGE AND ATTITUDE IN  
GIVING STIMULATION OF INFANT GROWTH AND DEVELOPMENT IN THE  
WORK AREA UPTD PUSKESMAS SIMPANG JERNIH  
EAST ACEH DISTRICT*

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**ABSTRACT**

*Growth and development is a process that occurs simultaneously with increasing age of the child. Growth and development itself is a process of change in every living creature. The most stimulation obtained from a child's immediate environment is the family or parents, especially the mother, which is the first and foremost environment for a child. This study aims to determine the relationship between knowledge and attitudes of mothers in providing stimulation for baby growth and development in the working area of the Uptd Puskesmas Simpang Clear, East Aceh Regency. The type of research used is quantitative with a cross sectional approach. The sample in this study was all 155 babies aged 0-12 months in the UPTD Working Area of Simpang Jernih Community Health Center, East Aceh Regency, total sampling technique. Data analysis was carried out univariate and bivariate using the chi square test. The results of the study showed that the characteristics of the respondents based on age were mostly 20-29 years old, 40 respondents (65.6%), based on education, the majority had secondary education (SMA/equivalent), 44 respondents (72.1%), based on occupation, the majority Housewives were 49 respondents (80.3%) and based on the age of the children, most of them were 7-12 months old, 37 respondents (60.7%). There is a relationship between maternal knowledge and stimulation of baby growth and development with a p-value of 0.001 ( $p < 0.05$ ). There is a relationship between mother's attitude and stimulation of baby's growth and development with a p-value of 0.005 ( $p < 0.05$ ). The conclusion of this research is that there is a relationship between maternal knowledge and attitudes and the stimulation of baby growth and development in the work area of Uptd Puskesmas Simpang Jernih, East Aceh Regency. It is hoped that this research can provide education about stimulating child development which mothers should be able to do when guiding children at home in the Uptd Work Area of Simpang Jernih Community Health Center, East Aceh Regency.*

**Keywords :** *Knowledge, Attitude and Stimulation Baby.*