

**HUBUNGAN PENDIDIKAN DAN PEKERJAAN IBU DENGAN
PEMBERIAN MP-ASI PADA BAYI USIA 7-12 BULAN
DI KLINIK NARISHA KECAMATAN LUBUK
PAKAM KABUPATEN DELI SERDANG
SUMATERA UTARA**

Arnita Ndraha, Arah Sura Sembiring, Fadila Umami
Helvi Anggraini, Herlina M. Nasution
Jurusan Kebidanan, Fakultas Keperawatan dan Kebidanan
Universitas Prima Indonesia, Medan, Indonesia

ABSTRAK

Makanan Pendamping ASI (MP-ASI) merupakan makanan atau minuman yang mulai diberikan pada usia 6 bulan untuk memenuhi kebutuhan gizi selain dari ASI. MP-ASI harus diperkenalkan kepada bayi pada waktu yang tepat. Penelitian ini bertujuan untuk mengetahui hubungan pendidikan dan pekerjaan ibu dengan pemberian MP-ASI pada bayi usia 7-12 bulan di Klinik Narisha Kecamatan Lubuk Pakam Kabupaten Deli Serdang Sumatera Utara. Jenis penelitian yang digunakan adalah kuantitatif dengan pendekatan *cross sectional*. Sampel dalam penelitian ini adalah seluruh bayi usia 7-12 bulan di Klinik Narisha sebanyak 53 orang dengan teknik *total sampling*. Analisa data dilakukan secara univariat dan bivariat menggunakan uji *chi square*. Hasil penelitian menunjukkan bahwa sebagian besar responden berpendidikan menengah (SMA/Sederajat) sebanyak 44 responden (83%), sebagian besar IRT sebanyak 46 responden (86,8%), sebagian besar tidak tepat dalam memberikan MP-ASI pada bayi usia 7-12 bulan sebanyak 33 responden (62,3%). Ada hubungan pendidikan ibu dengan pemberian MP-ASI pada bayi usia 7-12 bulan dengan nilai *p-value* 0,001 ($p < 0,05$). Ada hubungan pekerjaan ibu dengan pemberian MP-ASI pada bayi usia 7-12 bulan dengan nilai *p-value* 0,001 ($p < 0,05$). Kesimpulan penelitian ini adalah ada hubungan pendidikan dan pekerjaan ibu dengan pemberian MP-ASI pada bayi usia 7-12 bulan di Klinik Narisha Kecamatan Lubuk Pakam Kabupaten Deli Serdang Sumatera. Diharapkan penelitian ini dijadikan i informasi mengenai ketepatan praktik pemberian MP-ASI pada bayi sehingga perawat dapat secara rutin memberikan edukasi kepada ibu hamil dan ibu bayi usia 0-6 bulan agar memberikan MP-ASI tepat waktu.

Kata Kunci : Pendidikan, Pekerjaan, MP-ASI

**THE RELATIONSHIP BETWEEN MOTHER'S EDUCATION AND OCCUPATION
WITH PROVISION OF COMPLEX FEEDING TO INFANTS AGED 7-12
MONTHS AT NARISHA CLINIC, LUBUK PAKAM DISTRICT
DELI SERDANG REGENCY NORTH SUMATERA**

Arnita Ndraha, Arah Sura Sembiring, Fadila Umami
Helvi Anggraini, Herlina M. Nasution
Department of Midwifery, Faculty of Nursing and Midwifery
Prima Indonesia University, Medan, Indonesia

ABSTRACT

Complementary Food for Breast Milk (MP-ASI) is food or drink that is given at the age of 6 months to meet nutritional needs other than breast milk. MP-ASI must be introduced to babies at the right time. This study aims to determine the relationship between maternal education and occupation with the provision of MP-ASI to infants aged 7-12 months at the Narisha Clinic, Lubuk Pakam District, Deli Serdang Regency, North Sumatra. The type of research used is quantitative with a cross-sectional approach. The sample in this study were all infants aged 7-12 months at the Narisha Clinic, totaling 53 people with a total sampling technique. Data analysis was carried out univariately and bivariately using the chi square test. The results showed that most respondents had secondary education (high school/equivalent) as many as 44 respondents (83%), most housewives as many as 46 respondents (86.8%), most were not appropriate in providing MP-ASI to infants aged 7-12 months as many as 33 respondents (62.3%). There is a relationship between maternal education and provision of complementary feeding to infants aged 7-12 months with a p-value of 0.001 ($p < 0.05$). There is a relationship between maternal employment and provision of complementary feeding to infants aged 7-12 months with a p-value of 0.001 ($p < 0.05$). The conclusion of this study is that there is a relationship between maternal education and employment and provision of complementary feeding to infants aged 7-12 months at the Narisha Clinic, Lubuk Pakam District, Deli Serdang Regency, Sumatra. It is hoped that this study will be used as information regarding the appropriateness of the practice of providing complementary feeding to infants so that nurses can routinely provide education to pregnant women and mothers of infants aged 0-6 months to provide complementary feeding on time.

Keywords : Education, Work, MP-ASI