

KESEJAHTERAAN PSIKOLOGIS DITINJAU DARI KEPUASAN KERJAKARYAWAN PT. ABS

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ABSTRAK

Studi ini dilaksanakan di PT. Andalan Bintang Sampali. Maksud dan tujuannya adalah untuk mendapat koneksi antara kesejahteraan psikologis karyawan dengan kepuasan kerja karyawan di PT. Andalan Bintang Sampali. Karyawan / Karyawati di PT. Andalan Bintang Sampali yang bertotalan 102 jiwa menjadi bahan .Metode *Purposive Sampling* digunakan sebagai teknik dalam mengambil sampel . Carapengumpulan data adalah dengan memberikan daftar pertanyaan kepada sampel. Metode analisis yang diimplementasikan dalam studi ini ialah teknik Korelasional *Pearson Product Moment*. Hasil riset memperlihatkan bahwa ditemuinya koneksi antara kepuasan kerja terhadap kesejahteraan psikologis dengan nilai koefisien $F = 0.947$ dengan $p=0.000$ ($p<0.01$). Pengujian asumsi terdiri dari uji normalitas, uji linearitas, uji korelasi, uji data deskriptif, dan uji sumbangan efektif. Data dianalisis dengan menggunakan teknik Korelasional *Pearson Product Moment* dengan memanfaatkan bantuan SPSS 27 for Windows. Hasil riset/studi memperlihatkan jumlah kontribusi sebesar 94.7 persen yang diketahui terdapat pada kepuasan kerja dan kesejahteraan psikologis, dan faktor lainnya yang tidak diteliti berkontribusi sebesar 5.3 persen.

Kata Kunci; Kepuasan Kerja, Kesejahteraan Psikologi

PSYCHOLOGICAL WELL-BEING REVIEWED BY THE WORK COMPLACENCY OF THE EMPLOYEES OF PT. ABS

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ABSTRACT

The study is held in PT. Andalan Bintang Sampali working environment. The objective is to obtain the bond among the job satisfaction with psychological well-being of PT. Andalan Bintang Sampali's employees. Population and sample on this research is: 102 (a hundred and two) employees of PT. Andalan Bintang Sampali. The method of Purposive Sampling is being used as the technique to collect samples. The technique of gathering data is by disseminate the questions-form to those samples. Analysis technique that is being carried out in this study/research is the Correlational Pearson Product Moment technique. The results of the research found a correlation between work satisfaction and psychological well-being with the correlation coefficient $F = 0.947$ as well as $p = 0.000$ ($p < 0.01$). The assumption test composed of normality test, linearity trial, correlation check, descriptive test, as well as effective contribution test. The data was outlined with SPSS 27 for Windows by using Correlation Pearson Product Moment technique. Research shows that the effective contribution shows that 94.7 percent occurred within job satisfaction and psychological well-being, while the rest 5.3 percent lie on other factors that weren't being researched.

Keywords: *Job Satisfaction, Psychological well-being*