

HUBUNGAN PENGETAHUAN IBU HAMIL TRIMESTER III TENTANG LOTUS BIRTH PADA BAYI BARU LAHIR DI DESA PANTAI GEMI KECAMATAN STABAT TAHUN 2023

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ABSTRAK

Lotus birth adalah metode persalinan yang melibatkan menahan diri untuk tidak memotong tali pusar. Bayi dan plasenta, yang terletak di luar tubuh ibu, tetap terhubung melalui tali pusar. Tali pusar mengalami pelepasan alami, biasanya dalam kurun waktu 3-4 hari, sehingga pusar bayi benar-benar kering. Tujuan lotus birth pada bayi adalah Bayi akan menerima semua darah dan nutrisi dari plasenta saat tali pusat tetap menempel. Amerika ialah negara pertama yang merintis persalinan lotus. Dilakukannya penelitian untuk mengetahui bagaimana Pengetahuan ibu Hamil Trimester III tentang lotus birth pada bayi baru lahir di Desa Pantai Gemi tahun 2023. Jenis penelitian ini menggunakan metode survey yang bersifat deskriptif berupa pengisian kuesioner. Hasil penelitian yang berhubungan dengan Pengetahuan ibu hamil trimester III tentang Lotus Birth pada bayi Baru lahir diperoleh responden yang mempunyai pengetahuan baik yaitu sejumlah 10 orang (33,3%) mempunyai pengetahuan cukup yaitu sejumlah 17 orang (56,7%), mempunyai pengetahuan minoritas yaitu sejumlah 3 responden (10%). Disarankan pada ibu hamil trimester III Agar dapat memperluas ilmu pengetahuan dan wawasan mengenai keuntungan dan manfaat lotus birth lotus birth.

Kata Kunci : Pengetahuan Ibu hamil trimester III. Lotus Birth

**THE RELATIONSHIP OF KNOWLEDGE OF PREGNANT WOMEN IN
THE 3RD TRIMESTER ABOUT LOTUS BIRTH IN NEWBORN BABIES
IN PANTAI GEMI VILLAGE, STABAT DISTRICT, 2023**

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ABSTRACT

Lotus delivery is a childbirth method that involves refraining from severing the umbilical chord. The infant and placenta, located externally to the mother's body, remain connected through the umbilical chord. The umbilical cord undergoes natural detachment, typically during a span of 3-4 days, resulting in complete desiccation of the baby's navel. The purpose of lotus birth for babies is that the baby will receive all the blood and nutrients from the placenta while the umbilical cord remains attached. The country that pioneered Lotus birth for the first time was America. The aim of this research is to find out how knowledgeable pregnant women in the third trimester are about lotus birth in newborn babies in Pantai Gemi Village in 2023. This research employs a descriptive survey method, specifically through the administration of a questionnaire. The findings of the study on the correlation between the awareness of pregnant women in the third trimester regarding Lotus Birth in newborn infants were derived from participants who possessed a high level of knowledge, namely 10 people (33.3%), had sufficient knowledge, namely 17 people (56.7%), had minority knowledge, namely 3 less. respondents (10%). It is recommended for pregnant women in the third trimester in order to increase knowledge and increase insight into the advantages and benefits of lotus birth.

Keywords: Knowledge of third trimester pregnant women. Lotus Birth