

ABSTRAK

Penelitian ini bertujuan untuk meneliti pengalaman pasien DM dalam menjalani pengobatan selama masa pandemi COVID-19. Penelitian ini juga dilakukan untuk mengetahui masalah yang dihadapi pasien DM dalam menjalani pengobatan selama masa pandemik COVID-19. Adapun Jenis penelitian yang digunakan adalah penelitian kualitatif, dengan metode pendekatan fenomenologi. Peneliian ini dilakukan selama 3 bulan dari bulan Desember 2022. Informan pada penelitian ini berjumlah 5 orang yang terdiri atas pasien penderita DM di UPTD Puskesmas Binjai Estate dengan pengambilan sampel secara kecukupan (*adequacy*). Adapun pengambilan data diperoleh melalui hasil wawancara langsung kepada 5 Informan yang sudah di tentukan. Hasil yang diperoleh ialah. dari data yang diperoleh Pasien DM tau betul sebab dan akibat yang ditimbulkan oleh virus COVID-19 khususnya kepada penderita DM. Namun Pasien DM di UPTD Puskesmas Binjai Estete termasuk pasien yang apatis dan ceroboh. Terlihat mereka semua informan pernah terjangkit virus COVID-19. Selain itu Masalah yang harus dihadapi pasien DM di UPTD Puskesmas Binjai Estete selama pandemi pada umumnya sama. Diantaranya : Susah bernafas karena harus menggunakan masker setiap keluar rumah dan berkontak fisik dengan orang lain, berobat harus menggunakan sistem *homecare* sehingga pengobatan semakin kurang teratur dikarenakan yang biasa control seminggu sekali, jadi sebulan hanya 2 kali.

Kata Kunci: COVID-19, Pandemi, Pasien DM

ABSTRACT

This study aims to examine the experience of DM patients in undergoing treatment during the COVID-19 pandemic. This research was also conducted to find out the problems faced by DM patients in undergoing treatment during the COVID-19 pandemic. The type of research used is qualitative research, with a phenomenological approach. This research was conducted for 3 months from December 2022. The informants in this study consisted of 5 people consisting of DM patients at the UPTD Puskesmas Binjai Estate with adequate sampling. The data collection was obtained through the results of direct interviews with 5 predetermined informants. The results obtained are. From the data obtained, DM patients know very well the causes and effects caused by the COVID-19 virus, especially for DM sufferers. DM patients at the UPTD Binjai Estete Health Center are apathetic and careless patients. It can be seen that all informants have contracted the COVID-19 virus. In addition, the problems that DM patients have to face at the UPTD Binjai Estete Health Center during a pandemic are generally the same. Among them: It's hard to breathe because you have to wear a mask every time you leave the house and have physical contact with other people, you have to use the homecare system for treatment so that the treatment is getting less regular because the usual controls are once a week, just 2 times a month.

Keywords: COVID-19, Pandemic, DM Patients.

