

***Adversity quotient* ditinjau dari *Psychological well being* pada Orangtua Anak yang memiliki *Autistic Spectrum Disorder (ASD)* Di Medan**

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INTISARI

Tujuan dari penelitian ini ialah untuk menguji dan mengetahui pengaruh *Psychological well being* dan *Adversity quotient*. Sampel penelitian terdiri dari 51 orangtua yang memiliki anak autis di kota Medan yang ditentukan dengan metode *proportionate stratified random sampling*. Data dikumpulkan dengan menggunakan skala *Adversity quotient* yang terdiri dari 24 aitem dan skala *Psychological well being* yang terdiri dari 29 aitem. Hasil penelitian menunjukkan terdapat pengaruh positif antara *Psychological well being* terhadap *Adversity quotient* dengan nilai uji *Pearson Product Moment* sebesar 0,454 dengan sig sebesar 0,01. Hasil penelitian menunjukkan terdapat pengaruh positif antara *Psychological well being* terhadap *Adversity quotient* dengan nilai koefisien beta sebesar 0,454 dan sig. 0.01 ($p < 0.05$). Pengujian asumsi dilakukan dengan uji normalitas, uji linearitas serta uji korelasi. Data dianalisis dengan menggunakan analisis korelasi *pearson product moment* menggunakan bantuan *SPSS statistic 22 for windows*. Hasil penelitian menunjukkan bahwa sumbangan efektif yang diberikan *Psychological well being* terhadap *Adversity quotient* adalah sebesar 20,6 persen, selebihnya 79,4 persen dipengaruhi oleh faktor lain yang tidak diteliti.

Kata kunci : *Adversity quotient*, *Psychological well being*, orangtua yang memiliki anak autis.

Adversity quotient in terms of Psychological well-being in Parents of Children who have Autistic Spectrum Disorder (ASD) in Medan

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ABSTRACT

The purpose of this study was to examine and determine the effect between Psychological well being and Adversity quotient. The research sample consisted of 51 parents who have children with autism in the city of Medan with proportionate stratified random sampling method. Research data were collected using the Adversity quotient scale consisting of 24 items and the Psychological well being scale consisting of 29 items. The results showed that there was a positive influence between Psychological well being on Adversity quotient with a Pearson Product Moment test value of 0.454 with a sig of 0.01. The results showed that there was a positive influence between Psychological well being on the Adversity quotient with a beta coefficient of 0.454 and sig. 0.001 ($p < 0.05$). Assumption test consists of normality test, linearity test and correlation test. The data were analyzed using Pearson product moment correlation analysis using SPSS statistics 22 for windows. The results showed that the effective contribution given by Psychological well being to the Adversity quotient was 20.6 percent, the remaining 79.4 percent was influenced by other factors not examined.

Keywords: *Adversity quotient, Psychological well being, parents with autistic children.*