

**PENGARUH PERILAKU CARING PERAWAT TERHADAP PENINGKATAN
KUALITAS HIDUP PASIEN GAGAL GINJAL KRONIK DI RUANG
HEMODIALISA RUMAH SAKIT ROYAL PRIMA MEDAN TAHUN 2022**

Yusrita Syafitri¹, Alvianis Duha², Andini Putri Meylani³, Brigity Sephanie⁴, Meilis Karina
Anugrah Bako⁵, Tiarnida Nababan⁶

ABSTRAK

Gagal Ginjal Kronik (GGK) merupakan proses patofisiologi dengan beragam penyebab yang mengakibatkan turunnya fungsi ginjal progresif hingga berakhir dengan mengalami gagal ginjal. Berdasarkan data dari *Global Burden of Disease* (GBD), pada tahun 2017 terdapat sebanyak 697,5 juta kasus gagal ginjal kronik di dunia. Hemodialisa menjadi terapi pengganti fungsi ginjal dengan menggunakan mesin *dialysis* banyak dipilih oleh pasien gagal ginjal kronik. Perilaku perawat dalam memberikan asuhan keperawatan sangat berkaitan terhadap pengobatan pasien gagal ginjal kronik yang menjalani terapi hemodialisa. Tujuan dari penelitian ini mengetahui pengaruh perilaku caring perawat terhadap peningkatan kualitas hidup pasien gagal ginjal kronik di ruang hemodialisa Rumah Sakit Royal Prima Medan 2022. Jenis penelitian analitik dengan menggunakan desain *Cross Sectional*. Teknik pengambilan sampel pada penelitian ini adalah *purposive sampling* dengan jumlah sampel sebanyak 25 orang. Berdasarkan hasil uji *spearman,s rho* dengan $p = >0,05$ diperoleh hasil nilai *p value* (0,000) $<0,05$ maka H_0 ditolak. Kesimpulannya yaitu ada pengaruh yang signifikan antara perilaku caring perawat dan kualitas hidup pasien gagal ginjal kronik di Ruang Hemodialisa Royal Prima Tahun 2022.

Kata Kunci : Perilaku Caring; Kualitas Hidup; Gagal Ginjal Kronik; Hemodialisa.

ABSTRACT

Chronic Kidney Failure (CKD) is a pathophysiological process with various causes that result in a progressive decline in kidney function that ends with kidney failure. Based on data from the Global Burden of Disease (GBD), in 2017 there were 697.5 million cases of chronic kidney failure in the world. Hemodialysis as a replacement therapy for kidney function using a dialysis machine has been chosen by many patients with chronic kidney failure. The behavior of nurses in providing nursing care is closely related to the treatment of chronic kidney failure patients undergoing hemodialysis therapy. The purpose of this study was to determine the effect of nurse caring behavior on improving the quality of life of chronic kidney failure patients in the hemodialysis room at Royal Prima Hospital, Medan 2022. This type of analytical study used a cross sectional design. The sampling technique in this study was purposive sampling with a total sample of 25 people. Based on the results of the Spearman test, $s\ rho$ with $p \Rightarrow 0.05$, the results obtained were $p\ value\ (0.000) < 0.05$, then H_0 was rejected. The conclusion is that there is a significant influence between the caring behavior of nurses and the quality of life of patients with chronic kidney failure in the Hemodialysis Room Royal Prima in 2022.

Keywords: Caring Behavior; Quality of Life; Chronic Kidney Failure; Hemodialysis.