

## STRES KERJA DITINJAU DARI KECERDASAN EMOSIONAL TNI-AD BINTARA TAMTAMA DI KOTA MEDAN

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### INTISARI

Penelitian ini memiliki tujuan dalam mengetahui terdapat hubungan dari stres kerja dan kecerdasan emosional terhadap anggota TNI-AD di instansi X. Hipotesis pada penelitian ini yaitu terdapat hubungan negatif dari stres kerja dan kecerdasan emosional. Subjek ini berjumlah 150 anggota TNI-AD dari instansi X menerapkan teknik kuantitatif dengan pengumpulan data menerapkan skala stres kerja 30 butir aitem dan kecerdasan kerja 50 butir aitem. Penggunaan pengujian asumsi pada penelitian ini yaitu pengujian normalitas dan linieritas serta analisis data menerapkan pengujian korelasi *Rank Spearman Correlation* menerapkan *IBM SPSS Statistics 25*. Hasil analisa data yang didapatkan pada penelitian ini menampilkan terdapat hubungan stres kerja dan kecerdasan emosional pada anggota TNI-AD di instansi X dengan koefisien korelasi *Rank Spearman Correlation* sebesar sebesar  $r = -0,458$  dan pada penelitian ini adanya hasil yang menampilkan sumbangan yang diberi variabel stres kerja terhadap kecerdasan emosional senilai 18,7%, selebihnya sebanyak 81,3% ditentukan dari pengaruh faktor lainnya yang tidak diamati.

**Kata kunci :** Stres kerja, Kecerdasan emosional

## OCCUPATIONAL STRESS IN TERMS OF EMOTIONAL INTELLIGENCE OF ENLISTED NONCOMMISSIONED OFFICERS IN MEDAN

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### ABSTRACT

The purpose of this study is to ascertain the connection between job stress and emotional intelligence in TNI-AD members in agency X. The study's hypothesis is that there is a detrimental association between job stress and emotional intelligence. The subjects were 150 TNI-AD members from using quantitative approaches, agency X collected data using a 50-item work intelligence measure and a 30 item work stress scale. The data were analyzed using the Rank Spearman Correlation correlation test with the aid of IBM SPSS Statistics 25, and the normality and linearity tests were employed as the assumption tests in this study. The findings of the data analysis conducted for this study show a connection between job stress and emotional intelligence in TNI-AD members in agency X with the Rank Spearman Correlation correlation coefficient of  $r = -0.458$  and in this study there are results showing that the contribution given by the job stress variable to emotional intelligence is 18.7%, the remaining 81.3% is affected by additional, unresearched elements.

**Keywords :** Job Stress, Emotional Intelligence