

## ABSTRAK

Penularan dan kematian Covid-19 tidak hanya terjadi pada masyarakat sipil tetapi juga pada tenaga medis. Ikatan Dokter Indonesia (IDI) mencatat bahwa pada tahun 2020 ada 504 tenaga kesehatan yang meninggal akibat Covid-19. Respon psikologis perawat terhadap pandemi Covid-19 semakin meningkat disebabkan oleh perasaan cemas tentang kesehatan diri sendiri dan penyebaran keluarga. Tujuan penelitian ini untuk menganalisis faktor-faktor yang berhubungan dengan kecemasan perawat pada masa pandemi Covid-19 dalam pelayanan asuhan keperawatan pasien rawat inap.

Penelitian ini adalah penelitian studi analitik dengan pendekatan potong lintang (*cross sectional*). Penelitian dilakukan di RSUD Tanjung Pura. Populasi penelitian sebanyak 92 orang dan seluruhnya dijadikan sampel. Penarikan sampel dengan cara *total sampling*. Analisis data menggunakan univariat, bivariat dengan uji *chi-square*, dan multivariat dengan regresi logistik berganda pada tingkat kepercayaan 95% ( $\alpha=0,05$ ).

Hasil penelitian menunjukkan bahwa perawat yang diteliti berumur dewasa dini dan bekerja selama 1-10 tahun. Faktor-faktor yang berhubungan dengan kecemasan perawat pada masa pandemi Covid-19 dalam pelayanan asuhan keperawatan pasien rawat inap di Rumah Sakit Umum Daerah Tanjung Pura yaitu takut terinfeksi ( $p=0,001$ ), kelengkapan APD ( $p=0,002$ ), stigma masyarakat ( $p=0,004$ ), dan pengetahuan ( $p=0,009$ ). Variabel yang tidak berhubungan yaitu umur ( $p=0,071$ ), jenis kelamin ( $p=0,574$ ), status pernikahan ( $p=0,322$ ). Variabel takut terinfeksi mempunyai pengaruhnya yang lebih besar terhadap kecemasan perawat pada masa pandemi Covid-19 di RSUD Tanjung Pura Tahun 2021 dengan nilai  $\text{Exp(B)}/\text{OR} = 11,757$ .

Disarankan kepada pimpinan RSUD Tanjung Pura untuk memberikan pelatihan secara kontinu pada seluruh tenaga kesehatan khususnya perawat sehingga dapat meminimalisir penularan Covid-19 dan meningkatkan pengetahuan tenaga kesehatan, melengkapi alat pelindung diri.

**Kata Kunci : Kecemasan Perawat, Pandemi Covid-19, Pelayanan Asuhan Keperawatan Pasien Rawat Inap**

## **ABSTRACT**

*The transmission and death of Covid-19 does not only occur in civil society but also in medical personnel. The Indonesian Doctors Association (IDI) noted that in 2020 there were 504 health workers who died from Covid-19. The psychological response of nurses to the Covid-19 pandemic is increasing due to feelings of anxiety about their own health and the spread of their family. The purpose of this study was to analyze the factors related to nurse anxiety during the Covid-19 pandemic in nursing care services for inpatients.*

*This research is an analytic study with a cross sectional approach. The research was conducted at Tanjung Pura Hospital. The research population was 92 people and all of them were used as samples. Sampling by means of total sampling. Data analysis used univariate, bivariate with chi-square test, and multivariate with multiple logistic regression at 95% confidence level ( $\alpha=0.05$ ).*

*The results showed that the nurses studied were early adults and worked for 1-10 years. Factors related to nurse anxiety during the Covid-19 pandemic in nursing care services for inpatients at the Tanjung Pura Regional General Hospital, namely fear of infection ( $p = 0.001$ ), completeness of PPE ( $p = 0.002$ ), community stigma ( $p = 0.004$ ), and knowledge ( $p=0.009$ ). The unrelated variables were age ( $p=0.071$ ), gender ( $p=0.574$ ), marital status ( $p=0.322$ ). The variable fear of being infected has a greater influence on nurses' anxiety during the Covid-19 pandemic at Tanjung Pura Hospital in 2021 with a value of  $\text{Exp(B)}/\text{OR} = 11.757$ .*

*It is recommended to the leadership of the Tanjung Pura Hospital to provide continuous training to all health workers, especially nurses so that they can minimize the transmission of Covid-19 and increase the knowledge of health workers, complete personal protective equipment.*

**Keywords:** *Nurse Anxiety, Covid-19 Pandemic, Nursing Care Services for Inpatients*