

PENGETAHUAN BIDAN TENTANG MANAJEMEN LAKTASI MASA PANDEMI COVID-19 DENGAN PEMBERIAN ASI EKSKLUSIF DI WILAYAH KERJA PUSKESMAS GLUGUR DARAT

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Abstrak

Berdasarkan Profil Kesehatan Sumatera Utara (2019) Kabupaten/Kota yang tertinggi cakupan ASI Eksklusifnya adalah Nias Utara (84,28%), Sibolga (72,12%) dan Samosir (69,05%). Sedangkan 3 Kabupaten/Kota terendah adalah Nias Barat (11,96%), Serdang Bedagai (16,20%) dan Nias (17,62%). Di khawatirkan laktasi pada masa pandemic covid-19 ini mengalami penurunan, karena kurang nya pengetahuan bidan. Sehingga perlu dikaji terkait dengan pengetahuan bidan tentang manajemen laktasi masa pandemic covid-19 di wilayah kerja Puskesmas Glugur Darat. Jenis penelitian ini adalah penelitian analitik korelasi dengan rancangan Cross Sectional. Populasi dalam penelitian ini adalah semua bidan yg berada di wilayah kerja puskesmas Glugur Darat, keseluruhan populasi dijadikan sampel sebanyak 30 orang. Pengumpulan data primer menggunakan kuesioner yang dibuat sendiri oleh peneliti. Analisa data dilakukan dengan Uji chi square menggunakan SPSS dengan taraf signifikan $\alpha < 0,05$. Nilai *p value* yang di dapat 0,000 yang berarti $<0,05$. Kesimpulannya ada hubungan antara pengetahuan bidan tentang manajemen laktasi masa pandemic

covid-19 dengan pemberian ASI Eksklusif di wilayah kerja Puskesmas Glugur Darat

Kata Kunci : covid-19; manajemen laktasi; ASI Eksklusif

Abstract

Based on the Health Profile of North Sumatra (2019), the districts/cities with the highest coverage of exclusive breastfeeding are North Nias (84.28%), Sibolga (72.12%) and Samosir (69.05%). While the 3 lowest regencies/cities are West Nias (11.96%), Serdang Bedagai (16.20%) and Nias (17.62%). It is feared that lactation during the COVID-19 pandemic has decreased, due to the lack of knowledge of midwives. So it is necessary to study related to the knowledge of midwives about lactation management during the covid-19 pandemic in the working area of the Glugur Darat Health Center. The type of this research is correlation analytic research with cross sectional design. The population in this study were all midwives who were in the working area of the Glugur Darat Health Center, the entire population was sampled as many as 30 people. Primary data collection using a questionnaire made by the researcher himself. Data analysis was carried out by using the chi square test using SPSS with a significant level of < 0.05 . The p value obtained is 0.000 which means < 0.05 . In conclusion, there is a relationship between midwives' knowledge of lactation management during the COVID-19 pandemic and exclusive breastfeeding in the working area of the Glugur Darat Health Center.

Keywords: covid-19; lactation management; Exclusive breastfeeding