

## ABSTRAK

Selama merawat pasien COVID-19 ketersediaan APD, beban kerja dan kondisi psikologis tenaga kesehatan memberikan pengaruh dalam tindakan perawatan yang diberikan. Sehingga pandemi COVID-19 di Indonesia dapat memberikan pengaruh terhadap kinerja tenaga kesehatan. Tujuan penelitian adalah menganalisa pengaruh ketersediaan APD, beban kerja, dan dampak psikologis terhadap kinerja tenaga kesehatan yang memberikan perawatan pasien COVID-19 di RSUD. Royal Prima Medan. Desain penelitian adalah *cross sectional*. Sampel penelitian berjumlah 75 orang. Instrumen penelitian menggunakan kuesioner dan data yang dianalisis menggunakan *chi-square*. Hasil penelitian ini menunjukkan bahwa ketersediaan APD, beban kerja, dan dampak psikologis terhadap kinerja tenaga kesehatan yang memberikan perawatan pasien COVID-19 di RSUD. Royal Prima Medan. Mayoritas tenaga kesehatan ini merupakan perempuan (84%) dari kelompok umur dewasa muda (85.3%) dengan pendidikan terakhir DIII Keperawatan (40%). Perawat ini mayoritas baru bekerja 0-1 tahun (61.3%) dan belum menikah (76%). Besar pengaruh dari ketersediaan APD, beban kerja, tingkat depresi, kecemasan, dan stress terhadap kinerja tenaga kesehatan dilihat dari nilai OR yaitu 9.33, 42.67, 276.00, 60.38, dan 103.50. Ketersediaan APD merupakan factor yang paling berpengaruh terhadap kinerja tenaga kesehatan yang memberikan perawatan pasien COVID-19 di RSUD. Royal Prima Medan dengan nilai Exp (B)=3.155. Maka diperlukan dukungan manajemen dalam meningkatkan ketersediaan APD di rumah sakit.

**Kata kunci:** Alat Pelindung Diri, Beban Kerja, Dampak Psikologis, Kinerja, Tenaga Kesehatan.

## ABSTRACT

*During COVID-19 treatment, the availability of PPE, workload, and psychological condition of health workers affects the patient's treatment. Thus, the COVID-19 pandemic in Indonesia can affect the performance of some health workers. The purpose of this study was to analyze the effect of the availability of personal protective equipment (PPE), workload, and psychological condition on the performance of some health workers who provide COVID-19 treatment at Royal Prima General Hospital Medan. This study design was cross-sectional that used 75 health workers as a sample. The research instrument used a questionnaire, and the data were analyzed using the chi-square test. The results of this study indicate that the availability of PPE, workload, and psychological condition affected the performance of health workers who provide care for COVID-19 patients at RSU. Royal Prima Medan. The majority of these health workers was young adult (85.3%) female (84%) with the last education DIII Nursing (40%). The majority of them just worked at 0-1 years (61.3%) and has not married (76%). The effects of the availability of PPE, workload, levels of depression, anxiety, and stress on the performance of health workers was described by the OR values, viz. 9.33, 42.67, 276.00, 60.38, and 103.50, respectively. The availability of PPE is the most dominant factor on the performance of health workers who provide care for COVID-19 patients at RSU. Royal Prima Medan with Exp value (B) = 3,155. Therefore, the management support is needed in increasing the availability of PPE in hospitals.*

*Keywords: Personal Protective Equipment, Workload, Psychological Condition, Performance, Health Workers*