

**HUBUNGAN *BREASTFEEDING FATHER* DAN *FAMILY* DENGAN
KEBERHASILAN PEMBERIAN ASI EKSKLUSIF
PADA IBU MENYUSUI DI WILAYAH KERJA
UPTD PUSKESMAS LANGSA TIMUR**

Sony Elvia Dahman, Jesi Dwita Hutabarat, Peri Pebriyanti,
Mualida, Indri Purnama Agustin
Jurusan Kebidanan, Fakultas Keperawatan dan Kebidanan
Universitas Prima Indonesia, Medan, Indonesia

ABSTRAK

Latar Belakang: Pemberian Air Susu Ibu (ASI) eksklusif selama enam bulan pertama kehidupan bayi merupakan langkah penting dalam mencegah kekurangan gizi dan kematian bayi. Namun, cakupannya masih rendah di beberapa wilayah, termasuk di Aceh khususnya di Kota Langsa. **Tujuan:** Penelitian ini bertujuan untuk mengetahui hubungan *breastfeeding father* dan *family* dengan keberhasilan pemberian ASI eksklusif pada ibu menyusui di Wilayah Kerja UPTD Puskesmas Langsa Timur. **Metode:** Jenis penelitian yang digunakan dalam penelitian ini adalah survey penelitian analitik dengan pendekatan secara *cross sectional*. Populasi dalam penelitian ini seluruh ibu menyusui di di Wilayah Kerja UPTD Puskesmas Langsa Timur sebanyak 257 orang. Sampel sebanyak 72 responden menggunakan teknik *purposive sampling*. Analisa data menggunakan analisis univariat dan bivariat. **Hasil:** Hasil menunjukkan bahwa semakin baik *breastfeeding father* maka akan semakin berhasil pemberian ASI eksklusif dan begitu juga semakin mendukung *breastfeeding family* maka akan semakin berhasil pemberian ASI eksklusif **Kesimpulan:** Ada hubungan *breastfeeding father* dengan keberhasilan pemberian ASI eksklusif dengan nilai *p-value* = 0,003 ($p > 0,05$) dan ada hubungan *breastfeeding family* dengan keberhasilan pemberian ASI eksklusif dengan nilai *p-value* = 0,001 ($p > 0,05$).

Kata Kunci : *Breastfeeding Father*, *Family*, ASI Eksklusif, Ibu Menyusui

**THE RELATIONSHIP BETWEEN FATHER AND FAMILY BREASTFEEDING
AND THE SUCCESS OF EXCLUSIVE BREASTFEEDING AMONG
BREASTFEEDING MOTHERS IN THE WORK AREA OF THE
EAST LANGSA COMMUNITY HEALTH CENTER**

Sony Elvia Dahman, Jesi Dwita Hutabarat, Peri Pebriyanti,
Mualida, Indri Purnama Agustin
Department of Midwifery, Faculty of Nursing and Midwifery
Prima Indonesia University, Medan, Indonesia

ABSTRACT

Background: Exclusive breastfeeding for the first six months of a baby's life is an important step in preventing malnutrition and infant mortality. However, coverage is still low in some areas, including Aceh, especially in Langsa City. **Objective:** This study aims to determine the relationship between father and family breastfeeding with the success of exclusive breastfeeding in breastfeeding mothers in the Working Area of the UPTD East Langsa Health Center. **Method:** The type of research used in this study is an analytical research survey with a cross-sectional approach. The population in this study were all breastfeeding mothers in the Working Area of the UPTD East Langsa Health Center, totaling 257 people. A sample of 72 respondents used a purposive sampling technique. Data analysis used univariate and bivariate analysis. **Results:** The results show that the better the father's breastfeeding practice, the more successful exclusive breastfeeding will be. Likewise, the more supportive the family is, the more successful exclusive breastfeeding will be. **Conclusion:** There is a relationship between father's breastfeeding practice and the success of exclusive breastfeeding (p -value = 0.003 ($p > 0.05$)), and there is a relationship between family breastfeeding practice and the success of exclusive breastfeeding (p -value = 0.001 ($p > 0.05$)).

Keywords : Breastfeeding Father, Family, Exclusive Breastfeeding, Breastfeeding Mother