

**TOTAL
HOCKEY
HUDSON**



**Player
Development
Programs**

POWERED BY **Reebok**

Our Commitment – Your Move

Total Hockey – Hudson and **Reebok** have teamed up to create a “one of a kind” Off-Season Player Development program. What makes us unique and different is that all of our training programs include the 4 major training components necessary for maximum individual development. We are offering a number of different training options in an effort to fit as many budgets and schedules as possible. We truly believe that if you decide to participate in one of our programs the results will change the way you play the game—forever.

4 Major Training Components

- **Full-Time Coaches** with the experience and expertise in player development making sure the players receive proper instruction, consistent feedback, and the motivation necessary for optimal training. **Dean Talafous**, former NHL Player and Division 1 College Coach, will oversee all programs and training.
- **On-Ice Skill Development** – The On-Ice Skill Sessions will include repetitive, up-tempo skating and puck handling drills. Our goal is to develop a player’s ability to keep their feet moving quickly, (without slowing down) while handling a puck and keeping their head up. We take these skills and incorporate them into game- like situations; where they will learn to react quicker, play smarter and develop a competitive edge.
- **On-Ice Small Games** – 3 on 3 half ice game format where players immerse themselves into the action. Their hockey instincts will improve through trial and error and by receiving positive feedback from our coaches. With little standing around and lots of puck touches, players will develop confidence in a fun environment.
- **Off-Ice Training** – Players will benefit from Total Hockey- Hudson’s renown Skill Development System. Players will improve all their hockey skills becoming a more confident player on the ice. All players will receive their own Total Hockey Scan Card which gives the player immediate feedback as well as performance tracking throughout the program.

For information and to register, go to our website and click on Total Hockey Player Development

www.totalhockeyhudson.com

Email pete@totalhockeyhudson.com for further questions.



PROGRAM OPTIONS

TOTAL HOCKEY AAA

\$1,100.00

For the serious hockey player who wants to play in 2 AAA Tournaments and receive 50+ hours of training.

- Spring: April 5th – May 29th and Fall: August 30th – September 25th
- Tryouts are December 29th and 30th (Cost \$20.00)
- Birth years for eligible players are 96, 97, 98, 99, 00, 01
- 2 Spring AAA Tournaments
- 50+ Hours of On-Ice and Off-Ice Development Training
- Reebok Home and Away Game Jerseys and Socks
- Fall “3 on 3” Tournament – Saturday, September 25th
- Total Hockey- Hudson’s Off-Ice Performance Tracking Scan Card Technology
- All training sessions at Hudson, WI Ice Arena / 2-3 Sessions per week Monday thru Thursday

SPRING – FALL PACKAGE

\$675.00

The full benefits of our AAA Development Model minus the tryouts and tournaments.

- Spring: April 5th – May 15th and Fall: August 30th – September 25th
- 35+ Hours of On-Ice and Off-Ice Development Training
- Fall “3 on 3” Tournament – Saturday, September 25th
- Reebok Practice Jersey
- Total Hockey- Hudson’s Off-Ice Performance Tracking Scan Card Technology
- All training sessions at Hudson, WI Ice Arena / 2-3 Sessions per week Monday thru Thursday

SPRING DEVELOPMENT PROGRAM

\$375.00

Spring Only and is an excellent choice for someone who plays Fall sports

- April 5th – May 15th
- 20+ Hours of On-Ice and Off-Ice Development Training
- Reebok Practice Jersey
- Total Hockey- Hudson’s Off-Ice Performance Tracking Scan Card Technology
- All training sessions at Hudson, WI Ice Arena / 2-3 Sessions per week Monday thru Thursday

FALL PRE-TRYOUT PROGRAM

\$ 325.00

Fall Only and is ideal for players looking to prepare for tryouts.

- August 30th – September 25th
- 16+ Hours of On-Ice and Off-Ice Development Training
- Fall “3 on 3” Tournament – Saturday, September 25th
- Reebok Practice Jersey
- Total Hockey- Hudson’s Off-Ice Performance Tracking Scan Card Technology
- All training sessions at Hudson, WI Ice Arena / 2-3 Sessions per week Monday thru Thursday

SUMMER CAMPS

\$ 675.00

Our Summer Camps have received unparalleled results over the past 6 years.

- Camp 1: July 12th - July 24th and Camp 2: August 9th – August 21st
- 32 Hours of On-Ice and Off-Ice Development Training
- Reebok Practice Jersey
- Total Hockey- Hudson’s Off-Ice Performance Tracking Scan Card Technology
- Saturday Morning Scrimmage

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