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## Comparison of Antioxidant and Anti-collagenase Activity of Genistein and Epicatechin

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### ABSTRACT

**Background:** Skin aging is a complex natural process caused by both intrinsic or genetically programmed aging and extrinsic aging caused by environmental factors, such as free radical. The use of antioxidant and collagenase to prevent the aging process has been known. Natural compounds from plants are one of the sources of antioxidant and anti-collagenase that has ability to prevent aging. Genistein and Epicatechin are the major phenolic compound found in *G. max*. **Objectives:** This research was to evaluate the antiaging potential of genistein and epicatechin through antioxidant activity assay (ABTS-reducing activity assay) and collagenase inhibitory activity assay. **Methods:** Antioxidant analysis of Genistein and Epicatechin was performed by 2,2'-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid) (ABTS) reducing activity Assay. Antiaging assay was conducted through inhibitory of collagenase, one of important enzyme in aging process. **Results:** ABTS-reducing activity assay showed that both compounds had great ABTS-reducing activity in which epicatechin had better activity than genistein. Epicatechin had low value of  $IC_{50}$  ABTS-reducing activity around 14.39  $\mu$ g/ml better than genistein with  $IC_{50}$  about 43.17  $\mu$ g/ml. In terms of collagenase inhibitory activity assay, epicatechin had lower value of  $IC_{50}$  (9.08 $\pm$ 3.46  $\mu$ g/ml), better than genistein (98.74 $\pm$ 4.25  $\mu$ g/ml). **Conclusion:** Epicatechin had higher antioxidant and anti-collagenase activity compared to Genistein.

**Keywords:** ABTS-reducing activity; anti-collagenase; genistein; epicatechin

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### INTRODUCTION

Skin aging is natural process caused by intrinsic and extrinsic factor. Intrinsic factor is generally caused by genetically programmed aging that occur over time, whereas extrinsic factor caused by environmental factor such as pollution, harsh weather, ultraviolet damage, and cigarette smoke (Kirkwood, 2005). Sun exposure is the majoring extrinsic factor and responsible to age-related change, such as roughness, fine wrinkles, mottled hyper pigmentation, and loss of skin tone (McCullogh, 2006). Sun exposure can cause photoaging through chronic UV radiation inducing the formation of lipid peroxidase and oxidant (Mukherjee et al., 2011).

Oxidant is produced by endogenous and exogenous source and responsible in aging process. Endogenous oxidant is produced by oxidase catalyzed reaction, mitochondria-catalyzed electron transport reactions, metal-catalyzed reactions, arginine metabolism, and also produced by neutrophils and macrophages during inflammatory condition. Exogenous source oxidant is caused by the exposure of the body to air pollution such

as radical NO and consuming food containing metals (Fe, Cu) and some phenolic compound (Birben et al., 2012).

The use of antioxidant to prevent and treat aging has been known. The antioxidants, such as polyphenols, vitamins, and flavonoid have ability to reduce collagen degradation through reducing FR concentration in the tissues (Ganceviciene et al., 2012). Topical application of antioxidant such as vitamin C, B3, and E can penetrate to the skin and has ability to protect the skin from oxidative damage. Vitamins E ( $\alpha$ -tocopherol) can induce the stratum corneum to accelerate the epithelialization, contribute to photoprotection of the skin, and maintains stratum corneum humidity (Ganceviciene et al., 2012; Haftek et al., 2008).

Moreover, proteolytic enzyme also responsible for aging process. Previous study found that the antioxidant could induce the production proteolytic enzyme such as tyrosinase, collagenase, hyaluronidase and elastase (Widowati et al., 2017). Other finding also showed that UV irradiation induce collagenase expression (Rittié &

Fisher (2002). Collagenase is one of protease enzyme that is responsible for degradation of collagen. In terms of skin aging, the use of compound inhibiting activity of collagenase may be useful to prevent loss of skin elasticity and thus good for preventing the aging process (Thring et al., 2009).

Natural compounds from plant extract have been known to have antioxidant and antiaging activity (Rusmana et al., 2017; Widowati et al., 2014; Widowati et al., 2016). One of the plant materials with good antioxidant activity is Soybean Seeds (Lee, 2005). Soybean (*Glycine max* L.) seed was one of the major sources of proteins, and oils for human and animal food (Yin & Blachier, 2011). Soybean seed also contains phenolic compound which has great potential for dietary food (Prvulović et al., 2017). Phenolic compounds are secondary metabolite from plant, identified by at least one aromatic ring with one hydroxyl group attached (Lattanzio et al., 2006). Phenolic compounds are diverse from simple structures such as phenolic acid through complex structure such as polyphenol, e.g. flavonoid. Phenolic compound was known to have high antioxidant activity (Cheynier, 2012).

Genistein and epicatechin are the major phenolic compounds found in soybean seed extract (Bhagwat, et al., 2014). Genistein was isoflavonoid compound found in soy and has high potential for prophylaxis and useful to treat various chronic disease and cancer (Ganai & Farooqi, 2015). Epicatechin was isoflavonoid found in various fruits and vegetables. It has several biological activities such blood pressure-lowering capacity, antioxidant activity, and provides beneficial for cardiovascular and neuropsychological health (Bernatova, 2018).

Although both genistein and epicatechin have numerous biological activities, the antiaging potential of genistein and epicatechin was not studied yet. The aim of this research was to evaluate the antiaging potential of Genistein and Epicatechin through antioxidant activity assay (ABTS- reducing activity assay) and collagenase inhibitory activity assay.

## METHODS

### Materials

The Epicatechin and Genistein that used in this study were purchased from Chengdu Biopurify Phytochemical (Chengdu, BP0634 and BP0538).

### ABTS-reducing Activity Assay

14 mM ABTS was reacted with 4.9 mM potassium persulfate for 12-16 hour in room temperature and dark condition for preparing the ABTS solution, the mixture

was mixed with phosphate-buffered saline (PBS) until the absorbance of solution was  $0.70 \pm 0.02$  at 745 nm wavelength. Briefly, 2  $\mu$ L of sample with serial concentrations (50, 25, 12.5, 6.25, 3.13 and 1.56  $\mu$ g/ml) were added to each well at 96-well microplate, then 198  $\mu$ L fresh ABTS solution was added and incubated for 6 min at 30 °C. The absorbance was then measured at 745 nm wavelength (Widowati et al., 2018, 2016, 2015, 2014). The percent of scavenging activity was calculated with the equation below:

$$\% \text{ scavenging activity} = \frac{\text{control absorbance} - \text{sample absorbance}}{\text{control absorbance}} \times 100\%$$

The median inhibitory concentration ( $IC_{50}$ ) of ABTS reducing activity were also calculated.

### Collagenase inhibitory activity assay

Collagenase inhibitory activity assay was conducted based on the method that was elaborated by Wittenauer et al. (2015) with some modification (Utami et al., 2018; Widowati et al., 2018, 2016; Wittenauer, 2015). The mixture solution consisting of 30  $\mu$ L samples with serial concentration (250, 125, 62.5, 31.25, 15.3, and 7.81  $\mu$ g/mL), 10  $\mu$ L collagenase from *Clostridium histolyticum* enzyme (13.1 mg/mL, sigma C8051), and 60  $\mu$ L buffer tricine (50 mM tricine, 10 mM calcium chloride, 400 mM Sodium chloride, pH 7.5) were incubated at 37°C for 20 min. The control and blank mixture solution also prepared. The control solution consists of 10  $\mu$ L enzyme and 90  $\mu$ L phosphate buffer and blank solution consists of 10  $\mu$ L enzyme, 80  $\mu$ L phosphate buffer and 30  $\mu$ L samples.

Then, 20  $\mu$ L FALGPA substrate (1 mM, Sigma F5135) was added to the mixture solution except the blank mixture solution. The absorbance of the solution was then measured with microplate reader at 335 nm wavelength. The percent of collagenase inhibition was calculated with the equation below:

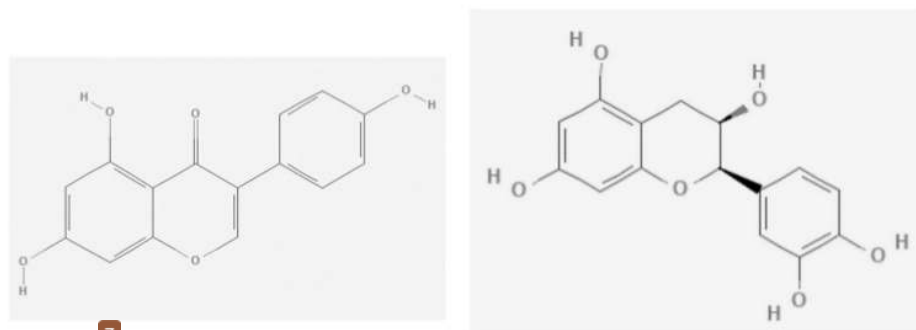
$$\% \text{ Collagenase inhibition} = \frac{\text{control absorbance} - \text{sample absorbance}}{\text{control absorbance}}$$

The median inhibitory concentration ( $IC_{50}$ ) of collagenase inhibition activity was also calculated

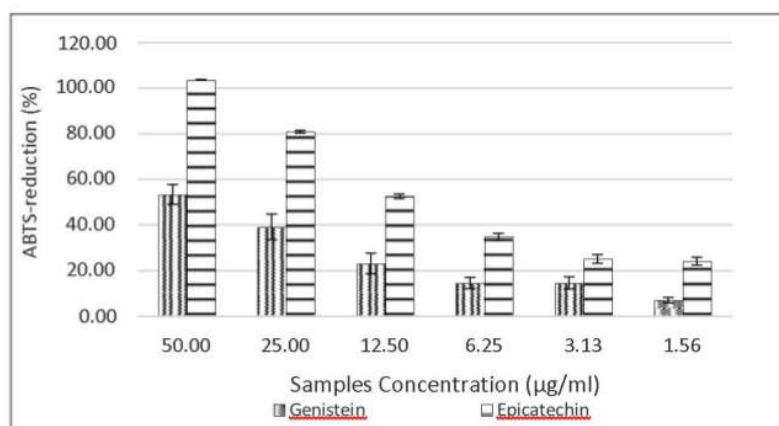
### Data Analysis

Results were analyzed using the SPSS program with One-Way ANOVA test and followed by Post hoc Tukey HSD test. The test results of  $H_2O_2$  scavenging activity and anti-hyaluronidase activity were continued by analysis by determining the Inhibition Concentration 50 ( $IC_{50}$ ) value.





**Figure 1. Chemical structure of a) Genistein and b) Epicatechin (Kaiser, 2005)**



**Figure 2. ABTS reduction activity of Epicatechin and Genistein.**

## RESULTS AND DISCUSSION

### ABTS-reducing Activity

ABTS-reducing activity assay showed that epicatechin had better ABTS-reducing activity than Genistein. The results of ABTS-scavenging activity showed in Figure 2. The ABTS-scavenging activity of Epicatechin and Genistein increases with the increasing of the concentration of sample. Epicatechin had low value of  $IC_{50}$ , 14.39 µg/ml better than Genistein with  $IC_{50}$  value around 43.17 µg/ml (Table 1). This result indicated that epicatechin had better antioxidant activity than genistein through ABTS-reducing activity assay.

### Collagenase Inhibitory Activity

Collagenase inhibitory activity was carried out with a spectrophotometric method to measure collagenase activity and to detect potential collagenase inhibitor. The collagenase inhibitory activity assay showed that epicatechin showed better inhibitory activity than genistein (Figure 3). Collagenase inhibitory activity of epicatechin and genistein based on  $IC_{50}$  value showed in Table 2. Table 2. Showed that Epicatechin has lower

$IC_{50}$  value ( $79.08 \pm 3.46$ ) better than Genistein with  $IC_{50}$  value around  $98.74 \pm 4.25$  (Table 2).

### Discussion

The use of natural compounds from plant extract has been widely use to prevent and treat numerous diseases. It is because plant extract contains important compounds having biological activity. One of the most important compounds from plant extract are phenolic compounds (Cheynier, 2012). Phenolic compounds are secondary metabolites from plant having large diversity in structure from simple molecules (e.g. caffeic acid, gallic acid, and vanillin) to flavonoid. Phenolic compound has antioxidant activity and can protect the body against ROS (Ozcan et al., 2014; Widowati et al., 2018).

Soybean (*Glycine max*) seed contains various phenolic compound especially flavonoid such as genistein, epicatechin, daidzein, daidzin, glycitin, genistin, etc (Lee, 2005). Total isoflavone in soybean seed was 558.2 µg/g – 1716.9 µg/g in range (Sakthivelu et al., 2008). The major flavonoid compound in soybean seed was genistein and epicatechin (Bhagwat, 2014). Genistein

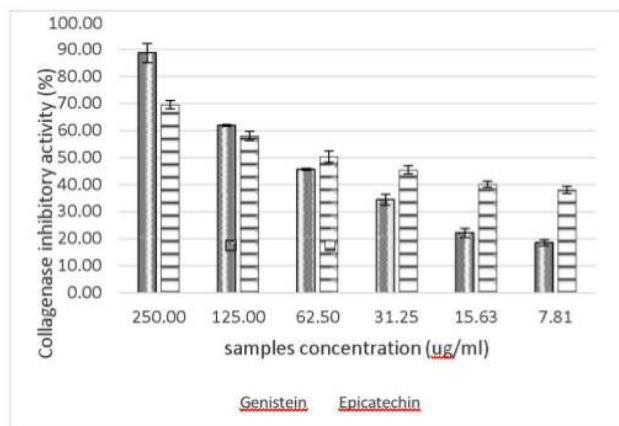


Figure 3. Collagenase inhibitory activity of Genistein and Epicatechin.

and epicatechin have various biological activity to treat some degenerative disease and cancer (Bernatova, 2018; Ganai & Farooqi, 2015).

Aging process is natural process over time, but free radicals also can accelerate the aging process. Aging process can be identified by both physical and physiological change. Physical change can be characterized by wrinkle, lessen skin elasticity, uneven pigmentation, brown spot, dryness and leathery appearance (Yaar & Gilchrist, 2007). There are two different type of aging, first is chronological aging which is caused by genetically programmed aging over time and second is photoaging or premature aging causes by environmental factor (Mukherjee et al., 2011). Photoaging is caused by exposure of the skin to UV-radiation. UV radiation from the sun activate the MMPs enzyme, a collagenase enzyme group causing dermal tissue breakdown. UV radiation is also responsible for the generation of Reactive Oxygen Species (ROS) such as hydrogen peroxide and inhibits procollagen collagen (Fisher et al., 2002). The generation of ROS can cause oxidative damage and also cause damage in the skin and make the loss of elasticity in the skin (McDaniel et al., 2018). The production of MMPs or collagenase cause the breakdown the skin tissue and also caused the loss of skin elasticity (Lademann et al., 2011).

Natural compound has been known to protect the skin from the UV radiation. Tocopherol, ascorbic acid and polyphenol, natural remedies from plant extract have been reported has ability to protect skin from UV-radiation (Masaki, 2010). Natural compound also has antioxidant and antiprotease activity that has good benefit to prevent skin aging. Some compounds such as xanthones (Utami et al., 2017), gallic acid,  $\beta$ -carotene, catechin (Mukherjee et al., 2011), Eugenol, Hesperidin (Widowati et al., 2018), myricetin (Mukherjee et al., 2011), rutin, quercetin (Rusmana et al., 2017), Coumaric

acid, vanillin (Widowati et al., 2016) have antioxidant and antiprotease (anti-collagenase, anti-hyaluronidase, anti-elastase, and anti-tyrosinase). Crude extract from plant also has antioxidant and antiprotease activity such as tea extract (Thring et al., 2009; Widowati et al., 2015), rose flowers extract (Thring et al., 2009), cocoa pod extract (Abdul Karim et al., 2014), *Hypericum hircinum* L extract (Mandrone et al., 2015), etc.

In this research, epicatechin showed better antioxidant activity through ABTS-reducing assay where epicatechin has lower  $IC_{50}$  value of ABTS-reducing activity than genistein, which is relevant to previous study where epicatechin has better scavenging activity than genistein through DPPH free radical scavenging assay (Foti, 2007). In this essay, the generation of ABTS (2,2'-azino-bis-(3-ethylbenzothiazoline-6-sulfonic acid) pre-formed radical mono-cation was performed by oxidation of ABTS with potassium persulfate and will be reduced in the presence of hydrogen-donating antioxidant. The antioxidant activity of the phenol compound was determined by the amount of hydroxyl group. The hydroxyl group in the phenolic compound will donate the hydrogen ion to the chain carrying  $ROD^*$  radicals (Foti, 2007). The better antioxidant activity of Epicatechin than Genistein was predicted due to the higher amount of hydroxyl group in Epicatechin than Genistein as seen in Figure 1. Other finding also said that several factor responsible for increasing radical scavenging activity such as hydroxy group in C number 3 and 5 in A ring, ortho-dihydroxy structure in the B ring, and 2,3-double bond in the C-ring in conjugation with a 4-oxo function (Dugas et al., 2000; Widowati et al., 2017).

The collagenase inhibitory assay showed that epicatechin has lower value of  $IC_{50}$  than Genistein. The  $IC_{50}$  of Epicatechin was  $79.08 \pm 3.46$  better than Genistein ( $98.74 \pm 4.25$ ). If we compared with other research,



IC<sub>50</sub> of Epicatechin and Genistein is better than another substance such as Hisperidine (IC<sub>50</sub>: 198.09±14.01 µg/3) and Eugenol (IC<sub>50</sub>: 225.10±31.25 µg/ml) (Widowati et al., 2018).

Collagenase is enzyme that is responsible for degradation of collagen matrix. There are three types of collagenase in human, MMP (Matrixmetallo protease)1, MMP-8 and MMP-13 (Ricciarelli et al., 1999). UV-radiation increases the level of the MMPs in the skin and accelerates photoaging process (Fisher et al., 2002). This study indicates that epicatechin and genistein have potential as antiaging tretment though antioxidant and anticollagenase activity.

## CONCLUSION

In summary, natural compounds from soybean (*Glycine max*) seed extract (genistein and epicatechin) have antioxidant and anticollagenase activity. Epicatechin has better antioxidant and antiaging activity than genistein through ABTS-reducing activity assay and collagenase activity.

## ACKNOWLEDGMENT

This research was supported by 2 university of Prima Indonesia and Biomolecular & Biomedical Research Center, Aretha Medika Utama, Bandung, Indonesia for laboratory facilities and research methodology. We are thankful to Ubaydillah Z. M and Annisa Amalia, Rizal Rizal for their valuable assistance.

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