

# joyful noise!



## Caregiver Newsletter

March 30 2018 "It's not about the shoes it is about what you do in them"- Michael Jordan

### Flower Sale



The 2018 Spring Flower Sale officially begins today! Order forms are ready and waiting at the front desk.

Visit our website: [www.joyshouse.org/events/spring-flower-sale](http://www.joyshouse.org/events/spring-flower-sale) for descriptions, pricing and order forms. You can also place an order at [www.bidpal.net/joyshouseflowersale2018](http://www.bidpal.net/joyshouseflowersale2018).

Orders are due by Friday, April 20.

This year we are offering two pickup locations!

Saturday, May 5, Roncalli H.S.

Saturday, May 12, Joy's House BR

*Think Flowers! Think Spring!*

Check out the article in this week's Southside Times about Joy's House at UIndy and our flower sale. [Read the article here!](#) There are some familiar faces in the paper!!

### Caregiving Tips

Holding hands has been a proven way to relieve stress. It's okay to not speak, a soft touch, warm smile or gentle hug will send the same message to your loved one.

A little bit of humor Why don't ants get sick?

They have anty-bodies

### Lunches for April 2- 6<sup>th</sup>

**Monday-** Ham and beans, greens and cornbread

**Tuesday** – Smoked sausage, kraut and potatoes

**Wednesday** – Cabbage soup, ham salad sandwich and tomato slices

**Thursday** – Spaghetti, salad and garlic toast

**Friday-** Tuna casserole, peas and breadstick

### Upcoming Events

April 4<sup>th</sup>- Dine to Donate- Scotty's Brewhouse- 4530 Southport Crossing Dr.- look for flyers coming soon

### Week in Review March 26-

30<sup>th</sup>

**Monday-** Our card making club made get well cards to send to a friend. We also laughed along to bad jokes!

**Tuesday-** We tried to welcome Spring by making Cherry Trees! The day was ended with a very competitive game of Uno!

**Wednesday-**A game of "hot Easter egg" was played and mosaic eggs were made.

**Thursday-** Happy Opening Day! We talked about baseball and played some indoor baseball games

**Friday-** We had an Easter Egg hunt and painted Easter eggs!

Joy's House serves families by providing exceptional adult day and caregiver services.

